



DIABETES POLICY

Introduction

The College recognises the need to ensure the safety and well-being of pupils with diabetes while at College. This policy aims to provide guidelines for the management of pupils with diabetes to ensure that they can participate fully in all aspects of school life.

Policy Statement

Dulwich College encourages pupils with diabetes to lead as normal a school life as possible. Pupils who may experience a diabetic hypoglycaemia or hyperglycaemia event, present a challenge to any school, however with sound precautionary measures school life may continue as normal for all concerned.

Approach, Procedures and Practice

- Dulwich College will ensure that pupils diagnosed with diabetes are made to feel welcome at the College.
- Dulwich College will strive to ensure that the College environment is favourable to pupils with diabetes.
- Pupils with a confirmed diagnosis of diabetes are allowed to carry their medication with them at all times.
- Pupils who are unable to self-administer medication must provide medical authorisation and written parental or guardian consent allowing designated College staff to administer medication in accordance with the pupil's individual diabetes healthcare management plan.
- Diabetes is an emergency medical condition recorded in a pupil's College medical record and ISAMS school data system to alert staff about a pupil with an emergency medical condition information.
- All medication must be labelled with the pupil's name, stored appropriately, and kept in a secure and easily accessible location in the Medical Centre.
- All medication administration should be documented on a medication record that includes the date, time, medication, dosage, and initials of the person administering the medication.
- A pupil with diabetes must have an individualised diabetes management plan developed by their healthcare provider and reviewed and updated annually.
- The Medical Centre team, with parental consent, will liaise with the pupil's healthcare provider as appropriate and attend any diabetes training or updates as necessary.

- The Medical Centre team will arrange training for any member of the College staff supervising a pupil with diabetes, during the school day, on day or residential trips or extracurricular activities.
- The diabetes individual healthcare plan should include information on the pupil's monitoring system, medication, dosages, frequency of administration, and any special instructions.
- The diabetes individual healthcare plan should also include information on the pupil's blood glucose monitoring schedule, emergency contact information, and any necessary modifications to the pupil's daily routine.
- To help with meal and carbohydrate planning the College catering team is able to help with this and the menus are published in advance: <https://www.dulwich.org.uk/about/school-meals/https://wba.kafoodle.com/15876>.
- Annual training on emergency medical conditions is offered to all College staff, including how to recognize the signs and symptoms of a diabetic emergency, and administering appropriate first aid.
- In the event of a medical emergency related to diabetes, the pupil's diabetes individual healthcare plan will be followed.
- If the pupil's condition is not improving or is worsening, 999 will be called immediately.
- Parents or guardians will be notified immediately in the event of an emergency.

Policy Owner:	Lead Nurse
Last Reviewed:	May 2024
Date of Next Review:	Academic Year 2025 - 26 (or earlier if required)