

# West Canada Valley Central School

# Highlights

**Back-To-School Edition**

**September 2014**

## From the Superintendent's Desk

I sincerely hope this newsletter finds you well and that you found time to enjoy your summer. The fact that you're receiving this newsletter is an indication that the start of the 2014-15 school year is rapidly approaching.

First and foremost, this will be the last time I communicate with you as the Superintendent of West Canada Valley Central School as I have accepted and been appointed to the Director of Athletics, Health, and School Safety at New Hartford Central School.

I sincerely appreciate the opportunity to serve as the Superintendent of Schools at West Canada Valley. My decision to leave the Superintendency at West Canada Valley was a highly personal one. I cherish the countless relationships I have established during my tenure and am proud of the accomplishments achieved during my Superintendency. I am most proud of the achievements of our students and staff during extremely challenging times in education. I anticipate that Mr. Nick Fazio will be appointed as the Interim Superintendent for West Canada Valley Central School. Mr. Fazio will spend time in August getting acclimated and is planning on being the interim superintendent on September 2, 2014.



**...continued on page 2**

For the second year, you will notice that the bus route schedules are no longer published in the District Newsletter in an effort to help maintain the safety of our students. Please note in the transportation portion of the newsletter of how you can obtain the pick-up and drop off times for your child(ren). Additionally regarding student safety, we expect Deputy Lawson of the Herkimer County Sheriff's Department to be on campus as the School Resource Officer for the 2014-15 school year. With that said, please remember to appropriately sign in at the main office once you gain access.

## From Our Board of Education

On behalf of the Board of Education at West Canada Valley I would like to welcome everyone back for the 2014-15 school year! Summer seems to fly by faster and faster each year. As you prepare for another exciting year at WCV, please join me in welcoming new students, staff, and faculty.

As many of you have seen, our Superintendent, Mr. John Banek, has made a professional career move and will no longer be at West Canada Valley. We wish Mr. Banek well in his new endeavor, and welcome Mr. Nick Fazio to WCV. Mr. Fazio will serve as Interim Superintendent beginning September 2, 2014, while we search for a new Superintendent. Mr. Fazio brings a wealth of experience and knowledge and is familiar with WCV, having filled in for us before as principal and certainly we thank him for his assistance now.

I would also like to take this opportunity to say "thank you" to our community, whose consistent budget support helps make WCV an amazing school! Please take advantage of attending the multitude of activities West Canada has to offer...whether it be the musical, sporting events, dinners, or concerts, there is something for everyone! Wishing each of you a successful school year!

Melissa Bolton, Board of Education President

### ...From the Superintendent

We are excited to welcome new staff members to West Canada Valley Central School.  
 Danielle Allen Third Grade  
 Kevin Dillenbeck Assistant Mechanic  
 Sonja Klock Teacher Aide  
 Jill Macri Senior Account Clerk, Business Office  
 Erin Zalewski Sixth Grade

We are also excited to welcome back staff members to West Canada Valley Central School  
 Daphne Raymo Senior Account Clerk, Guidance Office  
 Becky Agne Food Service/Buildings and Grounds

It has truly been a pleasure serving the students, staff, and community of WCV! Best wishes to you all!

Sincerely,  
 John W. Banek, Superintendent of Schools

### Streaming Graduation

Last year was the first time that the West Canada Valley graduation ceremony was streamed online.



The video streaming was very successful and offered another place for viewing for attendees of the actual ceremony.

We plan to again offer streaming of the graduation ceremony for the class of 2015!

### Student Code of Conduct

Students are responsible for being familiar with the WCV code of conduct. It is available on the West Canada Valley website at [www.westcanada.org](http://www.westcanada.org)

### Technology Updates at WCV

This past summer, a number of technology improvements were begun that will benefit all of the students at West Canada. The following are highlights of the current technology improvements.

**Wireless Internet**—This summer and fall, a major infrastructure upgrade is taking place throughout the entire building at West Canada. Wireless Internet will soon be made available in every classroom and office in the district. This project, in part, is in support of the increasing number of mobile devices that are being utilized in educational ways by both staff and students.

**iPads in the Elementary**—Each elementary teacher will receive an iPad this Fall. This is the first step in a pilot program to analyze the effect of mobile devices in the elementary classroom. Over the course of this school year, teachers will be receiving training on a variety of topics relating to teaching and learning with an iPad.

**Google Apps for Education**—West Canada Valley has become a Google Apps for Education school. This means that students and staff at West Canada have access to a variety of FREE educational tools for email, calendaring, messaging, and more, including Google Docs and Google Drive. The addition of these tools will make it much easier for students and staff to collaborate on and share work.

Any questions about current technology projects or planning can be directed to Ryan Orilio, Technology Coordinator. ([rorilio@westcanada.org](mailto:rorilio@westcanada.org))

### Facilities Use

The buildings and grounds of the West Canada Valley Central School District are open to the community for **non-profit use**, but because of the busy schedules kept by our student groups and interscholastic sports program, a building use form **must** be completed and submitted to the high school office **2 weeks** prior to anticipated use. Completing the form does not guarantee building use. Please call Mrs. Borden at x300 if you have questions.

### Title I Parent Notification

In accordance with Policy 8260 of the West Canada Valley Central School District, the Board of Education recognizes the rights of parents/persons in parental relation to be fully informed of all information relevant to their children, including children who participate in programs and projects funded by Title I. Therefore, the Board of Education encourages the participation of parents of students eligible for Title I services in all aspects of their child's education, including the development and implementation of district programs, as well as activities and procedures that are designed to carry out No Child Left Behind (NCLB) parent involvement goals. Keep watch of future newsletters and Elementary Notes editions for the Parent Involvement Night. If you have questions about Title I services, contact Mr. Shepardson at x100.

