

Grief Support

If you would like to submit additional resources please email us at dmi@gw.njsp.org



Program Name	Coverage Area	Description	Website/Contact
National Alliance for Grieving Children	Online	For many that offer grief support to children, teens and those that care for them there are many challenges as a result of the social distancing that is necessary in light of the global pandemic. We are creating a series of free resources, educational opportunities and connection calls to facilitate those who work with grieving families accommodating to the current reality. Please share these broadly so that we can support the widest audience. Together we can succeed in continuing to provide a safe space for children and teens to process their grief.	https://childrengrieve.org
Grief in Common	Online	The journey of grief provides an opportunity for great personal growth, reflection and resilience that only the greatest challenges in our lives can design. This journey is not a simple one and the resilience isn't easily found. It comes with time, it comes with patience, and more than anything, it comes with support. Support from people who understand.	https://griefincommon.com/
Sudden Unexplained Death in Childhood Program	Cedar Grove	The SUDC Foundation is the only organization worldwide whose purpose is to promote awareness, advocate for research and support those affected by sudden unexplained death in childhood (SUDC). The SUDC Foundation provides all services at no cost to families. SUDC serves families across the USA and beyond. We are not just a NJ-based organization.	www.sudc.org
New Jersey Mental Health Cares	New Jersey	NJ Mental Health Cares is New Jersey's behavioral health information and referral service. Our staff of behavioral care specialists use their experience and understanding of the behavioral health system to provide emotional support for issues related to COVID-19 and other mental concerns.	1-866-202-Help (4357) TTY: 877-294-4356 help@njmentalhealthcares.org
Samaritan Center	Online	Grief is a normal, universal reaction to loss. You've suffered one - and no one else can grieve that loss for you. But Samaritan can stand with you so you don't have to go through it alone.	https://samaritannj.org/resources/grief-support-resources/
Find Christian Counselor	Online	COVID-19: We know this is a stressful time for everyone. We encourage you to message our therapists about electronic sessions, including over FaceTime, Skype, phone, or other method during this challenging time.	https://findchristiancounselor.com/

COVID-19 Emergency Response Resource Directory

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HEALTH & PREVENTION SHARING NETWORK
Working Together To Create Solutions

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Hearts and Crafts Counseling	Hillsdale, NJ	You're not alone when you're coming to Hearts & Crafts. Our mission is to help children and teens feel supported while going through the bereavement process, living with someone with an illness, or dealing with divorce, abuse, anxiety, depression, or adjustment disorders. We help all individuals find comfort in a supportive environment where they can heal and grow.	http://heartsandcraftscounseling.org/
My Grief Angels	Online	Thru new technologies and new delivery channels, My Grief Angels aims to empower, educate and enable anyone who is grieving anywhere worldwide to help themselves, their families, their friends, their communities and their workplace to better understand grief, the different types of grief, how grief can impact our health/families/work, how others have coped with their grief, and how new technology/social media can impact each of our own grief journeys.	https://www.volunteermatch.org/search/org1181504.jsp
Center for Loss and Bereavement	Online	The Center for Loss and Bereavement is continuing to offer services throughout this public health crisis. This current COVID19 public health crisis has our attention and will continue to, while our work supporting those who are grieving and in our care remains a top priority. We are doing everything possible to safely maintain accessibility and availability of our staff and volunteers to support our clients' needs through this time, with careful, special attention to the anxiety and threat of loss that our entire community is currently facing.	http://bereavementcenter.org/covid-19-info/
Grief's Journey	Online	Our increased work is just beginning, and, as always, we rely on donations like yours to fund our free services. Give to the COVID-19 COMPASSION FUND to sustain critical, FREE support programs for our community members. *Resource materials and information available in Spanish, by request.	https://griefsjourney.org