

Benchmark Advance Cursive Practice Book Fifth Grade



Student Name _____

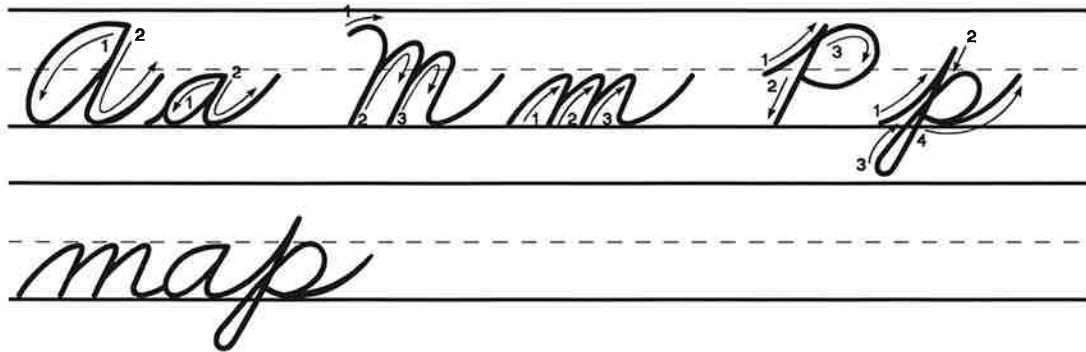
Cursive Writing Practice

Letter Formation

In cursive writing, most of the letters within a word are connected. When using handwriting paper, lowercase cursive letters touch the middle line, and uppercase cursive letters as well as lowercase cursive letters with ascenders touch the top line.

There are three distinctive beginning strokes for cursive letters: curve up, curve down, and curve over. The lowercase letters that have beginning strokes that curve up are *b, e, f, h, i, j, k, l, p, r, s, t, u,* and *w*. The letters that have beginning strokes that curve down are *a, c, d, g, o,* and *q*. The letters that have beginning strokes that curve over are *m, n, v, x, y,* and *z*.

Another stroke is the slant stroke, which occurs before or after a curve in letters with multiple strokes. The strokes in between the letters of a word are called connectives.

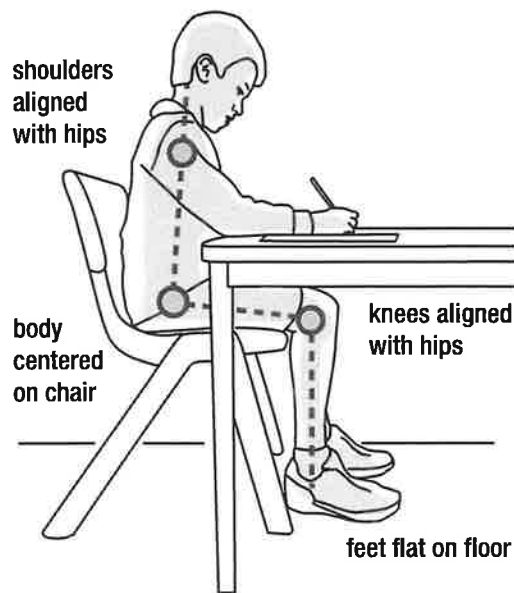


Proper Cursive Writing Grip and Body Posture



Tripod Grip

For the tripod grip, hold your pencil with your thumb, index finger, and middle finger.



Proper Posture

For good posture while writing, sit with your feet flat on the floor and your bottom in the center of your seat.

Forming Cursive Letters



Uppercase *A*: curve down, curve up, slant, curve up



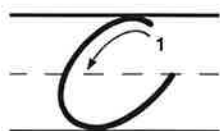
Lowercase *a*: curve down, curve up, slant, curve up



Uppercase *B*: curve up, slant, push up, curve down, loop, curve down, curve right



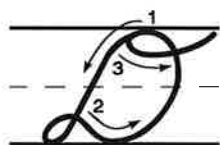
Lowercase *b*: curve up, loop, slant, curve up, curve right



Uppercase *C*: curve down, curve up



Lowercase *c*: curve down, curve up



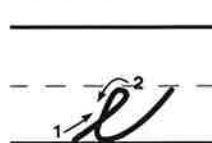
Uppercase *D*: curve down, loop, curve up, loop, curve right



