



WEST CANADA VALLEY

# HIGHLIGHTS



WELCOME BACK!

## Message from the Superintendent

### Welcome Back

I sincerely hope that everyone has enjoyed the summer. The 2019-20 school year is rapidly approaching and soon the building will be filled with students and staff ready to begin another successful educational year at West Canada Valley. As always staff has been working diligently on curriculum and instruction this summer in order to prepare for the 2019-2020 school year. As the district continues to review district data, curriculum, instruction, and student learning; we are in the process of comprehensive instructional planning that will certainly enhance the overall education program at West Canada Valley.

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## Message from the Board of Education

On behalf of the Board of Education, welcome back to West Canada Valley! Hopefully, everyone has enjoyed the great summer. As you prepare for the upcoming school year be sure to bring excitement, enthusiasm, and determination with you. We expect you to be challenged each and every day. Don't be afraid to ask for help when you need it, but more importantly reach out and help others when you can.

Once again, thanks goes out to our community. Constantly showing support of our Students, School, and Staff through the approval of the annual budget vote and attendance at various events at our facility.

To all Faculty and Staff our sincere appreciation for all of your hard work last year! We expect nothing but great things for the upcoming school year. Work together as a team! (Together Everyone Accomplishes the Mission)

I would like to welcome new Students, Faculty, and Staff to West Canada Valley! You have joined an excellent school that takes great pride in developing their students to become promising young adults.

Sincerely,

Charles Gage  
President



# From the Superintendent's Desk



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...As a district, we continue to annually review our course offerings to provide the best foundational programming for our students. Our AP and College Now programs continue to grow in enrollment as many of our students are leaving the district with college credit. This year we will be offering additional classes in the area of technology to expand graduation pathways for our students.

As always, the district will continue to review areas where we can improve upon students learning along with maximizing opportunities for our students. With summer break coming to a close, the district is looking forward to welcoming back all of our students including the Class of 2020. Please enjoy the remaining weeks of summer as we look forward to seeing you at the many great events this school year.

## **New Staff**

Please join me in welcoming the following new staff members to our district.

Ms. Patricia Kurtz – Science 7-12

Ms. Abigail Rose – Science 7-12

Ms. Victoria Petro – Science 7-12

Ms. Kiley Treen – Technology

Ms. Bronwen Keefer – Elementary Art Teacher

Ms. Shelly VanDusen – Physical Education

## **Communication**

The district is always seeking more efficient strategies to communicate with students, parents, and the community. During the past few years we have made improvements to our newsletter, added social media, enhanced our webpage, and implemented phone/text connections to relay announcements and emergency information. In addition, the parent portal in our student data system is fully operational. This will allow parents/guardians consistent access to their child's grade and progress reports.

## **Tax Information**

Tax payments will continue to be processed by M&T Bank this fall. If you have any questions/concerns, do not hesitate to contact the district office.

## **Transportation**

The transportation portion of the newsletter provides information on how you can obtain the pick-up and drop off times for your children. **As a reminder, bus loop in the elementary is for buses only. All vehicles must use the drop-off area located in the parking lot. If a vehicle is located in the bus loop you will be asked to immediately move to the designated parking areas. Your cooperation with the traffic pattern is certainly appreciated.** In addition, please remember to sign in at the main office once you gain access through the secure entrances located in both the elementary and high school buildings.

## **Parking**

Throughout the school year, we hope you take advantage of the many great events that we have scheduled on campus. For most if not all events, we have enough parking spaces available at the parking lot near the main entrance and in front of the elementary school. Please note; parking in identified fire lanes and on the lawn is prohibited. This will assist the district in maintain the safety and appearance of the campus for years to come.

## **Appreciation**

I would again like to thank members of the community for the ongoing support provided to the West Canada Valley School District. The many educational opportunities students have would not be possible without your support. The West Canada Valley School District has a beautiful campus that provides a safe/secure location for the students in this community. As always, the district has many events on the schedule for 2019-2020. I certainly look forward to seeing you during the upcoming school year.

Once again, thank you for your support and enjoy the remaining days of summer!

Sincerely,

D.J. Shepardson, Superintendent of Schools



# Athletics Updates

## West Canada Valley Joins Schedule Galaxy



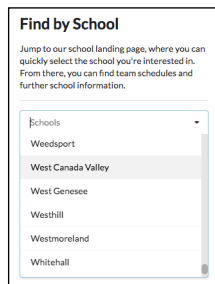
ScheduleGalaxy is now the provider of web-based scheduling for the West Canada Valley Central School District Athletics Program. ScheduleGalaxy enhances both the scheduling process and public access to contest information.

- Quick public access to team schedules, free from commercial advertisement
- Ability to receive email alerts for any schedule changes or push notifications from the ScheduleGalaxy mobile app
- Directions to contests from your current location to the exact game location via Google maps
- View schedules, directions, and schedule changes from either your computer or from the ScheduleGalaxy app

## Instructions for Public Use of ScheduleGalaxy

**Before you download the mobile app, complete these steps online...**

1 - Go to the [www.schedulegalaxy.com](http://www.schedulegalaxy.com) and click "West Canada Valley" under "Find by School."



2 - Click "Register" at the top, right-hand corner and fill in the necessary information to sign up.



3- Use the "Quick Toggle" section to find a specific team.



4 - Click "Subscribe to Schedule" at the top, right-hand corner of the screen.



