

Dispensing Medications at School

When possible, parents are asked to dispense any prescription or over-the-counter medications at home. Should a student require prescription medication during the school day, parents/guardians must provide the medication in the pharmacy-labeled container to be dispensed by the Director of Student Health only. All prescription medication needed during the school day must be dispensed by the Director of Student Health. Should a student require over-the-counter medications during the school day, a physician's signature is required for permission for the Director of Student Health to give such medications to the student. No medications of any kind, including herbal or over-the-counter, may be carried by the student, unless it is an emergency inhaler or epinephrine dispenser. In such instances, a form with both provider and parent/guardian signatures is required.

Medical Marijuana, Opioid Prescriptions, and Naloxone

Holton does not allow the use of Cannabis or Opioids during the school day for any students. The content of these medications inhibits learning and retention. There may be exceptions to this for serious, long term illness, and this decision will be made with the School and the student's family and medical provider. The School maintains doses of naloxone or other opioid overdose reversal medication on campus. It is stored with and would be disseminated by the Director of Student Health.

Automated External Defibrillators

Automated External Defibrillators (AEDs) are portable devices used to induce electrical stimulation to the heart muscle in the event of a potential cardiac arrest. AEDs are located in strategic locations around the campus in case of a cardiac emergency. Early access defibrillation has been recognized as a significant factor in survival from incidents of sudden cardiac arrest. AEDs can be used by a lay person if a medically trained person is not present; however, always defer to medical professionals and those with AED certification. Use of an AED must be reported to the Director of Student Health so reports can be filed.

Student Health Records, Regulations, and Access

Holton-Arms School requires every student to have an annual physical examination and submit the completed Holton-Arms Health Forms to the Director of Student Health, including changes or additions to the immunization record. All emergency contact information, consent to treat, and quick reference medical information, are to be completed online under re-enrollment/enrollment policies. As a reminder, Maryland State Law requires that all medication, both prescription and over-the-counter, be distributed

through the Director of Student Health's office; those forms are also included in the Health Form packet. All Student Information and Emergency treatment are to be completed online in the Veracross database. Health Forms are located in the Magnus Health Portal using parent login and password.

- **Physician's Examination Form:** Next year's physical exam must be completed after August 1 of the previous year, regardless of the student's birth date. If you are unsure of the date of your child's last physical, please contact the Director of Student Health.
- **Emergency Health Care Plan:** If your student has a severe allergy (requiring an EpiPen), asthma/ RAD (requiring a rescue inhaler), diabetes, seizure disorder, or other serious medical condition requiring a plan of care, you must have your physician complete this form annually.
- **Over the Counter Medication Form:** If you would like the Director of Student Health to administer the listed medications to your child during the school day, please have your physician complete this form, which must also be signed by a parent/guardian.
- **Maryland Immunization Certificate:** All new students, all rising seventh-grade students, and all rising ninth-grade students must submit a new, completed certificate and be up to date on all booster vaccinations. We do not accept religious or philosophical objections to vaccines. The only exceptions are medical exemptions with documentation from a medical provider on file. We require all students above age 5 to have the entire Covid Vaccine series, including a booster as applicable.
- **Authorization to Administer Prescribed Medication:** To be completed by all students who will be taking prescription medication of any kind, including over-the-counter medications. One form per medication must be completed.

For the school year, forms will be due to the school by **Thursday, August 1**. Students will not be allowed to participate in any school activities, camps, pre-season events, etc. until all health forms are complete and uploaded into Magnus.

Immunization Infectious and Communicable Diseases:

Parents/Guardians agree to comply with the School's infectious and communicable disease policy and to follow and comply with instructions and other directions established by the School. Parents/guardians understand that this includes, but is not necessarily limited to, compliance with the School's policies regarding required immunizations, vaccinations, testing for communicable diseases, as well as providing the School with required health records and other such documentation. This includes not only

immunizations required by 54 state law but also any immunizations, which the School determines, in its sole and exclusive discretion, are required for continued enrollment in the School. Parents/Guardians specifically understand and agree that it is the School's policy that the Student must either be (1) fully vaccinated prior to the first day on campus of the School Year (including any orientation activities) or (2) if Parents/Guardians are seeking an exemption from the vaccination requirements, Parents/Guardians must have requested and actually received an exemption from the School, prior to the first day on campus of the School Year (including any orientation activities). Parents/Guardians failure to either demonstrate that the Student has been fully vaccinated or to have requested and received an exemption from the School will result in the Student's exclusion from School until such time as any vaccinations are completed or an exemption is granted.

The School follows the Maryland Department of Health Vaccine Requirements for Children Enrolled in Maryland Schools. Medical exemptions (with documentation from a medical provider) are the only exemptions granted. The School does not accept religious or philosophical objections to vaccines.