

FCUSD Transitional Kindergarten Toileting Policy

Toilet Training Policy:

Folsom Cordova Unified School District recognizes the importance of providing a nurturing and inclusive learning environment for all children, including those in Transitional Kindergarten (TK). This policy outlines the procedures for accommodating children who are not yet fully potty-trained while maintaining a comfortable and hygienic environment.

Children may use the bathroom as needed throughout the day and will have scheduled potty breaks. Due to health and safety concerns, staff members will not be responsible for physically changing a child should a toileting accident occur. Staff members, such as health assistants or qualified paraeducators, will be available to provide verbal guidance and support to children who require assistance with changing soiled clothes or pull-ups.

For this reason, the use of pull-ups, for non potty trained students, in Transitional Kindergarten (TK) emphasizes the expectation that *children should develop the ability to manage changing their own pull-ups*, with exception of a bowel movement. In this case a parent/guardian will be called to assist with changing.

Parents are required to provide current phone numbers in case of emergencies. It is recommended for all TK parents to provide an extra set of clothes, including underwear (if toilet trained), Pull-Ups (if not toilet trained), along with socks, in case of an accident.

If the child has an individualized education program (IEP), accommodations should be addressed in the IEP meeting or in a 504 Plan.

Policy Details

1. Enrollment:

- All age eligible children may enroll in Transitional Kindergarten, regardless of their potty training status.
- Parents or guardians must provide information about the child's current toileting needs and status during the enrollment process.

2. Use of Pull-Ups/Potty Training Pants:

Pull-ups/Potty training pants mimic underwear in that a child can pull them up or down but offers the same protection as a diaper.

- Children who are not fully potty-trained are required to wear pull-ups while attending Transitional Kindergarten.
- Parents or guardians must ensure that their child has an adequate supply of pull-ups stored in their backpack, along with a change of clothing. If pull-ups are not supplied in a child's backpack, the parent will be called and asked to come and provide them.
- Parents or guardians understand that if a child cannot independently put on or remove their pull-up, they will be contacted to assist with their child's bathroom needs.
- FCUSD does not supply pull-ups, wipes, gloves or changing tables.
- FCUSD will provide an appropriate garbage can for soiled pull-ups in all of our school health offices.

3. Self-Change for Wet Pull-Ups:

- Children who soil their pull-up with urine will be expected to independently change themselves, while being supervised, in the health office restroom. Qualified staff members will provide verbal guidance and support as needed while respecting the child's privacy.

4. Parental Assistance for Bowel Movements

- In the event that a child soils their pull-up with a bowel movement, the child will be taken to the health office and a parent, guardian, or an emergency contact person will be contacted immediately.
- The parent, guardian, or emergency contact person will be expected to come to the school promptly to assist in changing the child and providing clean clothing.

5. Privacy and Dignity:

- All children, regardless of their toileting needs, will be treated with respect and dignity at all times.
- Staff will maintain a discreet and understanding approach to toileting matters, fostering a comfortable environment for all children in health office restrooms.

6. Communication:

- Ongoing communication between parents or guardians and TK staff is crucial to ensure the child's toileting needs are met.
- Parents or guardians are encouraged to inform teachers of any changes in their child's toileting routine or any concerns they may have.

7. FCUSD Staff Policy and Sensitivity:

- Parents are responsible for instructing their child on how to independently put on and take off pull-ups. Additionally, it is the parents' responsibility to designate an emergency contact person who can be reached in case of a soiled pull-up requiring attention.
- FCUSD teachers are neither qualified nor responsible for physically changing a child in pull-ups or diapers, as they should never be involved in tasks that require physical contact with a child in a state of undress.
- Paraeducators and Health Assistants will receive proper training and qualifications to provide verbal guidance and support to students.
- Staff will work closely with parents or guardians to create a supportive plan for each child's individual toileting journey.
- FCUSD will provide educational resources to assist parents in their toilet training endeavors.

8. Inclusion:

- The FCUSD is committed to inclusive education, and this policy is designed to ensure that all children, including those who are not yet potty-trained, can participate fully in the Transitional Kindergarten program.

This policy will be reviewed annually to ensure its effectiveness and adherence to state and local regulations. The Folsom Cordova Unified School District is dedicated to providing a safe, supportive, and inclusive learning environment for all children in Transitional Kindergarten.