

Article by Lindsay Martinez Paredes, Junior, Norwalk High School

Lindsay interviews Patrick Moffett

Introduce yourself and tell me about yourself. What do you teach?

I teach math including AP Calculus

What is special about Norwalk Public Schools?

Norwalk in general is a great community filled with such diversity. It is a great representation of the real world. I was born and raised in Norwalk and I feel the people and lessons I was exposed to, helped prepare me for life after high school.

Tell me a time you were proud to be an educator.

As a coach and an educator there is no better feeling than seeing a student/athlete develop over a long period of time and turn their hard work into success. The end result doesn't have to be an A or a gold medal but to show true growth is a great achievement.

Who is your hero? Who is your teaching inspiration? Why?

I have always looked up to my parents. My mom and dad always worked hard to provide a great life for my family. They were both teachers, and that is probably why I ended up in education.

How did you take care of your mental health?

I've always tried to find things I was good at or interested in and work on those areas. Whether it be a subject in school, an activity or sport or a hobby, is good to have something that makes you feel confident or feel like you have accomplished something. Some sort of outlet.