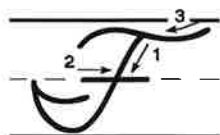
Lowercase *d*: curve down, curve up, slant, curve up



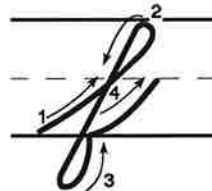
Uppercase *E*: curve down, loop, curve down, curve up



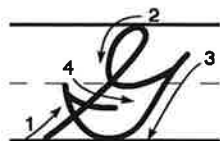
Lowercase *e*: curve up, loop, slant, curve up



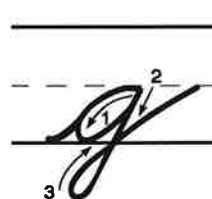
Uppercase *F*: slant, curve up and right, lift, cross in the middle, lift, double curve at top



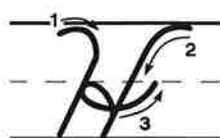
Lowercase *f*: curve up, loop, slant, curve up, curve right



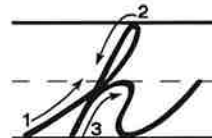
Uppercase *G*: slant up, loop, curve up, curve down and right



Lowercase *g*: curve down, curve up, slant, loop, curve over

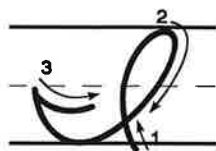


Uppercase *H*: curve down and slant, lift, curve back and slant, loop in the middle, curve right

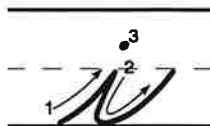


Lowercase *h*: curve up, loop, slant, curve over, curve up

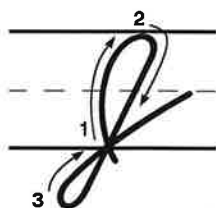
Forming Cursive Letters (continued)



Uppercase *l*: curve over, curve down and up, curve right



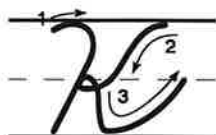
Lowercase *i*: curve up, slant, curve up, lift, dot above the top



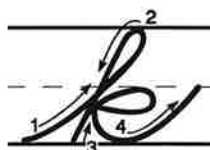
Uppercase *f*: curve over, slant, loop, slant right



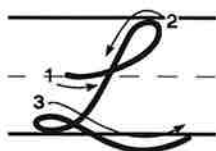
Lowercase *j*: curve up, slant, loop, slant right, lift, dot above the top



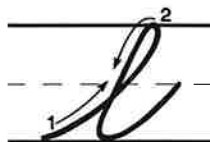
Uppercase *k*: curve down and slant, lift, double curve, loop, curve up



Lowercase *e*: curve up, double loop, slant, curve up



Uppercase *L*: curve up, loop, curve down, loop, curve under



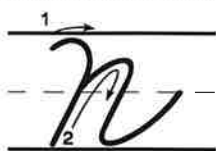
Lowercase *l*: curve up, loop, slant, curve up



Uppercase *m*: curve down and slant, curve over, slant, curve over, slant, curve up



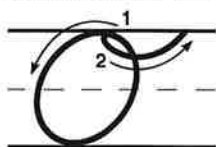
Lowercase *m*: curve over and slant, curve over, slant, curve over, slant, curve up



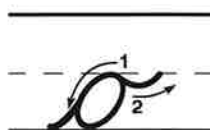
Uppercase *n*: curve down, slant, curve over, slant, curve up



Lowercase *n*: curve over, slant, curve over, slant, curve up



Uppercase *O*: circle around, curve right



Lowercase *o*: circle around, curve right

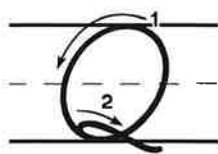


Uppercase *P*: curve up, slant, push up, curve around



Lowercase *p*: curve up, slant, loop, curve over, curve up

Forming Cursive Letters (continued)



Uppercase Q: circle around, lift, double curve at bottom



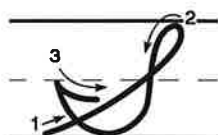
Lowercase q: curve down, curve up, slant, loop, curve up



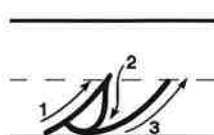
Uppercase R: curve up, slant, push up, curve around, loop, curve up