### Professional Qualifications

On January 8, 2002, President Bush signed the federal education act, titled No Child Left Behind. This law includes many new programs and changes for all public schools in the U.S. The law permit you, as a parent or guardian, the right to request information about the licensure and other qualifications, teaching assignment, and training of your child's teacher and any paraprofessional (instructional assistants) who may work with your child. If you are interested in requesting this information, please contact your child's principal.

### Access to Student Records

Under the Family Educational Rights and Privacy Act (FERPA), parents and students over 18 years of age must have the right to inspect and review their child's records or to request the amendment of records believed to be inaccurate or misleading. Please be advised that such records are private unless the parent or student older than 18 consents to disclosure of personally identifiable information. Be further advised that FERPA authorizes disclosure of personal information without consent in limited circumstances, such as criminal investigations.

### Student Accident Insurance

Children enrolled in the West Canada Central School District are covered against accidental injury under a school-time plan of insurance through Security Mutual. A student is covered while participating in a school sponsored and supervised activity. The plan will reimburse claimants for eligible expenses **that are not payable by the student's/parent's healthcare plan or any other insurance plan covering the student**. In other words, the student accident insurance is the secondary insurance and has a maximum medical benefit of \$25,000. Students must see their school nurse immediately upon injury on school grounds to fill out an accident report, which is required for any claims to the insurance. For more information about filing a claim, contact the school nurse or Heather Borden in the high school office.

### Volunteers Needed for Fitness Room

The WCV Fitness Center is open to the public. However, we are currently seeking volunteers to work at the center. If you are interested in volunteering, please call the school at (315) 845-6800.

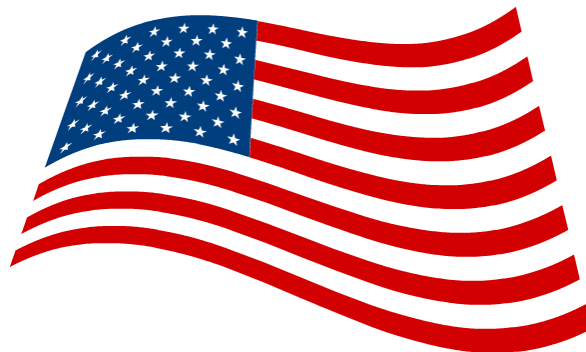
Fitness Center Hours will be determined by the start of school. Please call to learn more.

### 13th Annual Newport Patriots Day Remembrance Celebration

The Newport Volunteer Fire Department and West Canada Valley American Legion Post # 1524 will hold their thirteenth annual Patriots Day / September 11th Remembrance Ceremony at the Newport Volunteer Fire Station located at 7370 Main Street in the Village of Newport at 7 pm on Thursday September 11, 2014.

Refreshments will be available for everyone after the ceremony.

Anyone with questions may contact Leslie Crossett at 360-2082 (magoo33lfs@msn.com) or Mark Farrell 717-2262 (markfarrell263@gmail.com).



### Senior Portrait Information

The following are the details for senior portraits for the yearbook. Please note that all yearbook photos **MUST** be submitted by September 26th! Photos can be submitted either through email or by hard copy. If submitting an actual photo, make sure first and last name is on the back.

#### Senior Formal Portrait:

glossy paper with no dull spots  
2 1/2" horizontal and 3" vertical  
head size 1 1/2" from top of head to bottom of chin

no extreme head tilts or profiles  
no props, hats, logos on shirts

background - no designs or patterns  
background color - neutral tans, soft blues or grays  
(no outside photos)



### WCV Retirees Lasagna Dinner

On **Wednesday, October 22** the West Canada Valley Retired Personnel will again sponsor their annual, all-you-can-eat pasta dinner and 50-50 raffle. TAKE OUTS will be available for those unable to eat at the school.

Proceeds from this event will be used to support the Retirees' Scholarship Fund. Due to the excellent attendance at past dinners, the Retirees are able to award **FOUR** scholarships. Currently, \$500 awards are presented to **FOUR** West Canada Valley graduating Seniors who plan to further their education.

The dinner cost will again be \$8.00 per person. Tickets will be available in October from any retiree, or at the door on the day of the event. The menu will include salad, home-made vegetarian or meat lasagna, bread and butter, beverage, and homemade desserts, as well as ice cream. Children under 5 may eat for free.

Tickets for the raffle are \$1 each or 6 for \$5, and will also be available from any retiree or at the dinner.

Reservations made by calling the High School Main Office at (315) 845-6802.

**HAVE DINNER AT WCV Wednesday, October 22 from 4 – 6:30 p.m.**  
Come enjoy the meal and contribute to a worthwhile cause

## Welcome From the Principal

I would like to take this opportunity to welcome you to the 2014-2015 school year. I look forward to working with the West Canada Valley community as we continue to provide a quality education for the children of this district. Having students with great character, a highly qualified staff, and such a supportive community, I am confident that West Canada Valley Elementary is ready to face the challenges that lie ahead. As always, the faculty and staff look forward to the opportunity to work with you in meeting the high expectations we have for our students. If you ever have any questions or concerns, please do not hesitate to contact the school at 845-6800. Once again, West Canada Valley Elementary looks forward to another exciting and productive school year.

Sincerely,  
D.J. Shepardson  
Elementary Principal

## Opening School/Morning Program

As always there are many exciting activities planned for students and parents. Opening day for students is Wednesday, September 3<sup>rd</sup>. Morning Program for students in grades K-2 will begin on **Thursday, September 4<sup>th</sup>**. Our theme for the 2014-2015 school year is *West Canada Valley Has Respect*. As always we encourage you to join us at Morning Program as it is a great way to start your day.

## New Staff

We would like to welcome the following staff members for the 2014-2015 school year!

Erin Zalewski—Grade 6  
Danielle Allen—Grade 3  
Sonja Klock—Classroom Aide

## Reading Safari

Parents, don't forget to send in photos using your Enchanted Forest Water Safari tickets from last Spring's Reading Safari program.

