



# Southgate Community Schools Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Cereal Variety (1) Grahams (1) Applesauce (1) Choice of Milk (1)	<b>4</b> Mini Bagel w/ Cream Cheese (2) Graham (1) 100% Fruit Juice (1) Choice of Milk (1)	<b>5</b> Banana Muffin(1) Cheese Cubes (1) Craisins (1) Choice of Milk (1)	<b>6</b> Yogurt Cup (1) Granola (1) Fresh Apple (1) Choice of Milk (1)	<b>7</b> Chef's Choice (1) Fruit OTD (1) 100% Fruit Juice (1) Choice of Milk (1)
<b>10</b> Chef's Choice (1) Graham (1) Fruit OTD (1) Choice of Milk (1)	<b>11</b> Chef's Choice (1) Fruit OTD (1) 100% Fruit Juice (1) Choice of Milk (1)	<b>12</b> Chef's Choice (1) Fruit OTD (1) 100% Fruit Juice (1) Choice of Milk (1)	<b>HAVE A GREAT SUMMER!</b>	

## NOTES:

-REMEMBER TO CHOOSE UP TO 3 ITEMS AND THAT ONE MUST BE A FRUIT!

(ITEM NUMBERS ARE IN BRACKETS)

-WE PROVIDE 1% WHITE MILK AND FAT FREE CHOCOLATE MILK EVERYDAY!

-FRUITS ARE PACKAGED IN 1/2 CUP PROTIONS. STUDENTS CAN TAKE UP TO ONE CUP.