# Fall Athletics Schedules

## Varsity Football

**Sat, Sep 14 - TBD - (Scrimmage) APW @ West Canada**

**Fri, Sep 20 - 7pm - West Canada @ Sherburne-Earville**

**Sat, Sep 28 - 1:30pm - Tupper Lake @ West Canada**

**Fri, Oct 4 - 7pm - West Canada @ Weedsport**

**Sat, Oct 12 - 1:30pm - Bishop Grimes @ West Canada**

**Fri, Oct 18 - 7pm - West Canada @ Morrisville-Eaton**

**Sat, Oct 26 - 1:30pm - New York Mills @ West Canada**

## Boys Varsity Soccer

**Fri, Aug 30 - 1:30pm - Remsen @ West Canada**

**Thu, Sep 5 - 4:30pm - Frankfort-Schuyler @ West Canada**

**Sat, Sep 7 - 10am - Canastota @ West Canada**

**Sun, Sep 8 - TBD - TBD @ West Canada**

**Tue, Sep 10 - 4:30pm - Dolgeville @ West Canada**

**Thu, Sep 12 - 4:30pm - West Canada @ Remsen**

**Sat, Sep 14 - 1pm - Sherburne-Earville @ West Canada**

**Mon, Sep 16 - 4:30pm - Town of Webb @ West Canada**

**Wed, Sep 18 - 7pm - West Canada @ Herkimer**

**Tue, Sep 24 - 4:30pm - West Canada @ Little Falls**

**Sat, Sep 28 - 1pm - West Canada @ Sherburne-Earville**

**Mon, Sep 30 - 6pm - West Canada @ Frankfort-Schuyler**

**Wed, Oct 2 - 4:30pm - West Canada @ Dolgeville**

**Fri, Oct 4 - 4:30pm - Remsen @ West Canada**

**Tue, Oct 8 - 4:30pm - West Canada @ Town of Webb**

**Thu, Oct 10 - 4:30pm - Herkimer @ West Canada**

**Fri, Oct 18 - 4:30pm - Little Falls @ West Canada**

## Girls Varsity Soccer

**Fri, Aug 30 - TBD- (Scrimmage) Fort Plain @ West Canada**

**Thu, Sep 5 - 4:30pm - West Canada @ Westmoreland**

**Sat, Sep 7 - 4pm - Town of Webb @ West Canada**

**Sun, Sep 8 - 4:30pm - TBD @ West Canada**

**Fri, Sep 13 - 4:30pm - West Canada @ Little Falls**

**Tue, Sep 17 - 4:30pm - Bishop Ludden @ West Canada**

**Thu, Sep 19 - 4:30pm - Dolgeville @ West Canada**

**Mon, Sep 23 - 6pm - West Canada @ Frankfort-Schuyler**

**Wed, Sep 25 - 7pm - West Canada @ Herkimer**

**Fri, Sep 27 - 6pm - West Canada @ Sherburne-Earville**

**Tue, Oct 1 - 6pm - West Canada @ Hamilton**

**Thu, Oct 3 - 4:30pm - Westmoreland @ West Canada**

**Mon, Oct 7 - 4:30pm - Little Falls @ West Canada**

**Sat, Oct 12 - 11am - West Canada @ Dolgeville**

**Tue, Oct 15 - 4:30pm - Frankfort-Schuyler @ West Canada**

**Thu, Oct 17 - 4:30pm - Herkimer @ West Canada**

**Sat, Oct 19 - 11am - Hamilton @ West Canada**

## Girls & Boys Varsity Cross Country

**Wed, Sep 11 - 4:30pm - Away @ Adirondack**

**Wed, Sep 18 - 4:30pm - Away @ Herkimer**

**Wed, Sept 25 - 4:30pm - Away @ Poland**

**Wed, Oct 2 - TBD - Away @ Westmoreland**

**Wed, Oct 9 - 4:30pm - Home**

**Sat, Oct 19 - 10am - Away @ Canastota**

## Girls Swimming/Diving

**Thu, Sep 5 - 5pm - Holland Patent @ West Canada**

**Tue, Sep 10 - 4:30pm - West Canada @ Adirondack**

**Thu, Sep 12 - 5pm - Rome Free Academy @ West Canada**

**Thu, Sep 19 - 5pm - Cooperstown @ West Canada**

**Tue, Sep 24 - TBD - West Canada @ Utica (Proctor)**

**Thu, Sep 26 - 5pm - West Canada @ Whitesboro**

**Tue, Oct 1 - 4:30pm - West Canada @ Holland Patent**

**Thu, Oct 3 - 5pm - Adirondack @ West Canada**

**Tue, Oct 8 - 5pm - West Canada @ Skaneateles (at Rome Free Academy)**

**Tue, Oct 15 - 5pm - West Canada @ Cooperstown**

**Thu, Oct 17 - 4:30pm - Utica (Proctor) @ West Canada**

**Fri, Oct 18 - 5pm - West Canada @ South Lewis**

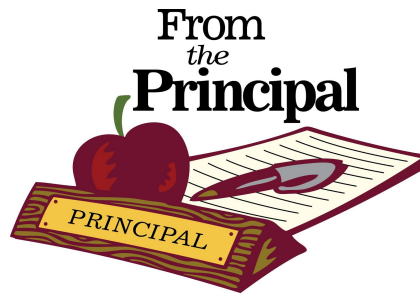
**Tue, Oct 22 - 5pm - Whitesboro @ West Canada**

**Fri, Oct 25 - TBD - Swim Championships @ TBD**



Download the Schedule Galaxy App  
on your mobile phone!

# WCV Elementary Highlights



Dear Parents and Students,

Welcome back to the 2019-2020 school year! The teachers have been working hard all summer preparing for the opening of school. They are very excited to meet their new students and welcome them to their classrooms. As always, our goal is to work collaboratively with parents, families and community members to create an environment that is safe and enjoyable for all students. Please don't hesitate to call me at 845-6800 with questions or concerns. If you need assistance with school supplies, please contact me directly. All calls and emails will be kept confidential. We look forward to a wonderful and productive school year!

Sincerely,  
Correne M. Holmes  
Elementary Principal

## Opening School and Morning Program

The first day of school for all students is Thursday, September 5th. We will begin our morning program for K-2 students on Monday, September 9th. As always, parents are encouraged to attend our morning program as frequently as possible. It is a great way to start your day and we love to have parents participate in school events. We look forward to seeing you there!

## Parent, Teacher Conferences

Our Fall Parent Teacher Conferences will take place on November 25th and 26th. These dates will be half days for elementary students. We appreciate parents taking time to visit and discuss their children's education.

# WCV Elementary Highlights

## Open House/Title I Meeting

Open House will be held on Thursday, September 12th. Open House is an opportunity for parents to meet the teachers and learn about classroom expectations and procedures. Parents and students are welcome to visit classrooms from 6-7pm. Our literacy specialists will be doing a Title I presentation for parents starting at 6:30pm. The meeting will only take about fifteen minutes. The purpose of the meeting is to provide parents with information regarding our Title I funded Response to Intervention (RTI) Program. Both of our literacy specialists will be available to answer any questions you may have.



## Kindergarten Visitation Day

Parents/guardians of kindergarten students are invited to attend our Kindergarten Visitation Day on Thursday, September 5th to meet the WCV staff and learn about our school policies and programs. Please see the agenda below and call us at 315-845-6800 if you have any questions.



<b>8:45 - 9:00</b>	Sign In (Table Near Cafeteria)
<b>9:00-9:30</b>	Informational Session (Cafeteria)
<b>9:30-10:00</b>	Classroom Visitation
<b>10:00-10:30</b>	Bus Ride (Parents/Guardians included)
<b>10:30-10:40</b>	Buses Return to WCV, students enter the building with their teachers to start Kindergarten!