Photos can be emailed to [readingsafari@westcanada.org](mailto:readingsafari@westcanada.org).



## West Canada Valley CSD Breakfast Menu

SEPTEMBER 2014

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Enjoy The Last Days <b>1</b>	of Vacation! <b>2</b>	Welcome Back!! Breakfast Pizza <b>3</b>	Mini-Cinni's <b>4</b>	Cheese Omelet w/mini-bagel <b>5</b>
Baked Apple Sticks <b>8</b>	Breakfast Sandwich w/Bacon <b>9</b>	Mini-Waffles <b>10</b>	Flat Wrap with Ham <b>11</b>	French Toast Sticks <b>12</b>
Pancake on a Stick <b>15</b>	Sandwich with Sausage <b>16</b>	Fresh Baked Cinnamon Rolls <b>17</b>	Breakfast Pizza <b>18</b>	Mini-French Toast <b>19</b>
Mini-Cinni's <b>22</b>	Cinnamon Swirl French Toast <b>23</b>	Baked Apple Sticks <b>24</b>	Flat Wrap with Bacon <b>25</b>	Cheese Omelet w/mini-bagel <b>26</b>
Mini-Waffles <b>29</b>	Sandwich with Canadian Ham <b>30</b>	<p><b>DID YOU KNOW?</b> The average classroom pencil can write about 45,000 words!</p>		

**To Make a full Breakfast: Choose 1 or 2 DIFFERENT entrees:**

Cereal, ½ bagel, string cheese, nutragrain bar, granola bar, single poptart  
OR  
The hot entrée of the day, 1 bagel, yogurt w/ graham crax. Also, milk, juice and fruit are available daily. You must take at least 3 items and can take all 5!!! Please fill up!!

USDA is an equal opportunity provider and employer.

Menu is subject to change

## Parents' Night

Parents' Night will be held on **Thursday, September 18<sup>th</sup>**. The program is designed for parents to meet with teachers and to learn about individual classroom expectations and procedures. The schedule is listed below.

Grades K-3 (6:30 p.m.)  
Grades 4-6 (7:00 p.m.)

## Student Handbook

On the first day, students will receive a handbook containing important information regarding policies and procedures at West Canada Valley Elementary School. **Please sign and return the forms on the last two pages of the book.**

### Notice to Parents– Release of Information

Recent federal legislation requires the school district to give United States Armed Forces recruiters the same access to secondary students, as we generally provide to post-secondary schools and prospective employers. The law also requires that we give military recruiters the names, addresses, and telephone listings of secondary students upon request, unless the student or parent/guardian has requested that such information not be released without prior written parental consent.

The purpose of this notice is to inform you that you have the right to request that the school district not release the name, address and telephone listing of your child to military recruiters without your prior written consent. If this is your desire, please request a form in the main office.

You should know that the school district's procedure on the Family Educational Rights and Privacy Act (FERPA) policy classifies a student's name, address, phone number, date of birth, photograph, participation in officially recognized sports and activities, weights and heights of athletes, awards received, and similar information. Under this law, the information may be released without prior parental consent to third parties, including military recruiters, upon request. To prevent this information from being provided to third parties, you will need to submit a separate request to the school district that information regarding your child not be included in the school district's directory information. If you make such a request, no directory information will be released with respect to your child unless you provide specific consent for the same.

### Student Absenteeism

Please remember to call the school when your child will be absent. Also, please remember to send a written notice if your child is to be excused early from school or picked up by someone else including relatives. Excuses for absences and/or tardiness are to be brought into the office immediately or as soon as possible after returning or arriving. Absences and/or tardiness unaccompanied by an excuse are recorded as unexcused absences on a student's permanent record. **Students are expected to be in full day attendance from 7:30-2:23; students are not to leave and return during the day** except for the legal reasons for absence as identified by the State Education Department.

### Student Personal Property

It is important that students do not leave items such as MP3 players, cell phones, wallets, money, pocketbooks, etc. unattended. Students should keep such items **locked** in their lockers (assuming they have not given out the combination to others) or better yet, on their person at all times. School is a microcosm of society; as such, there are thefts of items that are left lying around or in other non-secure settings, such as bookshelves, etc. During PE class, items may be **locked** in the PE locker (again, assuming that students have not given out the combination to others) or given to the gym teacher for safe keeping.

### Parking on School Property

In order to comply with policy 3290 (Parking), all student vehicles are to be registered with the High School Principal and parked in authorized areas only. Each student must register the vehicle they are driving with Mrs. Borden in the High School Office.



### Senior Photos

You should have had your Senior picture taken by now. If you have not, see Mrs. Ackman when classes begin. The deadline for photos is **September 26th!!!**

### New Electives

A number of new HS electives are being offered this fall at WCV. If you are interested, please contact your guidance counselor immediately.

Transportation Systems  
Energy Systems  
Electricity  
Home Repair  
Land Transportation  
Construction Systems  
Studio in Graphic Arts

### Music Program Seeking Instruments

The WCV music program is looking for used instrument donations. Check your attics, garages, and basements and help make a child's dream of playing an instrument come true.

Donations can be dropped off to the high school main office. Email Mr. Bonney at [SCBonner@westcanada.org](mailto:SCBonner@westcanada.org).

## College Now Information and Registration Sessions

HCCC's concurrent enrollment program, College Now, allows high school students to earn HCCC college credit by taking college courses through HCCC's College Now program. College Now courses are taught by high school instructors at the high school, during the regular school day and cost \$43 per credit, one third of HCCC's part-time tuition. By taking more rigorous courses in high school, students learn early about the workload and expectations of college. If you would like more detailed information regarding College Now courses, please contact Frances Manino, HCCC College Now Specialist by email at [collegenow@herkimer.edu](mailto:collegenow@herkimer.edu), or by phone at 315-866-0300 ext. 8743.



