

*are you feeling*  
stressed,  
overwhelmed,  
or anxious?



during life's *difficult* moments,

\* in-person  
appointments  
also available

WHY *travel* WHEN YOU COULD  
CONNECT VIRTUALLY?

### CONTACT US

- ✓ text PCSKIDS to 55444
- ✓ call 1-855-272-1653
- ✓ visit [pacounseling.com/sbo](https://pacounseling.com/sbo)

### COUNTIES WE SERVE

Adams	Lancaster
Berks	Lebanon
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Franklin	York
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