

“Obstacles don’t have to stop you. If you run into a wall, don’t turn around and give up. Figure out how to climb it, go through it, or work around it.” – Michael Jordan

Good Evening,

It is hard to believe, but the end of the spring season is beginning to creep up on us. That means that senior games are right around the corner. The first senior game will be Saturday, May 25th at 3:00pm. We will recognize seniors prior to the start of the game. As a reminder, this senior game is for softball only. Baseball’s senior game is being held on a different day. This will ensure that all seniors are able to be properly recognized.

Please note that the start time of the Boys lacrosse game at Spaulding on Monday, May 20th has changed to a 5:15 start time with the bus leaving the high school at 3:45

If you plan to attend the Essex Track and Field meet on Saturday, May 25th please take note of the following:**Due to the Memorial Day parade, the Essex Jct. FIVE Corners will be closed to all traffic between 8:30 AM - 12:00 PM. Please plan accordingly to avoid the intersection AND access EHS via other roads = Route 15; I-289; Route 2A; Susie Wilson Road; Old Colchester Road.**

The spring sports awards night will be held on Thursday, June 6th. This event will take place at 5:30 in the Cafeteria. We will follow a similar format to the Winter sports awards night. I hope to see you there!

Each year the RU Sports Boosters fundraises to provide scholarships for our graduating athletes. The scholarships are awarded in recognition of athletic participation, team contribution, and commitment. There will be three awards given during the Senior Awards night, each for \$500. Completed applications are due by 2:00pm on May 31, 2024, to the Guidance office in a sealed envelope. It is the responsibility of the applicant to ensure that all documents are complete and submitted. Incomplete applications will not be reviewed.

There are two new coaching vacancies for next school year. We are now looking for a new Head Girls Varsity basketball coach and a new Head boys varsity soccer coach. Anyone that is interested in these positions should either apply on schoolspring or email me with your resume and three letters of recommendation.

Looking for an umpire to officiate a home MS softball game on 5/21. The game will be played at 4:00 pm. If you are interested in doing this, please reach out to me. You will be compensated for this.

Make sure to take a look at the Ghost trivia at the bottom of the newsletter. The first person that emails me with the correct answer will win a \$10 gift card.

Please note that the Baseball and Softball Senior games will be on different days again this year to ensure the seniors from both teams get the appropriate recognition for all their hard work throughout the years. Softball will be 5/25 and baseball will be 5/30. These dates are listed below as well as on the schedule.

The varsity baseball and softball game scheduled to be played at 11:00 on May 25th will now be played at 3:00pm on May 25th. This change has been made to the schedule online. This game will also function as Softball's senior game.

There have been a few changes made to some of our spring schedules in the last week. Please make sure that you go into the schedule at the bottom of this newsletter to make sure that you are up to date with any changes that have been made.

Looking for Summer work? I have job applications to work at the pool or the Randolph summer camp for the upcoming summer. If you are interested, stop by my office for more information and an application.

IMPORTANT: I wanted to provide some clarification in regards to habit scores and academic probation for half year classes. If a student was taking a half year class in the first semester and they received a habit score below 2.5, there would be no way for that student to bring that score up because they would have moved into a different class for the new semester. Because of this, we will use the scores that they receive in their new class to judge whether they have improved their habit score enough to get off of academic probation.

A new online spirit store has been started through BSN sports. This online store has a lot of options for alumni, family, and friends of RU. This store will be open year round and the items that you purchase will ship directly to you. [Spirit Store](#).

Respectfully,

Nick

1. Quick dates to have tucked away:
 - a. Softball Senior Game 5/25 at 3:00pm
 - b. Baseball Senior Game 5/30 at 4:30pm
 - c. Track States 5/30 at 11:00 in Fair Haven
 - d. Lacrosse Senior Game 6/1 at 11:00 am
 - e. Spring Awards Night 6/6 at 5:30

2. [FormReleaf](#) Registration for all co-curricular Registrations
3. For location information for other school athletic venues can be found here: [VPA School Athletic Information](#) (note: information is only as accurate as the school reporting/filing out the information)

Social Media:

When sharing RU sports and event pictures, use the tag #Ghostpride

1. Sports Boosters Facebook
2. Instagram - [RUHSGhosts](#)

Schedule/Location Notes for the Week:

[2024 Spring Sports Schedule](#)
[Practice Schedule](#)

Open Coach Positions:

Head Varsity Girls Basketball Coach
Head Varsity Boys Soccer Coach

Coach Hiring Announcement:

Co-Op/Member-to-Member Updates:

Fundraising:

Sports Boosters:

Other Notes: [VPA Athletics Locations](#)

Ghost Trivia- How many years in a row did gymnastics win the state championship beginning in 1994?

A reminder that the attached practice/game schedule is as accurate as the information available at the time of publishing. Changes to practice times may be decided by program coaches and communicated by them as well.