What is a Lunch Meal? Lunch includes 5 components: Grain, Meat/Meat Alternate, Fruit, Vegetable & Milk Students Must choose at least 3 components and 1 must be 1/2 cup fruit or vegetable. Choose all 5 for a nutritious meal!

tate Road Lunch Menu 2024

Lunch \$2.75 (4-8) **GROVE CHARTER SCHOOL** A V O N Lunch \$3.25 (9-12)

MONDAY

Milk

Empanadas 3

Chef's Choice

TUESDAY

INR

Chef's Choice Your favorite hot and cold Your favorite hot and cold entrees changing entrees changing throughout the day. throughout the day. Always at least 4 options **Always at least 4 options** to choose from! to choose from! Fruit/Veg of the Day Fruit/Veg of the Day

Milk

Last Day of School!!!!

WEDNESDAY

Half Day No lunches served

Daily Milk Selection includes: 1% White Milk Non-Fat Chocolate Milk **Non-Fat Strawberry Milk**

THURSDAY

THURSDAY

FRIDAY

To make a payment to your childs lunch account, please send in check or cash with the students name. Checks can be made payable to "AGCS". Visit Schoolcafe.com for online payments and Free/Reduced price meal application.

Breakfast is free for the 23/24 School Year!!



AVON GROVE CHARTER SCHOOL

WEDNESDAY

MONDAY

Assorted breakfast

selections

Fruit Juice

Fresh Fruit

Daily Milk Selection

3

TUESDAY

Assorted breakfast selections

Fruit Juice **Fresh Fruit Daily Milk Selection**

Assorted breakfast selections

Fruit Juice **Fresh Fruit Daily Milk Selection**



FRIDAY

