

# SUMMER MEALS! ALL KIDS EAT FREE!!

**No paperwork necessary. Must be 18 or under for free meals.**

**FOR BREAKFAST,  
CHOOSE AT LEAST  
3 ITEMS  
TOTAL**

**FOR LUNCH,  
CHOOSE AT LEAST  
3 ITEMS  
TOTAL  
FROM AT LEAST 3  
DIFFERENT GROUPS**

**PLEASE ASK IF YOU'RE NOT SURE,  
AND PLEASE ENJOY YOUR MEAL!**

**This institution is an  
equal opportunity provider.**

**Mon. & Wed. Pick Up  
11:00am - 11:45 am**

Please call 724-343-5500 for  
more info.  
**Mon & Wed—Hot  
Tue & Thur Cold**

**Mon & Tue Together  
Wed. & Thur Together**

Monday, June 3	Tuesday, June 4	Wednesday, June 5	Thursday, June 6	Friday, June 7
<b>Breakfast</b> Nutrigrain Bar Or Asst. Cereal Fresh Orange or 100% Juice Milk 1% , Skim <b>Lunch</b> Chicken Patty on Bun Whole Peeled Carrots Fresh Apple Slices 1% or F.F. Milk	<b>Breakfast</b> Orange Mini Loaf Or Asst. Cereal Applesauce Cup or 100% Juice Milk 1% , Skim <b>Lunch</b> Rib BBQ Sandwich Golden Kernel Corn Fresh Plums 1% or F.F. Milk	<b>Breakfast</b> Mini Waffles Or Asst. Cereal Fresh Peach or 100% Juice Milk 1% , Skim <b>Lunch</b> Cheeseburger on Bun Oven Fries Fresh Pear 1% or F.F. Milk	<b>Breakfast</b> Pumpkin Bread Or Asst. Cereal Apple Slices or 100% Juice - Milk 1% , Skim <b>Lunch</b> Big Daddy Pizza Garden Salad / Dressing Fresh Strawberries 1% or F.F. Milk	<b><u>NO MEALS</u></b>  <b><u>TODAY</u></b>
Monday, June 10	Tuesday, June 11	Wednesday, June 12	Thursday, June 13	Friday, June 14
<b>Breakfast</b> Banana C.C. Benefit Bar Or Asst. Cereal Applesauce Cup or 100% Juice Milk 1% , Skim <b>Lunch</b> Cheese Steak Hoagie Golden Kernel Corn Fresh Peach 1% or F.F. Milk	<b>Breakfast</b> Super Bakery Donut Ring Or Asst. Cereal Fresh Orange or 100% Juice Milk 1% , Skim <b>Lunch</b> Hot Dog on Bun Oven Baked Fries Fresh Apple 1% or F.F. Milk	<b>Breakfast</b> Mini French Toast Fresh Peach or 100% Juice Milk 1% , Skim <b>Lunch</b> Chicken Wing Boat Garlic Bread Stick Fresh Celery Sticks Fresh Nectarine 1% or F.F. Milk	<b>Breakfast</b> Banana Bread Fresh Apple Slices or 100% Juice Milk 1% , Skim <b>Lunch</b> 4 X 6 Max Pizza Rectangle Garden Salad/ Dressing Fresh Plums 1% or F.F. Milk	<b><u>NO MEALS</u></b>  <b><u>TODAY</u></b>

**River Valley School Food Service Summer Feeding Program**

# Summer Meals All Kids Eat Free !

**Monday, June 17**

## Breakfast

Nutrigrain Bar  
Or Asst. Cereal  
Fresh Orange  
or 100% Juice  
Milk 1% , Skim

## Lunch

Chicken Patty on  
Bun  
Whole Peeled  
Carrots  
Fresh Apple Slices  
1% or F.F. Milk

**Tuesday, June 18**

## Breakfast

Orange Mini Loaf  
Or Asst. Cereal  
Applesauce Cup  
or 100% Juice  
Milk 1% , Skim