## WCV Unity Challenge 2019

The annual WCV Unity Challenge was a huge success. Students wore t-shirts designed by a team of 6th graders and purchased with monetary donations from parents, local businesses and the WCV PTO. We are very thankful for all of our community volunteers! Thank you to the Kuyahoorra Kickers, 4H Merry Moos, the Class of 2020 and National Honor Society who all helped make the day special. Stewart's Ice Cream Shoppe donated ice cream that was enjoyed by all. Representatives from the Mohawk Valley Diamond Dawgs were incredibly helpful and ran the obstacle course several times.. The highlight was when everyone received their own packet of colored powder to celebrate. The annual WCV Unity Challenge continues to be one of our greatest events, bringing our school and community together, we look forward to next year.

# Middle & High School Highlights

## Message from the Principal

As we begin to approach the new school year I wanted to fill you in on several items we are working on for the upcoming school year in the Middle/High School.

First, our identification as a CSI school this past year resulted in an in-depth look into our current practices by several New York State Educational Improvement Specialists. This review has guided our focus in the creation of two different school improvement plans. A committee consisting of teachers, parents, students, and administrators created two different improvement plans; one for the Middle/High School (7-12) and one for the district (K-12). The committee has met over the course of the summer and the final plans will be submitted to the state at the end of the summer. Once the plans have been approved, we will post the plans to our website. If approved, the plans will result in a focus from the Middle/High School to improve multiple areas including, but not limited to, instructional practices, mental health awareness, student support, and parent communication. You will also see a stronger partnership between the elementary school and the middle/high school as many of these goals span the needs of all age levels in our district. In the end, the goals and areas of focus in these plans will lead to a stronger and a more educationally sound West Canada Valley. Although this has been a difficult and sometimes uncomfortable process, I firmly believe that we will be a better school because of it.

Second, the middle/high school will have multiple new teachers beginning in September. We will have new staff members in physical education, technology, and science departments. I hope you will join me in welcoming them to our school and ensure that they are fully supported from day one. I am excited to work closely with our new staff to ensure that the transition for our new teachers is a successful one.

Thirdly, technology continues to influence our daily lives and no one is more affected than our students. I will continue to ask that you help us here at school to minimize the distractions of communication devices by considering keeping your student's cell phone at home during school hours or having your student turn them off upon arrival. All student devices should be used strictly for educational purposes and any infraction of the Code of Conduct in misuse of a communication/electronic device during or after-school hours that affects the educational environment will be dealt with accordingly. I ask for parent and community support to continue to teach our students how to appropriately use these devices, especially during the school day.

Lastly, I am hoping that we can continue to strengthen the partnership between school and home. Although we may not always agree on issues that arise throughout the year, we need to continue to stress to our students that the school and the home are on the same "team." Working together and not against each other, we can ensure that the student's immediate and long-term needs and goals are met with success. As always, I look forward to another year of wonderful things here at the West Canada Valley Middle/High School.

Sincerely,

J.Kozak, MS/HS Principal West Canada Valley CSD



## 2019-2020 School Supplies List

Please check the Middle/High School Webpage at [www.westcanada.org](http://www.westcanada.org) to view the 2019-2020 supply list.

## Upcoming Important Dates

Tuesday, September 25 - School Pictures  
Thursday, September 27 - Open House at 6:30pm

# Middle & High School Highlights

## National Honor Society Inductees

During the annual West Canada Valley Honors Banquet in June, the National Senior and Junior Honor Societies welcomed new members. In order to be considered a candidate for honor society students must display the attributes of leadership, scholarship, service, character, and citizenship as well as maintain a cumulative GPA of 88% or higher.

### Junior National Honor Society

#### 8th Grade

Annabelle Allen	Hailey Haynes-Davis
Klohie Bolton	Paige McNamara
Isabella Borden	Aidan Monahan
Benjamin Conover	Erica Morse
Aurora Davis	Erin Scanlon
Rebecca Elwood	Brayden Shepardson
Erin Gorinshek	Kiersten Usyk
Joshua Grabowski	

#### 9th Grade

Tyler Barnes	Jordyn Kuzontkoski
Sydney Kinsella	Gianna Rutherford



### Senior National Honor Society

#### 10th Grade

Maggie Burdick	Caden Ludwig
Catherine Christensen	William Maxwell
Adia Clarke	Hunter McGivern
Jenna DeSantis	Shea McEvoy
Connar Dibble	Iris Pellani
Kolten Farber	Andre Soron
Victoria Grann	
Jessica Lindsay	

#### 11th Grade

Zachary Zbytniewski

#### 12th Grade

Aleeshea Tyson  
Kaylin Gee



**NATIONAL  
HONOR SOCIETY**  
CHARACTER • SCHOLARSHIP • LEADERSHIP • SERVICE



# Guidance Department Highlights

## 7th Grade and New Student Orientation

7th grade / new student orientation offers information on academic requirements, schedule information, and testing information. Students will also have the opportunity to tour the middle/high school. 7th grade and new students and their parents/guardians are encouraged to attend.

7th Grade and New Student Orientation	
<b>Date/Time:</b>	Tuesday, August 27, 2019 at 6:00pm
<b>Location:</b>	WCV High School Auditorium

## ASVAB Career Exploration and Military Entrance Exam

The ASVAB exam can be used as either a Military Entrance Exam or as a tool for career exploration. Please note that WCV **does not** release scores to the military. Students are responsible for providing their scores to recruiters, if applicable. Students interested in taking the ASVAB Exam must sign up in the guidance office. The test takes about three hours to complete and is available to students age 16 and older. For students entering the military, the test must be taken within two years of the time of admission.

ASVAB Exam	
<b>Date/Time:</b>	Wednesday, October 9, 2019 at 8 AM
<b>Location:</b>	West Canada Valley CSD

### Fall SAT Dates (visit [collegeboard.org](http://collegeboard.org) to register)

Test Date	Registration Deadline	Late Registration Deadline
August 24, 2019	July 26, 2019	August 13, 2019
October 5, 2019	September 6, 2019	September 24, 2019
November 2, 2019	October 3, 2019	October 15, 2019
December 7, 2019	November 8, 2019	November 19, 2019

### Fall ACT Dates (visit [act.org](http://act.org) to register)

Test Date	Registration Deadline	Late Registration Deadline
September 14, 2019	August 16, 2019	August 30, 2019
October 26, 2019	September 20, 2019	October 4, 2019
December 14, 2019	November 8, 2019	November 22, 2019

### Fall PSAT

The PSAT will take place Wednesday, October 16, 2019 at WCV and is available to all juniors and several sophomores. Students will receive test guides early in the fall semester.

### NCAA Student Athletes

Any students planning on playing a Division I or II sport in college MUST qualify in order to be eligible. Students are urged to check with intended colleges as well as check out all information at [www.ncaa.org](http://www.ncaa.org). Students must register online through the Eligibility Center at this site as well. It is highly recommended that this eligibility registration process be handled PRIOR to entering a student's senior year in high school. Speak with your counselor regarding eligibility and core course requirements.

