

INSTRUCTIONS FOR GETTING STARTED WITH RANK ONE

YOUR STUDENT ATHLETE IS NOT ELIGIBLE TO CONDITION, TRYOUT, PRACTICE, OR COMPETE IN ANY SPORT UNTIL ALL CONSENT FORMS ARE SIGNED AND A CURRENT PHYSICAL, INCLUDING THE CLEARANCE PAGE IS COMPLETE.

GO TO: <https://www.rankone.com/content/>

SELECT: Parents Click Here



Employee School Login

PARENTS CLICK HERE
Online forms, schedules, and more!

SELECT: Go to Forms / Georgia / Gwinnett County Schools



ONLINE FORMS

Find online forms for your district

GO TO FORMS

REVIEW INSTRUCTIONS THEN SELECT: **Proceed to Online Forms** (For assistance, click: [How to Create a Parent Account Guide](#))

Welcome to the Parent Portal!

Once you have reviewed the instructions [Click Here](#) to proceed to online forms

We would like to thank you for taking part in the Gwinnett County Schools' new process of submitting athletic participation paperwork online. Please review all instructions before completing the electronic forms.

• To access the forms, click on "Proceed to Online Forms" at the bottom of the page. If you already have a parent account, login to your account to view and complete the forms. If you do not have a parent account, you must create an account before completing your student's forms.

The parent account will allow you to review your student's compliance status, receive schedule alerts and messages from your student's school. You may also login to your parent account by downloading the [Rank One mobile app](#).

How to Create a Parent Account Guide

- Please read each form carefully and place a check in each box to signify that you and your student understand and accept each policy (when applicable).
- To sign the document, click inside the signature box and hold your mouse down, this will allow you to create an "Electronic Signature". If you make a mistake and need to start over, click on the refresh icon next to the signature box.
- Once you submit the first form you will be redirected back to the list of forms. All electronic forms MUST be submitted in order for your student to be eligible to participate in athletics.

If you have any questions or problems, please contact your student's school athletic department.

[Proceed To Online Forms](#)

You'll get a confirmation e-mail that your account has been created. Once the account is set up you can download the app for further updates to your child's account.



(This is the app icon)

CONSENT FORMS

IF USING A COMPUTER: Click View and a list of the forms that need to be completed will appear. As you complete each form successfully, it will change from incomplete.

Out of compliance  View

Electronic Documents to be submitted by the parent	
Medical History	Approved Download PDF
Physical Upload Form  To access a blank copy of the Physical/Medical History form, please click the Download and Print tab on the right hand side of the page.	Pending Approval
Athletic Trainer Treatment Form	Incomplete
GCPS Insurance Form	Incomplete
GCPS Signature Page	Incomplete
Parental Consent & Athletic Code of Conduct	Incomplete
Student Profile Form	Incomplete

IF USING THE RANK ONE APP: Click your child's name and then click Forms. A list of the forms that need to be completed will appear. As you complete each form successfully, the incomplete will change, and you will see a green check mark. **

☰

 Your Student(s)

Cole Lovelady

 Add a Student

 EligibilityView ▾

 FormsView ▾

Remove Student

 FormsView ▾

Electronic Documents to be submitted by the parent

Medical History Incomplete	X
Physical Upload Form Incomplete	X
Athletic Trainer Treatment Form Incomplete	X
GCPS Insurance Form Incomplete	X
GCPS Signature Page Incomplete	X
Parental Consent & Athletic Code of Conduct Approved	✓
Student Profile Form Incomplete	X

For the GCPS Signature Page, you must open each link and read the form before checking the boxes and signing off. If the links are not opened, the form will not be approved.

PHYSICAL

If you have not obtained a copy of the updated GCPS physical, download and print one from Rank One.

✉ Inbox

Download and Print
 (Physical, Medical History, etc)

Manage Account

Tutorials

FAQ

Find Other Districts

Logout

Complete Pages 1 & 2 of the medical history. This will be for your doctor's use.

■ PREPARTICIPATION PHYSICAL EVALUATION

HISTORY FORM

(Note: This form is to be filled out by the patient and parent prior to seeing the physician. The physician should keep this form in the chart.)

Date of Exam _____

Name _____ Date of birth _____

Sex _____ Age _____ Grade _____ School _____ Sport(s) _____

Medicines and Allergies: Please list all of the prescription and over-the-counter medicines and supplements (herbal and nutritional) that you are currently taking

Do you have any allergies? Yes No If yes, please identify specific allergy below.