## Lunch

Rib BBQ Sandwich  
Golden Kernel Corn  
Fresh Plums  
1% or F.F. Milk

**Wednesday, June 19**

## Breakfast

Mini Waffles  
Or Asst. Cereal  
Fresh Peach  
or 100% Juice  
Milk 1% , Skim

## Lunch

Cheeseburger on  
Bun  
Oven Fries  
Fresh Pear  
1% or F.F. Milk

**Thursday, June 20**

## Breakfast

Pumpkin Bread  
Or Asst. Cereal  
Apple Slices or  
100% Juice - Milk  
1% , Skim

## Lunch

Big Daddy Pizza  
Garden Salad /  
Dressing  
Fresh Strawberries  
1% or F.F. Milk



**Monday, June 23**

## Breakfast

Banana C.C. Benefit  
Bar  
Or Asst. Cereal  
Applesauce Cup  
or 100% Juice  
Milk 1% , Skim

## Lunch

Cheese Steak  
Hoagie  
Golden Kernel Corn  
Fresh Peach  
1% or F.F. Milk

**Tuesday, June 24**

## Breakfast

Super Bakery Donut  
Ring  
Or Asst. Cereal  
Fresh Orange  
or 100% Juice  
Milk 1% , Skim

## Lunch

Hot Dog on Bun  
Oven Baked Fries  
Fresh Apple  
1% or F.F. Milk

**Wednesday, June 25**

## Breakfast

Mini French Toast  
Fresh Peach  
or 100% Juice  
Milk 1% , Skim

## Lunch

Chicken Wing Boat  
Garlic  
Bread Stick  
Fresh Celery Sticks  
Fresh Nectarine  
1% or F.F. Milk

**Thursday, June 26**

## Breakfast

Banana Bread Slice  
100% Juice -  
Milk 1% Skim

## Lunch

Primo Pizza  
Garden Salad /  
Dressing  
Fresh Apple Slices  
1% or F.F. Milk

## STRANGE BUT TRUE?



SEAHORSES ARE STRANGE AND WONDERFUL CREATURES IN MANY WAYS, BUT HERE'S THE MOST ASTOUNDING THING ABOUT THEM:

**THE FEMALE SEAHORSES DON'T HAVE THE BABIES - INSTEAD, THE MALE SEAHORSES DO.**

THE FEMALE LAYS HER EGGS IN A SPECIAL POUCH ON THE MALE'S STOMACH, WHERE HE INCUBATES THE EGGS BEFORE HE DELIVERS THE BABIES!

*"Two roads diverged in a wood, and I –  
I took the one less traveled by,  
And that has made all the difference."*

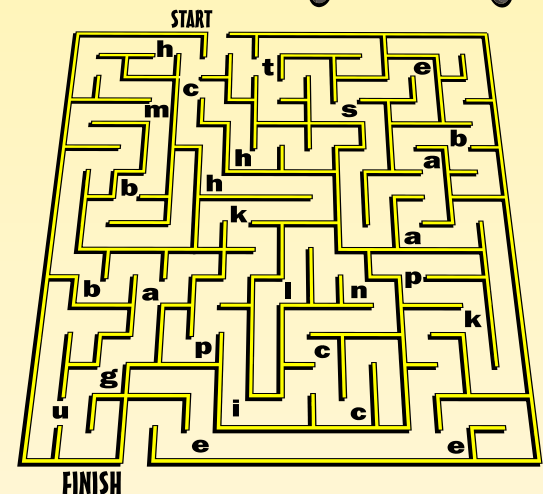
– Robert Frost



Get outside. Keep your eyes open. And enjoy!

We look forward to serving you again next year!

**W**hat's the #1 favorite grilled food in America? To find out, trace a path through the maze, collecting letters as you go. Then, rearrange the letters you found on the right path to get the answer!



**ANSWER:**

**River Valley School Food Service Summer Feeding Program**