



Bradenton Christian School Athletics

INSTRUCTIONS FOR COMPLETING THE REQUIRED NFHS COURSES:

THREE REQUIRED COURSES:

1. **NFHS Concussion for Students**
2. **NFHS Heat Acclimatization and Heat Illness Prevention**
3. **NFHS Sudden Cardiac Arrest**

1. Go to www.nfhslearn.com
2. "Sign In" to your account using the email address and password you provided at the time of registering for an NFHS lean account.
 - ◆ **IF YOU DO NOT YET HAVE AN ACCOUNT, PLEASE REGISTER!** Remember to save your password and username for the following year or if you need to access your certificates of completion at any time. THESE COURSES WILL BE COMPLETED ANNUALLY FOR BCS ATHLETICS.
3. Click "Courses" at the top of the page.
4. Scroll down to the specific course from the list of courses.
5. Click "View Course"
6. Click "Order Course". This is FREE, it will show \$0.00 for the cost.
7. Select "Myself" if the course will be completed by you, the account holder.
8. Click "Continue" and follow the on-screen prompts to finish the checkout process.
Note: there is no fee!
9. From your "Dashboard", click "My Courses". The options under my courses will only populate if you ordered courses from the steps listed above.
10. Click "Begin Course" on the course you would like to take.
11. **Download the certificate of completion for EACH COURSE. The school does NOT get notified upon course completion, you must upload the certificate of completion for each course and upload it to your athletic clearance accounts.**

**** For help viewing the course, please contact the HELP desk at NFHS. There is a tab on the upper right-hand corner of www.nfhslearn.com. If you should experience any issues while taking the course, please contact the NFHS Help Desk at (317) 565-2023. ****