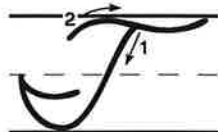
Lowercase r: curve up, slant, curve up



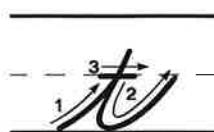
Uppercase S: slant, loop, double curve, curve right



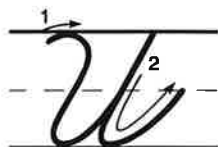
Lowercase s: curve up, curve down, curve up



Uppercase T: slant, curve up and right, lift, double curve at top



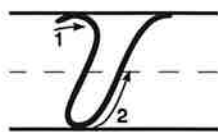
Lowercase t: curve up, slant, curve up, lift, cross in the middle



Uppercase U: double curve down, slant, curve up



Lowercase u: curve up, curve down, curve up and down, curve up



Uppercase V: double curve down, double curve up



Lowercase v: curve over, slant, curve up, curve right



Uppercase W: double curve down, slant, double curve up



Lowercase w: curve up, curve down, curve up and down, curve up, curve right

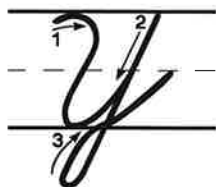


Uppercase X: curve down and slant, curve up, lift, slant



Lowercase x: curve over, slant, curve up, lift, slant

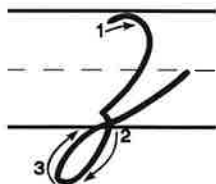
Forming Cursive Letters (continued)



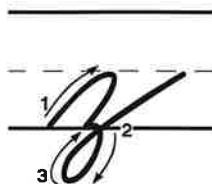
Uppercase *Y*: double curve down, slant, loop, curve over



Lowercase *y*: curve over, slant, curve up, slant, loop, curve over



Uppercase *Z*: curve down, slant, loop, curve over



Lowercase *z*: curve over, slant, loop, curve over

Name: _____ Date: _____

Cursive Writing Practice: Alphabet

A a

B b

C c

D d

E e

F f

G g

H h

I i

Name: _____ Date: _____

Cursive Writing Practice: Alphabet (continued)

I i

H h

L l

M m

N n

O o

P p

Q q

R r

Name: _____ Date: _____

Cursive Writing Practice: Alphabet (continued)

S s

T t

U u

V v

W w

X x

Y y

Z z

Name: _____ Date: _____

Cursive Writing Practice: Numerals

0

1

2

3

4

5

6

7

8

9

Name: _____ Date _____

Directions: Trace and write the sentences on the lines.

Dr. Mary Daly was a
groundbreaking scientist.

She made key
discoveries about how food
affects our health.

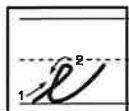
Daly was the 1st African
American woman to earn a
Ph.D in Chemistry.

Name: _____ Date _____

Directions: Trace and write the letters. Then write the words and sentence.



w w w w w w w



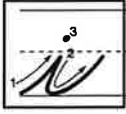
e e e e e e e e e e

we we we

When we went to the
museum, we learned about
the U.S. Constitution.

Name: _____ Date _____

Directions: Trace and write the letters. Then write the words and sentence.



i i i i i i i i i



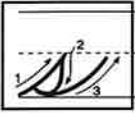
t t t t t t t t t

it wit tie

*It is important to learn
about how laws can change
over time.*

Name: _____ Date _____

Directions: Trace and write the letters. Then write the words and sentence.



s s s s s s s s s



u u u u u u u

suit use issue

Thurgood Marshall was the
first African
American Supreme Court
justice.

Name: _____ Date _____

Directions: Trace and write the letters. Then write the words and sentence.



p p p p p p p p



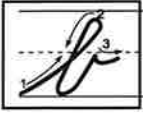
l l l l l l l l

plus split tulip

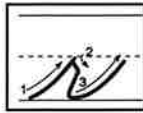
*Hoppy the bunny loved to
smell flowers.*

Name: _____ Date _____

Directions: Trace and write the letters. Then write the words and sentence.



b b b b b b b b b



r r r r r r r r r

rubber tribe bruise

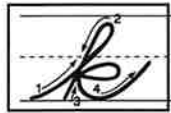
The brothers raced across the
bridge and Henry made it
home first.