HCCC representatives will be coming to West Canada Valley High School on Thursday, September 18th at 9:30 AM to provide students with information regarding the College Now program and registration materials. HCCC representatives will return on Thursday, October 2<sup>nd</sup> at 8:45 AM to collect registration forms and tuition payments.

### Regional Program for Excellence (RPE)

The Regional Program for Excellence participants for the 2014-15 school year are:

*Alexys Bolton*  
*Hannah Bostwick*  
*Courtney Gee*  
*Hannah Leshinski*  
*Sydney McEvoy*  
*Jewelina Ritter*  
*Taryen Schultz*  
*Caleb Sherwood*  
*Tyler Wright*

RPE provides opportunities for students to work side by side with professionals in the community, gaining valuable experience and knowledge about their professional areas of interest.

### NCAA Student Athletes

Any students planning on playing a Division I or II sport in college **MUST** qualify in order to be eligible. Students are urged to check with intended colleges as well as check out all information at [www.ncaa.org](http://www.ncaa.org). Students must register online through the Eligibility Center at this site as well.



It is highly recommended that this eligibility registration process be handled PRIOR to entering a student's senior year in high school.

### Student Schedules Available



Schedules for students in grades 7-12 will be available for students to pick up on Thursday, August 28th and Friday, August 29th in the Guidance Office between the hours of 8:00-3:00.

On Wednesday, September 3 at 7:30 AM, ALL students are to report to the following locations where they will receive a copy of their **OFFICIAL and FINAL COPY** of their schedules:

Grade 7 - Rooms 33/34,  
 Grade 8 - Library,  
 Grade 9 - Cafeteria,  
 Grade 10 - Room 40,  
 Grade 11 - Room 19,  
 Grade 12 - Room 7

### Seventh Grade Orientation

WCV 7th grade orientation night is **Wednesday, August 27, 2014, at 6:30pm** in the auditorium. Information presented includes middle school requirements, schedule information, and testing information. Students will also have the opportunity to tour the middle/high school. Seventh grade students and their parents are encouraged to attend.

### Guidance Website

Please check Mr. Cantarano's & Mrs. Tubia's WCV webpages as well as the Guidance Bulletin Board frequently for any timely information/updates. Our school website is <http://www.westcanada.org> and the Guidance Department pages can be found under the Middle-High School site.

### Student Schedules

Students, please check over your schedules carefully. If you feel that you are lacking certain credits/courses for the year, please see Mrs. Tubia.

### Did you Know?

On average, college tuition increases 8% each year.

### SAT Dates for 2014-2015

Reminder to all juniors & sophomores who preregistered and ordered tests last spring for the SATs: The test is **Saturday, October 11, 2014** in the HS cafeteria. Monies will be collected in September.

<u>Test Date</u>	<u>Registration Deadline</u>
October 11, 2014	September 12, 2014
November 8, 2014	October 9, 2014
December 6, 2014	November 6, 2014
January 24, 2015	December 29, 2014
March 14th, 2015	February 13, 2015
May 2, 2015	April 6, 2015
June 6, 2015	May 8, 2015

### ACT Dates for 2014-2015

<u>Test Date</u>	<u>Registration Deadline</u>
September 13, 2014	August 8, 2014
October 25, 2014	September 19, 2014
December 13, 2014	November 7, 2014
February 7, 2015*	January 9, 2014
April 18, 2015	March 13, 2015
June 13, 2015	May 8, 2015

\*No NYS centers scheduled for the February test date.

[www.act.org](http://www.act.org)

### Financial Aid

Seniors planning to apply for college acceptance for the fall of 2015 MAY have to complete a 2<sup>nd</sup> financial aid form called a **CSS Profile** (All must complete a FAFSA). Please check your intended colleges to see if this form is required. Register online at [www.collegeboard.com](http://www.collegeboard.com).

### ASVAB

The Armed Services Vocational Aptitude Battery (ASVAB) will be given on October 15, 2014 in the WCV library. Signups will be announced through the Guidance Office.

This is a required test for those who are entering the Armed Services. For those not planning a career in the military, this test is a valuable tool to help explore different vocational and career interests.

The test takes about three hours to complete and is available to students age 16 and older. For students entering the military, this test must be taken within two years of the time of admission.





**Girls Swim**

Coach– Mr. Hansen

<b>DATE</b>	<b>OPPONENT</b>	<b>TIME</b>	<b>SITE</b>
5-Sep	BEAVER RIVER	5:00	A
9-Sep	COOPERSTOWN	5:00	H
11-Sep	ADIRONDACK	5:00	H
13-Sep	INVITATIONAL		
16-Sep	SHERBURNE EARLVILLE	5:00	A
18-Sep	WHITESBORO	4:30	H
23-Sep	PROCTOR	4:30	A
25-Sep	ROME	4:30	H
30-Sep	HOLLAND PATENT	4:30	A
3-Oct	COOPERSTOWN	5:00	A
6-Oct	SOUTH LEWIS	5:00	H
8-Oct	ADIRONDACK	5:00	A
14-Oct	SHERBURNE EARLVILLE	5:00	H
18-Oct	DIVISION MEET		
25-Oct	DIVISION DIVING MEET		
7-Nov	SECTIONALS	TBA	A
8-Nov	SWIM SECTIONALS	TBA	TBA