### Financial Aid

Seniors applying to colleges this fall for enrollment in 2020-21 can complete a FAFSA (Free Application for Federal Student Aid) beginning October 1, 2019 ([www.fafsa.ed.gov](http://www.fafsa.ed.gov)). Some seniors may be required to complete a second financial aid form called a CSS Profile. Check with your intended colleges to see if this additional form is required. The CSS Profile can be completed beginning October 1, 2019 at [collegeboard.org](http://collegeboard.org).

### College Now

Representatives from Herkimer College will visit WCV on Wednesday, September 18, 2019 at 10:00am. Students taking a College Now course are to submit their registration paperwork at that time in order to earn college credit. There is no cost for College Now courses.

### Notice to Parents - Release of Information

Recent federal legislation requires the school district to give United States Armed Forces recruiters the same access to secondary students as we generally provide to post-secondary schools and prospective employers. The law also requires that we give military recruiters the names, addresses and telephone listings of secondary students upon request, unless the student or parent/guardian has requested that such information not be released without prior written parental/guardian consent.

The purpose of this notice is to inform you that you have the right to request that the school district not release the name, address, and telephone listing of your child to military recruiters without your prior written consent. If this is your desire, please request a form in the main office.

You should know that the school district's procedure on the Family Educational Rights and Privacy Act (FERPA) policy includes a student's name, address, phone number, date of birth, photograph, participation in officially recognized sports and activities, heights and weights of athletes, awards received, and similar information. Under this law, the information may be released without prior parental consent to third parties, including military recruiters, upon request. To prevent this information from being provided to third parties, you will need to submit a separate request to the school district asking that information regarding your child not be included in the school district's directory information. If you make such a request, no directory information will be released with respect to your child unless you provide specific consent for the same.

**Mrs. Rebecca Wood (A-K)**

[rwood@westcanada.org](mailto:rwood@westcanada.org)

**Mrs. Kady Conklin (L-Z)**

[kconklin@westcanada.org](mailto:kconklin@westcanada.org)

West Canada Valley Central School District is excited to announce the creation of a new program. WCV students will have the opportunity to take agriculture courses this fall. Agriculture is the largest industry and job market in New York State. New advancements in science and technology often stem from agriculture research. Students will be engaged in school and community projects in and out of the classroom. Courses will include:

**Animal Science**  
**Horticulture (plant science)**  
**Agriculture, Power and Technology**  
**Small Animal Care**  
**Precision Agriculture**  
**Environmental Technology**  
**8th Grade Intro to Agriculture**

Coursework and projects will be extended beyond the classroom with FFA. Students who join FFA will not only work on community projects, they will have opportunities to step up in leadership roles, compete in Career and Leadership Development Events, complete Supervised Agricultural Experience projects and participate in state conferences.

We are looking for students to step up and join FFA. This new and exciting opportunity is just the start. West Canada Valley hopes to create a program to benefit students, staff and the community.

If you would like more information please visit the National website at <https://www.ffa.org/> or the New York State FFA website at <http://www.nysffa.org/>.

If you have questions regarding the Agriculture Program or FFA at West Canada Valley please contact **Mrs. Kiley Treen** at [ktreen@westcanada.org](mailto:ktreen@westcanada.org).

# Agriculture Program News



## Coming this Fall!!!

November 7<sup>th</sup>, 8<sup>th</sup>, & 9<sup>th</sup>  
**WCV Auditorium, 7pm**

## Winter Concerts



**High School**  
 Tuesday, December 10<sup>th</sup>  
 Junior and Senior  
 Choruses and Bands  
 7pm

**Elementary**  
 Tuesday, December 17<sup>th</sup>  
 3<sup>rd</sup> & 4<sup>th</sup> Grades - 6pm  
 Elementary Band and  
 Chorus - 7pm

## Asbestos Management Plan

Federal regulations require that schools be inspected for the presence of asbestos, a toxic material that has been used in the construction industry for a number of years. Our District schools have been inspected for asbestos containing materials and the results of the inspections are contained in the Asbestos Management Plan.

The Asbestos Management Plan is available for review during regular business hours at the school district office. A copy of the Asbestos Management Plan will be made available upon request for a nominal fee to cover the cost of copying and handling.

For more details regarding the Asbestos Management Plan and the specific abatement decisions please contact Kelley Crossett at 845-6800, extension 3384.

## Lead Contamination Control Act

The Lead Contamination Control Act (LCCA) of 1988 passed on October 31, 1988, requires local educational agencies to test for and remedy lead contamination in drinking water from water coolers and other sources of lead in the school setting.

In cooperation with the mandates of the LCCA, the West Canada Valley Central School District has initiated a testing program of the water coolers and other drinking water source locations in the school. The analysis of the samples and any remediation measures necessary to bring the recommended lead level to less than 20 pp/b is complete and the results are available for your review at the following location:

West Canada Valley Middle-High School  
5447 State Route 28, Newport, New York

If you have any questions regarding the testing program instituted by our school and the results of the analysis of the samples, please contact Felix Ray at 845-6800, extension 3401.

## Pesticide Spraying

During the school year, we are no longer allowed to spray pesticides on our playgrounds or ball fields unless the board declares an emergency situation. In the unlikely event that this should happen, schools are required to maintain a list of staff and parents who wish to receive notification on any pesticide application, 48 hours prior to the application. If you are interested in being on the list, please fill out the form below and return it to your child's teacher. You will be asked at the beginning of each school year as to whether you would like to be included on the list. If you have any questions, please contact Shelly Maxwell, Pesticide Representative at 845-6800, extension 3404.

I am the Parent or Guardian of: \_\_\_\_\_

WCVCS Grade: \_\_\_\_\_

Teacher: \_\_\_\_\_

Parent or Guardian Signature: \_\_\_\_\_

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# Transportation Department News

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I would like to start with welcoming everyone back to another school year here at WCV. The same as the past few years we will not be printing the bus schedule times; If you have a question on your children's bus times please call the bus garage. Listed below are a few reminders that help us here in the transportation department.

