



Students In Transition Newsletter

This newsletter aims to keep you informed about important updates, resources, and events related to McKinney-Vento services for homeless and foster students within our school community.

Fact:

Research has found that approximately 83% of youth experiencing homelessness report exposure to at least one form of victimization while homeless, including sexual assault, robbery, physical beating, and assault with a weapon.

Tips & Tricks

Take a moment to pause and practice deep breathing when supporting others emotionally. Use this time to consciously think about what you are feeling and what the other person may be needing. Individuals often take cues from those around them, so centering yourself helps both you and the person you are supporting to stay calm and self-regulated.

Practice Challenge

Practice using sensitive communication techniques. - For example, you can ask trauma sensitive questions when addressing sensitive topics. Instead of asking, "What is wrong with you?" ask, "What have you been through?" You can also make an empathetic statement such as, "I can see that was really challenging for you." Taking the time to validate others' experiences and being present in challenging moments can help build trust, which is essential for building, maintaining, and improving relationships.

Online Resources:

[Trauma-Informed Teaching](#)

[Teaching Strategies](#)



Resource Spotlight



New Frontier 24/7 Emergency Line
775-427-4040



This is the emergency number that handles a number of inquiries including those clients who are suicidal or at severe risk (welfare checks by local law enforcement done to ensure individual safety).

Need to make a referral? Please fill out our form!

[bit.ly/CCSDSITReferral](https://forms.gle/ZXnr4bzt7zMo9wjUA)



CCSD SIT Liaisons:

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Q&A Corner

Q: Are families who move in with relatives or friends covered by SIT?

A: In many circumstances, yes. Children and youth who are sharing the housing of others due to loss of housing, economic hardship, or a similar reason are covered by the McKinney-Vento Act. Families who are sharing housing on a permanent basis are unlikely to be covered by the Act.

<https://forms.gle/ZXnr4bzt7zMo9wjUA>