**Girls Varsity Soccer**

Coach– Barb Ellis

<b>DATE</b>	<b>OPPONENT</b>	<b>TIME</b>	<b>SITE</b>
27-Aug	OLD FORGE - scrimmage	10:00	H
29-Aug	FORT PLAIN - scrimmage	10:00	A
6-Sep	WCV KICK-OFF TOURNEY	9:00	H
7-Sep	WCV KICK-OFF TOURNEY	TBA	H
9-Sep	MOUNT MARKHAM	4:30	A
11-Sep	HERKIMER	7:00	A
15-Sep	FRANKFORT-SCHUYLER	7:00	A
17-Sep	COOPERSTOWN	4:30	H
19-Sep	LITTLE FALLS	4:30	H
23-Sep	DOLGEVILLE	4:30	A
27-Sep	WESTMORELAND	11:00	A
29-Sep	MOUNT MARKHAM	4:30	H
1-Oct	HERKIMER	4:30	H
3-Oct	FRANKFORT-SCHUYLER	4:00	H
7-Oct	COOPERSTOWN	4:30	A
9-Oct	LITTLE FALLS	4:30	A
14-Oct	DOLGEVILLE	4:30	H
16-Oct	WESTMORELAND	4:30	H

**Girls JV Soccer**

Coach– Ms. Roseen

<b>DATE</b>	<b>OPPONENT</b>	<b>TIME</b>	<b>SITE</b>
27-Aug	OLD FORGE -	10:00	SCRIM
4-Sep	ADIRONDACK	4:30	A
8-Sep	DOLGEVILLE	4:30	H
10-Sep	LITTLE FALLS	4:30	A
12-Sep	OLD FORGE	4:30	A
16-Sep	POLAND	4:30	H
22-Sep	HOLLAND PATENT	4:30	A
24-Sep	ADIRONDACK	4:30	H
30-Sep	DOLGEVILLE	4:30	A
2-Oct	LITTLE FALLS	4:30	H
6-Oct	OLD FORGE	4:30	H
8-Oct	POLAND	4:30	A
15-Oct	HOLLAND PATENT	4:30	H
Tues	8-Oct	Dolgeville	4:30
Thurs	10-Oct	Adirondack	4:30
Tues	15-Oct	Holland Patent	4:30

**Girls Modified Soccer**

Coach– Ms. Cullinan

<b>DATE</b>	<b>OPPONENT</b>	<b>TIME</b>	<b>SITE</b>
17-Sep	HOLLAND PATENT	4:30	H
19-Sep	LITTLE FALLS	4:30	H
23-Sep	DOLGEVILLE	4:30	A
25-Sep	OLD FORGE	4:30	H
27-Sep	WESTMORELAND	11:00	A
29-Sep	MOUNT MARKHAM	4:30	H
1-Oct	HERKIMER	4:30	H
3-Oct	FRANKFORT-	4:30	H
7-Oct	COOPERSTOWN	4:30	A
9-Oct	LITTLE FALLS	4:30	A
14-Oct	DOLGEVILLE	4:00	H
16-Oct	COOPERSTOWN	4:30	H

For up-to-the-minute scores, cancellations, and re-scheduled events, along with team rosters and other information, go to:

<http://www.digitalsports.com/>



**Boys Varsity Soccer**  
**Coach- Mr. Cool**

<b>DATE</b>	<b>OPPONENT</b>	<b>TIME</b>	<b>SITE</b>
27-Aug	FORT PLAIN	10:00	A
29-Aug	OE-SJ	10:00	H
2-Sep	WESTMORELAND	4:30	H
6-Sep	WCV KICK-OFF TOURNNEY vs Adirondack	3:00	H
7-Sep	WCV KICK-OFF TOURNNEY	TBA	H
10-Sep	HERKIMER	4:30	H
12-Sep	FRANKFORT-SCHUYLER	4:30	H
16-Sep	COOPERSTOWN	4:30	A
18-Sep	LITTLE FALLS	4:30	H
24-Sep	WESTMORELAND	4:30	A
30-Sep	SAUQUOIT	4:30	H
2-Oct	HERKIMER	4:30	A
6-Oct	FRANKFORT-SCHUYLER	4:30	A
8-Oct	COOPERSTOWN	4:30	H
11-Oct	POLAND TOURNAMENT	TBA	A
12-Oct	POLAND TOURNAMENT	TBA	A
16-Oct	SAUQUOIT	7:00	A
17-Oct	LITTLE FALLS	4:30	A

**Boys Varsity Football**  
**Coach- Mike Moody**

<b>DATE</b>	<b>OPPONENT</b>	<b>Site</b>	<b>Time</b>
6-Sep	FRANKFORT	H	2:00
12-Sep	SANDY CREEK	A	7:00
19-Sep	MORRISVILLE EATON	A	7:00
27-Sep	DOLGEVILLE	H	2:00
3-Oct	WATERVILLE	A	7:00
11-Oct	SOUTH LEWIS	H	2:00
17-Oct	WESTMORELAND (Homecoming)	H	7:00
24-Oct	TBA		

**Boys Modified Soccer**  
**Coach- Ms. Cullinan**

<b>DATE</b>	<b>OPPONENT</b>	<b>TIME</b>	<b>SITE</b>
16-Sep	HOLLAND PATENT	4:30	H
18-Sep	LITTLE FALLS	4:30	H
24-Sep	WESTMORELAND	4:30	A
30-Sep	SAUQUOIT	4:30	H
2-Oct	HERKIMER	4:30	A
4-Oct	POLAND	11:00	H
6-Oct	FRANKFORT-	4:30	A
8-Oct	COOPERSTOWN	4:30	H
10-Oct	LITTLE FALLS	4:30	A
15-Oct	POLAND	4:30	A
17-Oct	OLD FORGE	4:30	H
20-Oct	REMSSEN	4:30	H

**Boys Modified Football**  
**Coach- Mr. Moody**

<b>DATE</b>	<b>OPPONENT</b>	<b>TIME</b>	<b>SITE</b>
18-Sep	NOTRE DAME	4:30	A
25-Sep	DOLGEVILLE	4:30	A
2-Oct	FRANKFORT-SCHUYLER	4:30	H
9-Oct	SAUQUOIT	4:30	H
16-Oct	HERKIMER	4:30	H

For up-to-the-minute scores, cancellations, and re-scheduled events, along with team rosters and other information, go to: <http://www.digitalsports.com/>

**Lead Contamination Control Act**

The Lead Contamination Control Act (LCCA) of 1988 passed on October 31, 1988, requires local educational agencies to test for and remedy lead contamination in drinking water from water coolers and other sources of lead in the school setting..