Name: _____ Date _____

Directions: Trace and write the letters. Then write the words and sentence.



h h h h h h h h



k k k k k k k k

hike husk shriek

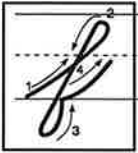
*The king was betrayed by
the hunter.*

Name: _____ Date _____

Directions: Trace and write the letters. Then write the words and sentence.



j j j j j j j j j j



f f f f f f f f f

jiff jetful jiffies

We make jam from

blackberries found in the

forest.

Name: _____ Date _____

Directions: Trace and write the letters. Then write the words and sentence.



a a a a a a a a a a



d d d d d d d d d d

address drab trade

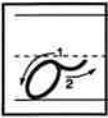
A farmer digs a trench
before planting crops.

Name: _____ Date _____

Directions: Trace and write the letters. Then write the words and sentence.



g g g g g g g g g g



o o o o o o o o o o

group gobble globe

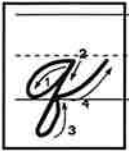
*Onions and potatoes grow
underground.*

Name: _____ Date _____

Directions: Trace and write the letters. Then write the words and sentence.



c c c c c c c c c c c



q q q q q q q q q q

acquire acquit quick

The countess and the queen
were friends.

Name: _____ Date _____

Directions: Trace and write the letters. Then write the words and sentence.



n n n n n n n n



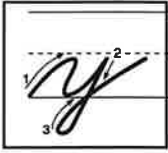
m m m m m m m m

number remain demand

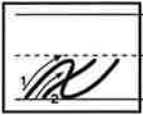
The narrator in the story is
the old man.

Name: _____ Date _____

Directions: Trace and write the letters. Then write the words and sentence.



y y y y y y y y



x x x x x x x x x

oxygen galaxy xylophone

The ox yells at the fox.

Name: _____ Date _____

Directions: Trace and write the letters. Then write the words and sentence.



v v v v v v v v v



z z z z z z z z z

civilized vizor vocalize

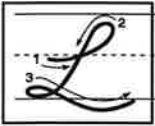
You can zip around in a
virtual computer game.

Name: _____ Date _____

Directions: Trace and write the letters. Then write the sentences.



G G G G G G G G G



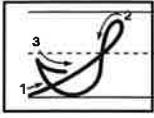
L L L L L L L L

Go get your tablet.

Let's listen to an
audiobook.

Name: _____ Date _____

Directions: Trace and write the letters. Then write the sentences.



S S S S S S S S S



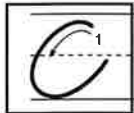
E E E E E E E E E E

*Solar panels can heat a
home.*

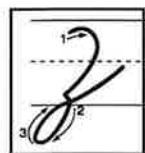
Electricity can power cars.

Name: _____ Date _____

Directions: Trace and write the letters. Then write the sentences.



C C C C C C C C



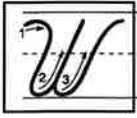
c c c c c c c c c c

Can you name an

Jane was able to trick the
giant.

Name: _____ Date _____

Directions: Trace and write the letters. Then write the sentences.



W W W W W W W W



y y y y y y y y

What lesson did you learn
from the fable?

Your kindness will pay off
one day.

Name: _____ Date _____

Directions: Trace and write the letters. Then write the sentences.

m m m m m m m m

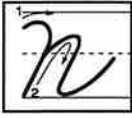
u u u u u u u u u

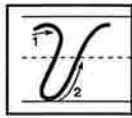
Most fables teach a moral
or lesson.

Unity among characters
promotes peace and
happiness.

Name: _____ Date _____

Directions: Trace and write the letters. Then write the sentences.

 n n n n n n n n n

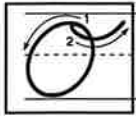
 v v v v v v v v v

Northern states fought
southern states during the
Civil War.

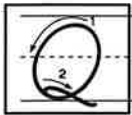
Victory went to the North.

Name: _____ Date _____

Directions: Trace and write the letters. Then write the sentences.



O O O O O O O O O



Q Q Q Q Q Q Q Q

One cause for the Civil War
was to abolish slavery.

Quinn was a
Confederate soldier.

