

EXTRA CURRICULAR PARTICIPATION- MIDDLE

For further information on extra-curricular activities, please see the district policy page: <https://www.west-fargo.k12.nd.us/Page/8031>

PHYSICAL EVALUATIONS

Learners participating in North Dakota High School Activities Association (NDHSAA) sanctioned programs are required to file a health history screening and physical examination form with the activities office prior to their participation each year. Per NDHSAA, physical exams may be done by a medical doctor, doctor of osteopathy, physician's assistant, nurse practitioner (MD, DO, PA, or NP). The health history screening and physical examination form are valid for one school year and the physical evaluation must be completed on or after April 15 to be valid for participation in the following school year.

EXTRACURRICULAR ABSENCES

Learners who miss school for extracurricular activities are responsible for informing, and making arrangements with, educators in advance, and completing any assignments before the activity takes place. Work not completed in advance will result in no credit, unless prior arrangements have been approved by the educator.

ACTIVITIES OFFERED

West Fargo Public Schools strives to offer a variety of extracurricular activities for all learners. Offerings are dependent on learner interest, staffing, and budgets. To determine what each school offers, visit the school's activities department webpage under PROGRAMS > ACTIVITIES.

SCHOOL DANCES AND CELEBRATIONS

Only learners currently enrolled in a district middle school will be admitted to a middle school dance or party. The venue doors open at a predetermined time and lock 30 minutes after the event begins, at which point no additional attendees are admitted. Once an attendee leaves a school-affiliated dance or party, they must leave school property and are not allowed to return to the event. All school and district rules apply during an event, including dress code and behavior. Middle school dances and parties must end by 9:00PM. Attendees are responsible for lining up transportation to and from the event prior to the event. Each building principal maintains building-specific expectations.

INTRAMURALS

Intramurals are open to sixth grade learners only and take place in collaboration with the middle school. Guidelines may vary based on the event. Learners may register for intramurals in the office as details are announced throughout the school year. All intramural practices and events occur at school. As self-supporting activities, intramural fees are \$20.00 per learner per activity; fees align with the district's extracurricular activities fee structure. Intramurals are subject to cancellation in the event of low participation numbers.

BLACKOUT NIGHT

No school activities are scheduled after 6:00PM on Wednesday evenings.

The statements in this document are intended to provide guidance for daily procedures and practices in order to maintain order, efficiency, and continuity amongst our schools.