

POSITION: Weight Room Attendant
REPORTS TO: School-Wide Athletic Coordinator
CAMPUS: High School

PURPOSE

Under the supervision of the School-Wide Athletic Coordinator, the Weight Room Attendant demands a proactive individual with a sharp focus on safety, excellent communication abilities, and a genuine enthusiasm for advancing student wellness and fitness. It presents a chance to make a positive difference in student growth while actively supporting a dynamic and nurturing school environment.

QUALIFICATIONS, EXPERIENCES & ATTRIBUTES

- Minimum High School Diploma
- Prior experience in fitness training, coaching, or a related field preferred.
- Strong knowledge of fitness equipment and exercise techniques.
- Excellent communication in English and Indonesian and interpersonal skills, with the ability to interact effectively with students and staff.
- Ability to provide information and advice clearly and concisely both orally and in writing
- Demonstrated commitment to promoting safety and wellness in a fitness environment.
- Ability to work independently and collaboratively in a fast-paced environment.
- Flexibility to work evenings and weekends as needed.
- Ability to work with minimal supervision and use time efficiently and effectively, achieve objectives when under pressure, solve problems and monitor and adjusts plans to meet changing circumstances
- Clear commitment to Child Protection, safety, service learning and environmental stewardship

DUTIES AND RESPONSIBILITIES

- Open and close the weight room facility at designated times, ensuring adherence to established schedules.
- Monitor the capacity of the weight room area, enforcing maximum occupancy limits to maintain a safe and comfortable environment for users.
- Provide assistance and guidance to students on proper equipment usage and exercise techniques to prevent injuries and maximize workout effectiveness.
- Conduct regular inspections of the weight room equipment, ensuring it is in good working condition, and promptly report any issues to the appropriate personnel.
- Maintain cleanliness and organization in the weight room area, including sanitizing equipment, wiping down surfaces, and ensuring all equipment is properly stored after use.
- Assist in the setup and organization of special events or activities held in the weight room, such as fitness workshops or training sessions.
- Stay informed about current trends and best practices in fitness training and equipment usage, and share this knowledge with users to enhance their workout experience.
- Collaborate with other staff members, such as coaches or athletic trainers, to support student athletes' training programs and fitness goals.
- Implement safety protocols and emergency procedures in the weight room, including providing first aid if necessary, to ensure the well-being of users.
- Act as a positive role model for students by demonstrating professionalism, dedication, and enthusiasm for fitness and healthy living.
- Participate in professional development opportunities to enhance knowledge and skills related to fitness training, equipment maintenance, and student engagement.

- Embrace the JIS Learning Dispositions of Resilience, Resourcefulness, Relating, and Reflectiveness
- Performing other related duties and assuming other responsibilities as assigned by the SW Athletic Coordinator.

TO APPLY

Please send your cover letter, resume and 3-5 list of professional references to recruitment@jisedu.or.id