Name: _____ Date _____

Directions: Trace and write the letters. Then write the sentences.

a a a a a a a a

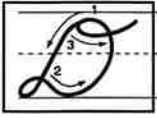
x x x x x x x x

*America's Civil War was
one of the earliest
industrial wars.*

*Xavier took care of
injured soldiers.*

Name: _____ Date _____

Directions: Trace and write the letters. Then write the sentences.



D D D D D D D D



B B B B B B B B B B

Does our drinking
water come from lakes and
rivers?

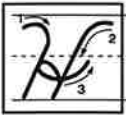
Beautiful waterfalls can be
found in Hawaii.

Name: _____ Date _____

Directions: Trace and write the letters. Then write the sentences.



R R R R R R R R R



H H H H H H H H H

Rough surf and high tide
can cause flooding.

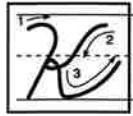
Hurricanes form in warm
water of the tropics.

Name: _____ Date _____

Directions: Trace and write the letters. Then write the sentences.



p p p p p p p p p



k k k k k k k k k

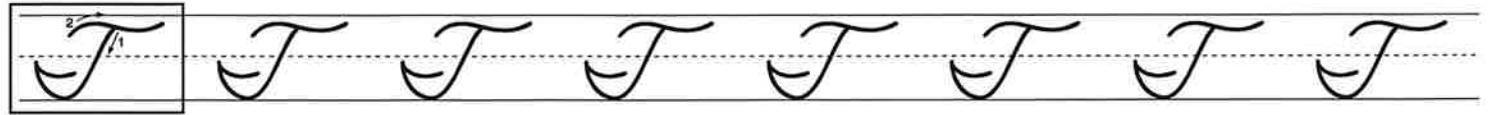
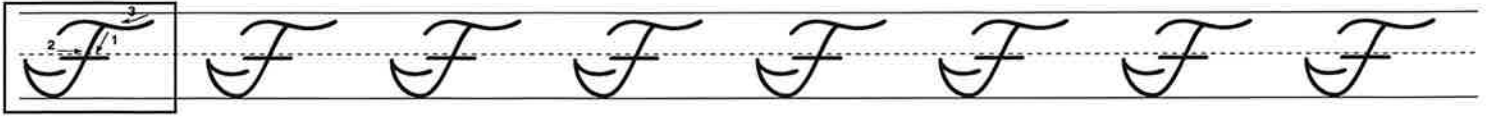
People have to

conserve water during a
drought.

Ken only waters his lawn
once a week.

Name: _____ Date _____

Directions: Trace and write the letters. Then write the sentences.



For many families, both
parents work.

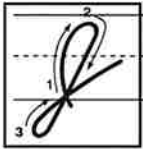
Ten years ago, there was an
economic recession.

Name: _____ Date _____

Directions: Trace and write the letters. Then write the sentences.



e e e e e e e e e



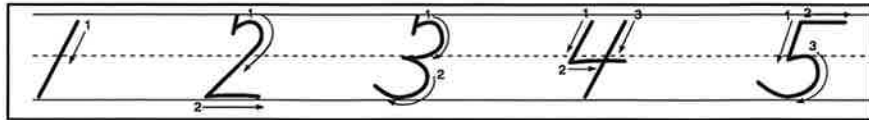
f f f f f f f f

I studied the economic
development of cities.

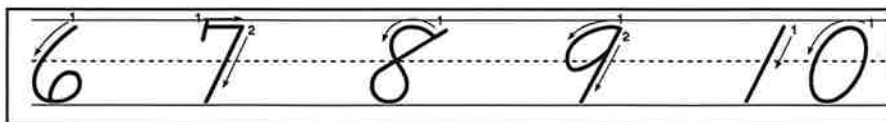
Jobs impact a society.

Name: _____ Date _____

Directions: Trace and write the numerals and words.



one two three four five



six seven eight nine ten

Name: _____ Date _____

Directions: Trace and write the punctuation marks. Then write the sentences adding the correct punctuation.

/ / / ? ? ? , , , « » « » « »

When did John Dalton
discover the atom?

"In 1803," Grandma said.

That was an important
scientific breakthrough!

Name: _____ Date _____

Directions: Trace and write the sentences. The last two sentences do not have a middle line.

Dalton created the atomic
theory in 1803.

He explained the 3 states of
matter.

A mixture is 2 or more types
of matter combined.