In cooperation with the mandates of the LCCA, the West Canada Valley Central School District has initiated a testing program of the water coolers and other drinking water source locations in the school. The analysis of the samples and any remediation measures necessary to bring the recommended lead level to less than 20 pp/b is complete and the results are available for your review at the following location:

West Canada Valley Middle-High School  
5447 State Route 28, Newport, N. Y.

If you have any questions regarding the testing program instituted by our school and the results of the analysis of the samples, please contact Ken Smith at 845-6800, extension 385.

**Asbestos Management Plan**

Federal regulations require that schools be inspected for the presence of asbestos, a toxic material that has been used in the construction industry for a number of years. Our District schools have been inspected for asbestos containing materials and the results of the inspections are contained in the Asbestos Management Plan.

The Asbestos Management Plan is available for review during regular business hours at the school district office. A copy of the Asbestos Management Plan will be made available upon request for a nominal fee to cover the cost of copying and handling.

For more details regarding the Asbestos Management Plan and the specific abatement decisions, please contact Ken Smith at 845-6800, extension 385.

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Clip and return



**Pesticides Application**

Dear Parent/Guardian:

During the school year, we are no longer allowed to spray pesticides on playgrounds or ball fields unless the school board declares an emergency situation. In the unlikely event that this should happen, schools are required to maintain a list of staff and parents who wish to receive notification on any pesticide application, 48 hours prior to the application. If you are interested in being on the list, please fill out the form below and return it to your child's teacher. You will be asked at the beginning of each school year as to whether you would like to be included on this list. If you have any questions, please contact Bert Helmer at 845-6800, ext. 404.

**PESTICIDE APPLIICATION NOTIFICATION LIST**

Child's Name \_\_\_\_\_ Grade \_\_\_\_\_

Teacher or Homeroom Number: \_\_\_\_\_

Your Name: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

\_\_\_\_\_ Email: \_\_\_\_\_

As the new school year begins, your Child Nutrition Program has new and very challenging nutritional guidelines to embrace. At the time of writing this article, Congress is still debating what regulations we will need to follow! So our menus and ala-carte items will be minimized or expanded based on their decisions. Our primary goal is and will remain to offer the student(s) healthy meals, but along with those guidelines, practicality and cost need to be considered. **The cost for a full priced breakfast will remain \$1.25 and full priced lunch will be \$2.25.** Milk will cost \$.60. The increase in lunch is due again to a federally mandated policy and rising food costs. Breakfast is also facing the increased food costs, but the menu has been revamped to remove some of the more costly items in order to hold last year's price. I can't stress enough the value in Free/Reduced meals. This is an option more families in our district are eligible for than actually apply. Please consider it. **Price for reduced breakfast and lunches are \$ .25 each for eligible families.** The application and how to apply instructions are in this newsletter and on our website. The Free and Reduced Meals may help ease a burden for your family. A new application **MUST** be filled out each year. Please send this in by the end of September to ensure no lapse of benefit if you were free or reduced last year and have no financial changes.

We had a wonderful first year using the NurtiKids point of sale system and it was great to see so many parents/guardians take advantage of the on-line payment option. Remember, even if you do NOT use the payment part, once you set up your household you will have access to the daily activity in your student(s) meal account. Just go to [myschoolbucks.com](http://myschoolbucks.com) and follow the steps. You will need your child(ren)'s 9 digit account number. Please email or call me if you need it.

Please take note that per board policy, a student will only be allowed to charge 2 lunches on their account. **No second meals, milk, ice cream or ala-carte items can be charged at all.** The Child Nutrition Program is self-sufficient and is not supported by local taxes. Thank you in advance for understanding the need for the charging limits. If you have a question about an account, please call or email me.

When you send money for your child(ren), please note if the money is for meals only, milk break or on account. This will help us put the money in the appropriate location. When sending in milk break money, please keep it separate from lunch money as the teachers handle that. When the money is placed "on account" it means the student can use the money for snacks, second meals, etc. Also, put the student's name on the check or envelope. You can imagine how hard it is when that is not done!

I look forward to another wonderful year with your child(ren) and welcome your questions, concerns and suggestions any time throughout the year. If anyone is looking for a job with perfect hours, good pay and great customers, please let me know. Our program needs subs!

Sincerely,

*Mrs. Joanne VanAernam*

Food Service Manager  
315-845-6800 ext. 360  
[jvanaernam@westcanada.org](mailto:jvanaernam@westcanada.org)

### Free and Reduced Lunch Applications

New free/reduced lunch applications **must be filed each year.** If your family was approved last year for free or reduced meals, eligibility will remain the same through September 30, 2014. If a new application is not received by September 30<sup>th</sup>, the status will return to full price and any meals charged at that amount **MUST** be paid even if a new application is approved for a free or reduced status.

Free and reduced price applications for 2014-2015 can be found on pages 14 & 15. Fill out 1 application per family. Please be sure to list all family members, adult signature and S.S. # where applicable.

If you receive a Direct Certification Letter from the NYS Office of Temporary Disability Assistance, please send that letter to the Child Nutrition Office. If you send in one of these letters, you **DO NOT** have to fill out an application. If you have any questions, please contact the Child Nutrition Department at 315-845-6800 ext. 360.