Medicines Pollens Food Stinging Insects

Explain "Yes" answers below. Circle questions you don't know the answers to.

GENERAL QUESTIONS	Yes	No	MEDICAL QUESTIONS	Yes	No
1. Has a doctor ever denied or restricted your participation in sports for any reason?			26. Do you cough, wheeze, or have difficulty breathing during or after exercise?		
2. Do you have any ongoing medical conditions? If so, please identify below: <input type="checkbox"/> Asthma <input type="checkbox"/> Anemia <input type="checkbox"/> Diabetes <input type="checkbox"/> Infections Other: _____			27. Have you ever used an inhaler or taken asthma medicine?		
3. Have you ever spent the night in the hospital?			28. Is there anyone in your family who has asthma?		
4. Have you ever had surgery?			29. Were you born without or are you missing a kidney, an eye, a testicle (males), your spleen, or any other organ?		
			30. Do you have groin pain or a painful bulge or hernia in the groin area?		

Your doctor will complete Pages 3 & 4. Please be sure your child's name is on both pages, that both forms are signed and dated by the doctor, and that the eligibility status is clearly marked. (If the doctor's office places a stamp on the bottom of the forms, please ask them not to stamp over the date of exam.)

■ PREPARTICIPATION PHYSICAL EVALUATION

■ PHYSICAL EXAMINATION FORM - UPLOAD TO RANKONE AS PAGE 1

Name _____ Date of birth _____

PHYSICIAN REMINDERS

1. Consider additional questions on more sensitive issues
 - Do you feel stressed out or under a lot of pressure?
 - Do you ever feel sad, hopeless, depressed, or anxious?
 - Do you feel safe at your home or residence?
 - Have you ever tried cigarettes, chewing tobacco, snuff, or dip?
 - During the past 30 days, did you use chewing tobacco, snuff, or dip?
 - Do you drink alcohol or use any other drugs?
 - Have you ever taken anabolic steroids or used any other performance supplement?
 - Have you ever taken any supplements to help you gain or lose weight or improve your performance?
 - Do you wear a seat belt, use a helmet, and use condoms?
2. Consider screening questions on cardiovascular symptoms (questions 5-14).

EXAMINATION			
Height _____	Weight _____	<input type="checkbox"/> Male <input type="checkbox"/> Female	
BP _____ / _____ (/)	Pulse _____	Vision R 20/ _____	L 20/ _____
		Corrected <input type="checkbox"/> Y <input type="checkbox"/> N	
MEDICAL	NORMAL	ABNORMAL FINDINGS	
Appearance • Marfan stigmata (hyperostolosis, high-arched palate, pectus excavatum, arachnodactyly, arm span > height, hyperflexible, myopia, MVP, aortic insufficiency)			

■ PREPARTICIPATION PHYSICAL EVALUATION

CLEARANCE FORM - UPLOAD TO RANKONE AS PAGE 2

Name _____ Sex M F Age _____ Date of birth _____

Cleared for all sports without restriction

Cleared for all sports without restriction with recommendations for further evaluation or treatment for _____

Not cleared

Pending further evaluation

For any sports

For certain sports _____

Reason _____

Recommendations _____

UPLOADING PHYSICAL TO RANK ONE

SELECT PHYSICAL UPLOAD FORM

Electronic Documents to be submitted by the parent		
Medical History	Approved	Download PDF
Physical Upload Form  To access a blank copy of the Physical/Medical History form, please click the Download and Print tab on the right hand side of the page.	Approved	Download PDF

SELECT HOW YOU WILL UPLOAD THE FORMS

Select how you would like to upload the document.

PDF Picture

UPLOAD EACH PAGE INDIVIDUALLY, SIGN OFF, AND SUBMIT

Physical Upload Form Gwinnett County Schools 2022/2023

Physical Upload Form

Select how you would like to upload the document.

PDF Picture

Upload page 1 Physical

[Select](#)

Select the file to upload. (.jpeg, .jpg, .png, .gif)
Drag and drop your file here or use the Select button to browse for the file

Upload page 2 Physical

[Select](#)

Select the file to upload. (.jpeg, .jpg, .png, .gif)
Drag and drop your file here or use the Select button to browse for the file

[Click Here](#) for an example of what to upload under the Physical 1 Form section

[Click Here](#) for an example of what to upload under the Physical 2 Form section

Parent/Guardian Name (Print)

Parent/Guardian Signature

Date

Once successfully uploaded, you will see a notation that the physical is pending approval.