1. Everyone should have received an updated pick up and drop off procedure in the mail. Please be certain to fill out and return the transportation form, a copy off the form can be found on the district web site. **PHONE CALLS/ EMAILS WILL NOT BE ACCEPTED.**
2. Have a new phone number? Please contact the school so we can update our files. In the event of an emergency situation current phone numbers are very important.
3. Please make sure someone is home for elementary students when the bus arrives in the afternoon.
4. Bus discipline issues are serious. Do not hesitate to contact either the Principal or myself with your concerns.
5. Please refrain from the practice of following a bus to take a child off, or let a child get on the bus. It can be very dangerous when students walk along the side of a bus and the driver is unaware.
6. My bus is early...My bus is late....The first week of school can be frustrating for all. As the first few days of school pass the bus runs will settle down to actual times and should run within plus or minus 5 minutes weather permitting.
7. State law: Never pass a stopped school bus that has its red lights flashing. This law applies in the school yard as well. Violators will be prosecuted.

Thank You,  
Felix Ray  
Transportation Supervisor  
fray@westcanada.org

School phone number: 315 845-6800  
Elementary office: Ext 1100  
High School office: Ext 3100  
Transportation Department: Ext 3401



## Cafeteria Corner

It will be so good to see your child(ren) again in September!

Your Child Nutrition Program's primary goal is to offer our student(s) healthy meals at a reasonable price.

We will be keeping our meal and milk prices unchanged for the 2019-2020 year. Breakfast will be \$1.35 and lunch \$2.55. Milk is \$.60. Please note that all account balances were carried over and **negative ones still need to be paid.**

The Free and Reduced Meals may help ease a burden for your family. A new application **MUST** be filled out each year. New this year due to an increase in school meals state funding...all APPROVED REDUCED students' meals will be at \$0 cost. But you **must** fill out an application!! Please send this in by the end of September to ensure no lapse of benefits if you were free or reduced last year.

Remember to take advantage of the on-line payment option that we have available through Nutrikids. Even if you do NOT use the payment part, once you set up your household you will have access to the daily activity in your student(s) meal account. Just go to [myschoolbucks.com](http://myschoolbucks.com) and follow the steps. You will need your child(ren)'s 9 digit account number. Please email or call me if you need it.

Please take note that students are only allowed to charge reimbursable lunches on their account. **No seconds, milk, ice cream or ala carte items can be charged at all.** The Child Nutrition Program is self-sufficient and is not supported by local taxes. Thank you in advance for understanding the need for the charging limits. If you have a question about an account, please call or email me.

When you send money for your child(ren), please note if the money is for meals only, milk break or on account. This will help us put the money in the appropriate location. When sending in milk break money, please keep it separate from lunch money as the teachers handle that. When the money is placed "on account" it means the student can use the money for snacks, second meals, etc. Also, put the student's name on the check or envelope. You can imagine how hard it is when that is not done! We can also put restrictions on the account if you feel that is needed and they carry over from year to year. Please call and we can talk about it.

I am thrilled for another wonderful year with your child(ren) and welcome your questions, concerns and suggestions any time throughout the year.

Sincerely,  
Mrs. Joanne VanAernam

## Letter to Parents for School Meal Programs

Dear Parent/Guardian:

Children need healthy meals to learn. West Canada Valley CSD offers healthy meals every school day. Meal prices are not increasing. Breakfast costs **\$1.35**; lunch costs **\$2.55**. Your children may qualify for free meals or for reduced price meals. **Beginning July 1, 2019, students in New York State that are approved for reduced price meals will receive breakfast and lunch meals at no charge.**

1. DO I NEED TO FILL OUT AN APPLICATION FOR EACH CHILD? No. Complete the application to apply for free or reduced price meals. *Use one Free and Reduced Price School Meals Application for all students in your household.* We cannot approve an application that is not complete, so be sure to fill out all required information. Return the completed application to: Mrs. Joanne VanAERNAM, PO BOX 360, NEWPORT, NY 13416. CALL IF YOU NEED ANY HELP...(315) 845-6800 X 3360.
2. WHO CAN GET FREE MEALS? All children in households receiving benefits from **SNAP, the Food Distribution Program on Indian Reservations** or **TANF**, can get free meals regardless of your income. Categorical eligibility for free meal benefits is extended to all children in a household when the application lists an Assistance Program's case number for any household member. Also, your children can get free meals if your household's gross income is within the free limits on the Federal Income Eligibility Guidelines. Households with children who are categorically eligible through an Other Source Categorically Eligible designation, as defined by law, may be eligible for free benefits and should contact the SFA for assistance in receiving benefits.
3. CAN FOSTER CHILDREN GET FREE MEALS? Yes, foster children that are under the legal responsibility of a foster care agency or court, are eligible for free meals. Any foster child in the household is eligible for free meals regardless of income. Foster children may also be included as a member of the foster family if the foster family chooses to also apply for benefits for other children. Including children in foster care as household members may help other children in the household qualify for benefits. If non-foster children in a foster family are not eligible for free or reduced price meal benefits, an eligible foster child will still receive free benefits.
4. CAN HOMELESS, RUNAWAY, AND MIGRANT CHILDREN GET FREE MEALS? Yes, children who meet the definition of homeless, runaway, or migrant qualify for free meals. If you haven't been told your children will get free meals, please call or e-mail Mr. Ed Dougherty (315)845-6800 x3357 or edougherty@westcanada.org to see if they qualify.
5. WHO CAN GET REDUCED PRICE MEALS? Your children may be approved as reduced price eligible if your household income is within the reduced-price limits on the Federal Eligibility Income Chart, shown on this letter. Beginning July 1, 2019, students in New York State that are **approved** for reduced price meals will receive breakfast and lunch meals at no charge.
6. SHOULD I FILL OUT AN APPLICATION IF I RECEIVED A LETTER THIS SCHOOL YEAR SAYING MY CHILDREN ARE APPROVED FOR FREE MEALS? Please read the letter you got carefully and follow the instructions. Call the school at 315-845-6800 x3360 if you have questions.
7. MY CHILD'S APPLICATION WAS APPROVED LAST YEAR. DO I NEED TO FILL OUT ANOTHER ONE? Yes. Your child's application is only good for that school year and for up to the first 30 operating days of this school year. You must send in a new application unless the school told you that your child is eligible for the new school year.
8. I GET WIC. CAN MY CHILD(REN) GET FREE MEALS? Children in households participating in WIC may be eligible for free or reduced price meals. Please fill out a FREE/REDUCED PRICE MEAL application.
9. WILL THE INFORMATION I GIVE BE CHECKED? Yes and we may also ask you to send written proof.
10. IF I DON'T QUALIFY NOW, MAY I APPLY LATER? Yes, you may apply at any time during the school year. For example, children with a parent or guardian who becomes unemployed may become eligible for free and reduced price meals if the household income drops below the income limit.
11. WHAT IF I DISAGREE WITH THE SCHOOL'S DECISION ABOUT MY APPLICATION? You should talk to school officials. You also may ask for a hearing by calling or writing to: MS. KELLY CROSSETT, BUSINESS MANAGER, 315-845-6800 X 3384.
12. MAY I APPLY IF SOMEONE IN MY HOUSEHOLD IS NOT A U.S. CITIZEN? Yes. You or your child(ren) do not have to be U.S. citizens to qualify for free or reduced price meals.
13. WHO SHOULD I INCLUDE AS MEMBERS OF MY HOUSEHOLD? You must include all people living in your household, related or not (such as grandparents, other relatives, or friends) who share income and expenses. You must include yourself and all children living with you. If you live with other people who are economically independent (for example, people who you do not support, who do not share income with you or your children, and who pay a pro-rated share of expenses), do not include them.
14. WHAT IF MY INCOME IS NOT ALWAYS THE SAME? List the amount that you normally receive. For example, if you normally make \$1000 each month, but you missed some work last month and only made \$900, put down that you made \$1000 per month. If you normally get overtime, include it, but do not include it if you only work overtime sometimes. If you have lost a job or had your hours or wages reduced, use your current income.
15. WE ARE IN THE MILITARY. DO WE INCLUDE OUR HOUSING ALLOWANCE AS INCOME? If you get an off-base housing allowance, it must be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income.
16. MY SPOUSE IS DEPLOYED TO A COMBAT ZONE. IS HER COMBAT PAY COUNTED AS INCOME? No, if the combat pay is received in addition to her basic pay because of her deployment and it wasn't received before she was deployed, combat pay is not counted as income. Contact your school for more information.