# West Canada Valley MS/HS Lunch Menu

SEPTEMBER 2014

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Have Fun your last	2 Vacation Days!!! 	3 Boneless Chicken Wings Crispy Fries Tossed Salad	4 Bacon Burger w/cheese Green Beans Egg Salad Sandwich	5 BBQ Rib on Bun Roasted Potatoes Carrots Turkey Sub Frozen Fruit Juice Bar
8 Taco's w/toppings Golden Corn Refried Beans	9 Sub Your Way: Turkey, Tuna, Ham Watermelon Chips	10 Baked Ziti w/Mozzarella Sticks Peas Bologna Sand. Brownie	11 Chicken Patty on a bun Steamed Broccoli	12 Homemade Pizza Green Beans
15 Sloppy Joseph on bun Sweet Potato Fries Turkey Sub	16 Popcorn Chicken w/dinner roll Seasoned Rice Sweet Corn	17 Deluxe Burger w/toppings Tater Tots	18 BBQ Rib on Bun Buttered Noodles Carrots Tuna Sub	19 Chicken Fajitas w/toppings Vegetarian Beans Peas
22 Grilled Cheese Grilled Cheese & Tuna Tomato Soup Carrots	23 Stuffed Shells Garlic Bread Stick Green Beans Ham Sandwich Frozen Juice Bar	24 Brunch: French Toast Sticks Sausage Patty Home Fries	25 Homemade Pizza Tossed Salad	26 Chicken Nuggets Baked Fries
29 Taco's w/topping Corn Refried Beans Egg Salad Sandwich	30 Chicken Patty on a bun Seasoned Rice Carrots	<p>DID YOU KNOW? The average classroom pencil can write about 45,000 words!</p>		

**Available Daily:**  
PB&J Sandwich  
Tossed Salad Cup  
Carrot Stick  
w/ranch dressing  
fresh and canned  
fruit, juice and  
milk choices.

**School News**  
WELCOME BACK!  
If you have not already sent in your new Free/Reduced application for this year, please get it in quickly. Visit our website to download an application if you need one. Click on Services on the top bar and then Food Service!  
Breakfast \$1.25  
Lunch \$2.25  
Milk \$.60  
All Reduced meals are \$.25

# West Canada Valley Elementary Lunch Menu

SEPTEMBER 2014

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Have Fun your last	2 Vacation Days!!! 	3 Chicken Nuggets Baked Fries Tossed Salad	4 Burger w/cheese Green Beans Egg Salad Sandwich Frozen Juice Bar with all lunches	5 BBQ Rib on Bun Roasted Potatoes Carrots Turkey Sub
8 Taco's w/toppings Golden Corn Refried Beans	9 Sub Your Way: Turkey, Tuna, Ham Watermelon Chips	10 Baked Ziti w/Mozzarella Sticks Peas Bologna Sand. Brownie	11 Chicken Patty on a bun Steamed Broccoli	12 Homemade Pizza Green Beans
15 Sloppy Joseph on bun Sweet Potato Fries Turkey Sub	16 Popcorn Chicken Seasoned Rice Sweet Corn	17 Deluxe Burger w/toppings Tater Tots	18 BBQRib on Bun Buttered Noodles Carrots Tuna Sub	19 Hot Dog w/Chili Vegetarian Beans Peas
22 Grilled Cheese Pretzel Bun Tomato Soup Carrots	23 Cheese Ravioli Garlic Bread Stick Green Beans Ham Sandwich Frozen Juice Bar	24 Brunch: French Toast Sticks Sausage Patty Home Fries	25 Homemade Pizza Tossed Salad	26 Chicken Nuggets Baked Fries
29 Taco's w/toppings Corn Refried Beans Egg Salad Sandwich	30 Chicken Patty on a bun Seasoned Rice Carrots	<p>DID YOU KNOW? The average classroom pencil can write about 45,000 words!</p>		

**Available Daily:**  
PB&J Sandwich  
Tossed Salad Cup  
Carrot Sticks w/  
ranch dressing  
Assorted fresh  
and canned fruit,  
juice and milk  
choices.

**School News**  
WELCOME BACK!  
If you have not already sent in your new Free/Reduced application for this year, please get it in quickly. Visit our website to download an application if you need one. Click on Services on the top bar and then Food Service!  
Breakfast \$1.25  
Lunch \$2.25  
Milk \$.60  
All Reduced meals are \$.25

**2012-2013 Application for Free and Reduced Price School Meals/Milk**

To apply for free and reduced price meals for your children, read the instructions on the back, complete **only one** form for your household, sign your name and return it to the Food Service Office. Call 315-845-6800 x360, if you need help. Additional names may be listed on a separate paper.

1. List all children in your household who attend school:

Student Name	School	Grade/Teacher	Foster Child <input checked="" type="checkbox"/>	No Income <input checked="" type="checkbox"/>
			o	o
			o	o
			o	o
			o	o
			o	o
			o	o

2. Food Stamp or TANF Benefits:

If anyone in your household receives either food stamp, TANF or FDPIR benefits, list their name and CASE # here. Skip to Part 5, and sign the application.

Name: \_\_\_\_\_ CASE # \_\_\_\_\_

3. If any child you are applying for is homeless, migrant or a runaway, please call this number: \_\_\_\_\_  
 Homeless  Migrant  Runaway (Homeless Liaison/Migrant Education Coordinator)

4. Household Gross Income: List all people living in your household, how much and how often they are paid (weekly, every other week, twice per month, monthly). If you have listed a foster child above, you must report their personal income.

Name of household member	Earnings from work before deductions <i>Amount / How Often</i>	Child Support, Alimony <i>Amount / How Often</i>	Pensions, Retirement Payments <i>Amount / How Often</i>	Other Income, Social Security <i>Amount / How Often</i>	No Income <input checked="" type="checkbox"/>
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	o
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	o
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	o
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	o
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	o
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	o
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	o
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	o
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	o

5. Signature: An adult household member must sign this application and provide the last four digits of their Social Security Number (SS#), or mark the "I do not have a SS# box" before it can be approved.

