

RUNNING RANGERS CROSS COUNTRY CAMP



GRADES 3-8

Register at the Lakewood Recreation Department:

www.lakewoodrecreation.com

216-529-4081

14100 Franklin Ave.

Lakewood, OH. 44107

Registration Deadline: July 5



****Important Information****

- Participants should have quality running shoes
- Bring a full water bottle to each practice
- This program will be conducted using public spaces and there will be times when coaches do not have visual contact with all participants

WHEN: JULY 8-25

PRACTICES MON.-THURS. 7:00PM-8:00PM

WHERE: PRACTICES WILL TAKE PLACE IN THE METROPARKS

QUESTIONS?

EMAIL ERIC STANDLEY: DJSTANMAN76@GMAIL.COM OR

LAUREN HURLEY: LAURENMICHELESLOAN@GMAIL.COM



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