17. MY FAMILY NEEDS MORE HELP. ARE THERE OTHER PROGRAMS WE MIGHT APPLY FOR? To find out how to apply for **SNAP** or other assistance benefits, contact your local assistance office or call **1-800-342-3009**.

**2019-2020 INCOME ELIGIBILITY GUIDELINES  
FOR FREE AND REDUCED PRICE MEALS OR FREE MILK**

REDUCED PRICE ELIGIBILITY INCOME CHART

Total Family Size	Annual	Monthly	Twice per Month	Every Two Weeks	Weekly
1	\$ 23,107	\$ 1,926	\$ 963	\$ 889	\$ 445
2	\$ 31,284	\$ 2,607	\$ 1,304	\$ 1,204	\$ 602
3	\$ 39,461	\$ 3,289	\$ 1,645	\$ 1,518	\$ 759
4	\$ 47,638	\$ 3,970	\$ 1,985	\$ 1,833	\$ 917
5	\$ 55,815	\$ 4,652	\$ 2,326	\$ 2,147	\$ 1,074
6	\$ 63,992	\$ 5,333	\$ 2,667	\$ 2,462	\$ 1,231
7	\$ 72,169	\$ 6,015	\$ 3,008	\$ 2,776	\$ 1,388
8	\$ 80,346	\$ 6,696	\$ 3,348	\$ 3,091	\$ 1,546
*Each Add'l person add	\$ 8,177	\$ 682	\$ 341	\$ 315	\$ 158

**How to Apply:** To get free or reduced price meals for your children carefully complete one application following the instructions for your household and return it to the designated office listed on the application. If you now receive SNAP, Temporary Assistance to Needy Families (TANF) for any children or participate in the Food Distribution Program on Indian Reservations (FDPIR), the application must include the children's names, the household SNAP, TANF or FDPIR case number and the signature of an adult household member. All children should be listed on the same application. If you do not list a SNAP, TANF or FDPIR case number for any household member, the application must include the names of everyone in the household, the amount of income each household member, and how often it is received and where it comes from. It must include the signature of an adult household member and the last four digits of that adult's social security number, or check the box if the adult does not have a social security number. **An application for free and reduced price benefits cannot be approved unless complete eligibility information is submitted, as indicated on the application and in the instructions.** Contact your local Department of Social Services for your SNAP or TANF case number or complete the income portion of the application. No application is necessary if the household was notified by the SFA their children have been directly certified. If the household is not sure if their children have been directly certified, the household should contact the school.

**Reporting Changes:** The benefits that you are approved for at the time of application are effective for the entire school year and up to 30 operating days into the new school year (or until a new eligibility determination is made, whichever comes first). You no longer need to report changes for an increase in income or decrease in household size, or if you no longer receive SNAP.

**Income Exclusions:** The value of any child care provided or arranged, or any amount received as payment for such child care or reimbursement for costs incurred for such care under the Child Care Development (Block Grant) Fund should not be considered as income for this program.

**Reduced Price Eligible Students: Beginning July 1, 2019, students in New York State that are approved for reduced price meals will receive breakfast and lunch meals at no charge.**

In the operation of child feeding programs, no child will be discriminated against because of race, sex, color, national origin, age or disability

**Meal Service to Children With Disabilities:** Federal regulations require schools and institutions to serve meals at no extra charge to children with a disability which may restrict their diet. A student with a disability is defined in 7CFR Part 15b.3 of Federal regulations, as one who has a physical or mental impairment which substantially limits one or more major life activities of such individual, a record of such an impairment or being regarded as having such an impairment. Major life activities include but are not limited to: functions such as caring for one's self, performing manual tasks, seeing, hearing, eating, sleeping, walking, standing, lifting, bending, speaking, breathing, learning, reading, concentrating, thinking, communicating, and working. You must request meal modifications from the school and provide the school with medical statement from a State licensed healthcare professional. If you believe your child needs substitutions because of a disability, please get in touch with us for further information, as there is specific information that the medical statement must contain.

**Confidentiality:** The United States Department of Agriculture has approved the release of students names and eligibility status, without parent/guardian consent, to persons directly connected with the administration or enforcement of federal education programs such as Title I and the National Assessment of Educational Progress (NAEP), which are United States Department of Education programs used to determine areas such as the allocation of funds to schools, to evaluate socioeconomic status of the school's attendance area, and to assess educational progress. Information may also be released to State health or State education programs administered by the State agency or local education agency, provided the State or local education agency administers the program, and federal State or local nutrition programs similar to the National School Lunch



Program. Additionally, all information contained in the free and reduced price application may be released to persons directly connected with the administration or enforcement of programs authorized under the National School Lunch Act (NSLA) or Child Nutrition Act (CNA); including the National School Lunch and School Breakfast Programs, the Special Milk Program, the Child and Adult Care Food Program, Summer Food Service Program and the Special Supplemental Nutrition Program for Women Infants and Children (WIC); the Comptroller General of the United States for audit purposes, and federal, State or local law enforcement officials investigating alleged violation of the programs under the NSLA or CNA.

**Reapplication:** You may apply for benefits any time during the school year. Also, if you are not eligible now, but during the school year become unemployed, have a decrease in household income, or an increase in family size you may request and complete an application at that time.