I certify (promise) that all of the information on this application is true and that all income is reported. I understand that the information the school will get federal funds; the school officials may verify the information and if I purposely give false information, I may be prosecuted under applicable State and federal laws, and my children may lose meal benefits.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I do not have a SS#

Email Address: \_\_\_\_\_ Last Four Digits of Social Security Number: \*\*\*-\*\*-\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Home Address \_\_\_\_\_

**DO NOT WRITE BELOW THIS LINE – FOR SCHOOL USE ONLY**

**Annual Income Conversion (Only convert when multiple income frequencies are reported on application)**  
 Weekly X 52; Every Two Weeks (bi-weekly) X 26; Twice Per Month X 24; Monthly X 12

o Food Stamp/TANF/Foster

Income Household: Total Household Income/How Often: \_\_\_\_\_ / \_\_\_\_\_ Household Size: \_\_\_\_\_

Free Meals o Reduced Price Meals o Denied/Paid o Temporary Free 45 Days Expires \_\_\_/\_\_\_/\_\_\_

Date Notice Sent: \_\_\_\_\_ Signature of Reviewing Official \_\_\_\_\_

## APPLICATION INSTRUCTIONS

To apply for free and reduced price meals, submit a Direct Certification letter received from the Office of Temporary and Disability Assistance OR complete only one application for your household using the instructions. Sign the application and return the application to the Joanne VanAernam, Cafeteria Manager. If you have a foster child in your household, you may include them on your application. A separate application is no longer needed. Call the school if you need help: 315-845-6800 x360. Ensure that all information is provided. Failure to do so may result in denial of benefits for your child or unnecessary delay in approving your application.

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**PART 1 ALL HOUSEHOLDS MUST COMPLETE STUDENT INFORMATION. DO NOT FILL OUT MORE THAN ONE APPLICATION FOR YOUR HOUSEHOLD.**

Print the names of the children, including foster children, for whom you are applying on one application.

List their grade and school.

Check the box to indicate a foster child living in your household, and check the box for each child with no income

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**PART 2 HOUSEHOLDS GETTING FOOD STAMPS, TANF OR FDPIR SHOULD COMPLETE PART 2 AND SIGN PART 5.**

List a current Food Stamp, TANF or FDPIR (Food Distribution Program on Indian Reservations) case number of anyone living in your household. Do not use the 16-digit number on your benefit card. The case number is provided on your benefit letter.

An adult household member must sign the application in PART 5. SKIP PART 4. Do not list names of household members or income if you list a food stamp case number, TANF or FDPIR number.

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**PART 3 Before completing an application for a child who may be homeless, a migrant education student, or a runaway, please call your school's homeless liaison or migrant education coordinator at this number:**

WCV Superintendent at 315-845-6800 ext 380

*(Homeless Liaison/Migrant Education Coordinator name and Phone Number)*

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**PARTS 4 & 5 ALL OTHER HOUSEHOLDS MUST COMPLETE THESE PARTS AND ALL OF PART 5.**

Write the names of everyone in your household, whether or not they get income. Include yourself, the children you are applying for, all other children, your spouse, grandparents, and other related and unrelated people in your household. Use another piece of paper if you need more space.

Write the amount of current income each household member receives, before taxes or anything else is taken out, and indicate where it came from, such as earnings, welfare, pensions and other income. If the current income was more or less than usual, write that person's usual income. **Specify how often this income amount is received: weekly, every other week (bi-weekly), 2 x per month, monthly.** The value of any child care provided or arranged, or any amount received as payment for such child care or reimbursement for costs incurred for such care under the Child Care and Development Block Grant, TANF and At Risk Child Care Programs should **not** be considered as income for this program.

The application must include the last four digits only of the social security number of the adult who signs **PART 5** if Part 4 is completed. If the adult does not have a social security number, check the box. If you listed a food stamp, TANF or FDPIR number, a social security number is not needed.

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**OTHER BENEFITS:** Your child may be eligible for benefits such as Medicaid or Children's Health Insurance Program (CHIP). In order to determine if your child is eligible, program officials need information from your free and reduced price meal application. Your written consent is required before any information may be released. Please refer to the attached parent Disclosure Letter and Consent Statement for information about other benefits.

### PRIVACY ACT STATEMENT

Privacy Act Statement: This explains how we will use the information you give us.

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The last four digits of the social security number are not required when you apply on behalf of a foster child or you list a Food Stamp, Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

### DISCRIMINATION COMPLAINTS

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly. "In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer."

**West Canada Valley  
Central School**

5447 State Route 28  
P.O. Box 360  
Newport, NY 13416



Non-Profit  
Organization  
U.S. Postage  
**PAID**  
Newport, NY  
Permit #5

**District Office**

Mr. Nick Fazio  
*Interim Superintendent*

Mr. John McKeown  
*Business Manager*

315-845-6800  
Fax: 315-845-8652

**Jr/Sr High School**

Mr. Frank C. Sutliff  
*Principal*

Mrs. Melissa Tubia  
*Guidance Counselor*

315-845-6802

**Elementary School**

Mr. Donald J. Shepardson  
*Principal*

315-845-6801

\*\*\*ECRWSS\*\* HCR001  
Occupant,  
Middletown, NY 13406

*Upcoming  
Events*

**Sept 2, 2014**

Superintendent's Day  
**No School for Students**

**Sept 3, 2014**

First Day of Classes  
Full-Day Session

**Oct 13, 2014**

Columbus Day  
**No School**

**FITNESS CENTER  
HOURS:**

Volunteers needed. Contact  
the district office if interested.  
315-845-6800 ext.380

This and all previous  
newsletters from the  
school year are available  
on the district's website  
located at:

[www.westcanada.org](http://www.westcanada.org)

**Coming Soon!!**

The WCV Music  
Department  
will present...

**November 14 & 15, 2014**  
WCV Auditorium

Mark these dates on your  
calendar today!

