

What is a Lunch Meal?

**Lunch includes 5 components:** Grain, Meat/Meat Alternate, Fruit, Vegetable &

Students Must choose at least 3 components and 1 must be 1/2 cup fruit or vegetable. Choose all 5 for a nutritious meal!



**ELC Lunch Menu 2024** 

Lunch \$2.75 (K-3)

GROVE CHARTER SCHOOL AVON

MONDAY

TUESDAY

WEDNESDAY **THURSDAY**  FRIDAY

# Chef's Choice

Your favorite hot and cold Your favorite hot and cold entrees changing throughout the day. Always at least 3 options to choose from! Fruit/Veg of the Day

## Chef's Choice

entrees changing throughout the day. **Always at least 3 options** to choose from! Fruit/Veg of the Day Milk

**Last Day of** School!!!!

**Half Day** No lunches served

**Daily Milk Selection** includes: 1% White Milk Non-Fat Chocolate Milk **Non-Fat Strawberry Milk**  To make a payment to your childs lunch account, please send in check or cash with the students name. Checks can be made payable to "AGCS". Visit Schoolcafe.com for online payments and Free/Reduced price meal application.

Yogurt/Cheese Stick/Cinny Swirl Meal **Available all day!** 

> Breakfast is free for the 23/24 **School Year!!**



# ELC Breakfast Menu 2024

AVON GROVE CHARTER SCHOOL

MONDAY

### TUESDAY

#### WEDNESDAY **THURSDAY**

FRIDAY

Assorted breakfast selections

Fruit Juice Fresh Fruit **Daily Milk Selection** 

**Assorted breakfast** 

selections

Fruit Juice Fresh Fruit **Daily Milk Selection** 

**Assorted breakfast** selections

Fruit Juice **Fresh Fruit Daily Milk Selection** 





Students must choose at least 3 Items for a complete breakfast meal and 1 must be ½ cup of fruit or fruit Juice.

\*Ala Carte Items are charged at \$1.00 each