The disclosure of eligibility information not specifically authorized by the NSLA requires a written consent statement from the parent/guardian. We will let you know when your application is approved or denied.

Sincerely,  
*Joanne VanAernam*

Mrs. Joanne VanAernam  
Food Service Director

**Nondiscrimination Statement:** This explains what to do if you believe you have been treated unfairly.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](http://www.ascr.usda.gov/complaint_filing_cust.html), (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

This institution is an equal opportunity provider.

**2019-2020 Application for Free and Reduced Price School Meals/Milk**

To apply for free and reduced price meals for your children, read the instructions on the back, complete **only one** form for your household, sign your name and **return it to the address listed below**. Call Mrs. Joanne VanAernam at 315-845-6800 x 3360, if you need help. Additional names may be listed on a separate paper.

**Return Completed Applications to:** **West Canada Valley CSD**  
 5447 State Route 28, PO Box 360  
 Newport, NY 13416

1. List all children in your household who attend school:

Student Name	School	Grade/Teacher	Foster Child	Homeless Migrant, Runaway
			<input type="checkbox"/>	<input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>
			<input type="checkbox"/>	<input type="checkbox"/>

2. SNAP/TANF/FDPIR Benefits:

If anyone in your household receives either SNAP, TANF or FDPIR benefits, list their name and CASE # here. **Skip to Part 4, and sign the application.**

Name: \_\_\_\_\_ CASE #: \_\_\_\_\_

3. Report all income for ALL Household Members (Skip this step if you answered 'yes' to step 2)

**All Household Members (including yourself and all children that have income).**

List all Household members not listed in Step 1 (including yourself) **even if they do not receive income**. For each Household Member listed, if they do receive income, report total income for each source in whole dollars only. If they do not receive income from any other source, write '0'. If you enter '0' or leave any fields blank, you are certifying (promising) that there is no income to report.

Name of household member	Earnings from work before deductions <i>Amount / How Often</i>	Child Support, Alimony <i>Amount / How Often</i>	Pensions, Retirement Payments <i>Amount / How Often</i>	Other Income, Social Security <i>Amount / How Often</i>	No Income
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	<input type="checkbox"/>
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	<input type="checkbox"/>
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	<input type="checkbox"/>
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	<input type="checkbox"/>
	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	<input type="checkbox"/>

Total Household Members (Children and Adults)

\*Last Four Digits of Social Security Number: XXX-XX-\_\_ \_\_ \_\_ \_\_

I do not have a SS#

\*When completing section 3, an adult household member must provide the last four digits of their Social Security Number (SS#), or mark the "I do not have a SS# box" before the application can be approved.

4. Signature: An adult household member must sign this application before it can be approved.

I certify (promise) that all the information on this application is true and that all income is reported. I understand that the information is being given so the school will get federal funds; the school officials may verify the information and if I purposely give false information, I may be prosecuted under applicable State and federal laws, and my children may lose meal benefits.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Email Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Home Address: \_\_\_\_\_

5. Ethnicity and Race are optional; responding to this section does not affect your children's eligibility for free or reduced price meals.

Ethnicity:  Hispanic or Latino  Not Hispanic or Latino

Race (Check one or more) :  American Indian or Alaskan Native  Asian  Black or African American  Native Hawaiian or Other Pacific Island  White

**DO NOT WRITE BELOW THIS LINE – FOR SCHOOL USE ONLY**

**Annual Income Conversion (Only convert when multiple income frequencies are reported on application)**  
 Weekly X 52; Every Two Weeks (bi-weekly) X 26; Twice Per Month X 24; Monthly X 12

SNAP/TANF/Foster  
 Income Household: Total Household Income/How Often: \_\_\_\_\_ / \_\_\_\_\_ Household Size: \_\_\_\_\_  
 Free Meals  Reduced Price Meals  Denied/Paid  
 Signature of Reviewing Official \_\_\_\_\_ Date Notice Sent: \_\_\_\_\_

## APPLICATION INSTRUCTIONS

To apply for free and reduced price meals, complete only one application for your household using the instructions below. Sign the application and return the application to Mrs. Joanne VanAernam, PO Box 360, Newport, NY 13416.

If you have a foster child in your household, you may include them on your application. A separate application is not needed. Call the school if you need help: 315-845-6800 x 3360. Ensure that all information is provided. Failure to do so may result in denial of benefits for your child or unnecessary delay in approving your application.

### **PART 1 ALL HOUSEHOLDS MUST COMPLETE STUDENT INFORMATION. DO NOT FILL OUT MORE THAN ONE APPLICATION FOR YOUR HOUSEHOLD.**

- (1) Print the names of the children, including foster children, for whom you are applying on one application.
- (2) List their grade and school.
- (3) Check the box to indicate a foster child living in your household, or if you believe any child meets the description for homeless, migrant, runaway (a school staff will confirm this eligibility).

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### **PART 2 HOUSEHOLDS GETTING SNAP, TANF OR FDPIR SHOULD COMPLETE PART 2 AND SIGN PART 4.**

- (1) List a current SNAP, TANF or FDPIR (Food Distribution Program on Indian Reservations) case number of anyone living in your household. The case number is provided on your benefit letter.
- (2) An adult household member must sign the application in PART 4. SKIP PART 3. Do not list names of household members or income if you list a SNAP case number, TANF or FDPIR number.

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### **PART 3 ALL OTHER HOUSEHOLDS MUST COMPLETE THESE PARTS AND ALL OF PART 4.**

- (1) Write the names of everyone in your household, whether or not they get income. Include yourself, the children you are applying for, all other children, your spouse, grandparents, and other related and unrelated people in your household. Use another piece of paper if you need more space.
- (2) Write the amount of current income each household member receives, before taxes or anything else is taken out, and indicate where it came from, such as earnings, welfare, pensions and other income. If the current income was more or less than usual, write that person's usual income. **Specify how often this income amount is received: weekly, every other week (bi-weekly), 2 x per month, monthly. If no income, check the box.** The value of any child care provided or arranged, or any amount received as payment for such child care or reimbursement for costs incurred for such care under the Child Care and Development Block Grant, TANF and At Risk Child Care Programs should **not** be considered as income for this program.
- (3) Enter the total number of household members in the box provided. This number should include all adults and children in the household and should reflect the members listed in PART 1 and PART 3.
- (4) The application must include the last four digits only of the social security number of the adult who signs **PART 4** if Part 3 is completed. If the adult does not have a social security number, check the box. **If you listed a SNAP, TANF or FDPIR number, a social security number is not needed.**
- (5) An adult household member must sign the application in PART 4.

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**OTHER BENEFITS:** Your child may be eligible for benefits such as Medicaid or Children's Health Insurance Program (CHIP). To determine if your child is eligible, program officials need information from your free and reduced price meal application. Your written consent is required before any information may be released. Please refer to the attached parent Disclosure Letter and Consent Statement for information about other benefits.

### **USE OF INFORMATION STATEMENT**

Use of Information Statement: The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not submit all needed information, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the primary wage earner or other adult household member who signs the application. The social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs.

We may share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

### **DISCRIMINATION COMPLAINTS**

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](http://www.ascr.usda.gov/complaint_filing_cust.html), (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).  
This institution is an equal opportunity provider.

**BREAKFAST**

**SEPTEMBER 2019**  
West Canada Valley CSD

School Information: Remember a **NEW** Free/Reduced application **MUST** be filled out **EACH** year...get yours in now!!  
Full Price Breakfast is same as last year...\$1.35

**Monday**

**Make a Complete Breakfast**  
To qualify as a full breakfast you must take a fruit or vegetable and at least 3 total items.  
You may take up to 4 items!  
Pick an entrée and 1 or 2 DIFFERENT items....

**9**  
Mini-Waffles

**16**  
Pancake on a Stick

**23**  
Mini-Pancakes

**30**  
Cheese Omelet ½ Bagel

**Tuesday**

**Entrée Choices: 3**  
Yogurt or poptart...with crackers... or choose a hot entrée, breakfast bar, cereal, or w/g bagel. If you do not take a complete breakfast you will be charged ala carte pricing.

**10**  
Breakfast Pizza

**17**  
Frudels Apple Cherry

**24**  
Stuffed Bagel Strawberry Cinnamon

**Wednesday**

**Welcome Back! 14**  
Join us to start your day off the healthy way!!

**11**  
Cereal Bars: Cinn Tst Crunch Cocoa Puffs

**18**  
Breakfast Sandwich

**25**  
Breakfast Wrap

**Thursday**

**5**  
Mini-Pancakes

**12**  
Cheese Omelet ½ Bagel

**19**  
Mini-Cinni

**26**  
Baked Apple Stick

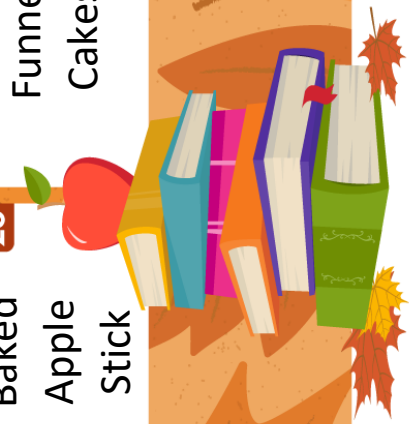
**Friday**

**6**  
Apple Sticks

**13**  
Cinnamon Rolls

**20**  
Mini-French Toast

**27**  
Funnel Cakes



MY SCHOOL BUCKS  
PAY FOR MEALS ONLINE  
MySchoolBucks.com



Full Priced: \$2.55  
 USDA is an equal opportunity  
 provider and employer  
 Menu subject to change

# SEPTEMBER 2019

## West Canada Valley Elementary School

### Monday

**Make a Complete Lunch!**  
 To qualify as a full lunch  
 you must take a fruit or vegetable  
 and at least 3 DIFFERENT items....  
 You may take up to 5 items!!

**9**  
 Chicken Nuggets  
 Seasoned Rice  
 Broccoli

**16**  
 Burger w/ Bacon  
 Sweet Potato Fries  
 Mixed Veggies

**23**  
 BBQ Rib  
 Oven Roasted Potatoes  
 Broccoli

**30**  
 Grilled Cheese Sandwich  
 Tomato Soup  
 Spinach Salad

### Tuesday

**Daily Choices:**  
**3**  
 Hot entrée, sandwich options,  
 salad plate, assorted fruits,  
 juices and milk choices.

**10**  
 Taco's  
 w/ beef & cheese and  
 toppings  
 Corn

**17**  
 Chicken Parm on a bun  
 Baked Beans  
 Spinach

**24**  
 Assorted Subs  
 Macaroni Salad  
 Carrot Sticks

### Wednesday

**4**  
**We are glad you  
 are back!!**

**11**  
 Oven Roasted Chicken  
 Tater Tots  
 Yellow Beans

**18**  
 Hot Dog  
 Shredded Pork Sandwich  
 Yellow Corn

**25**  
 Popcorn Chicken  
 French Fries  
 Stewed Tomatoes

### Thursday

**5**  
 Subs Your Way  
 Coleslaw, Cucumber Slices  
 Chips

**12**  
 Homemade Pizza  
 Garden Salad

**19**  
 Meatball Sub  
 Macaroni & Cheese  
 Peas

**26**  
 Assorted Pizza Choices  
 Tossed Salad

### Friday

**6**  
 BBQ Rib on bun  
 French Fries  
 Green Beans

**13**  
 Sloppy Joseph  
 Grilled Ham & Cheese Sand  
 Sweet Peas

**20**  
 Chicken Fajita w/ toppings  
 Green Beans

**27**  
 Breaded Chicken Tender  
 Wraps  
 w/ lettuce & tomatoes  
 Corn



**REMEMBER A NEW/FREE/REDUCED APPLICATION MUST BE FILED ASAP!!!**

It's in the newsletter, on-line or at each register in school. You can also request one to be sent home.....

Call 315-845-6800 Mrs. VanAernam or email at [jvanaernam@westcanada.org](mailto:jvanaernam@westcanada.org)

New this year: all APPROVED REDUCED STUDENTS will eat for free...paid by state funding.



Full Priced: \$2.55  
 USDA is an equal opportunity  
 provider and employer  
 Menu subject to change

# SEPTEMBER 2019

## West Canada Valley MS - HS

### Monday

**Make a Complete Lunch!**  
 To qualify as a full lunch  
 you must take a fruit or vegetable  
 and at least 3 DIFFERENT items....  
 You may take up to 5 items!!

**9**  
 Chicken Nuggets  
 Seasoned Rice  
 Broccoli  
 Dinner Roll

**16**  
 Burger w/ Bacon  
 Sweet Potato Fries  
 Mixed Veggies

**23**  
 BBQ Rib  
 Oven Roasted Potatoes  
 Broccoli

**30**  
 Grilled Cheese Sandwich  
 Tomato Soup  
 Spinach Salad

### Tuesday

**Daily Choices:**  
**3**  
 Hot entrée, sandwich options,  
 salad plate, assorted fruits,  
 juices and milk choices.

**10**  
 Taco's  
 w/ beef & cheese and  
 toppings  
 Corn

**17**  
 Chicken Parm on a bun  
 Baked Beans  
 Spinach

**24**  
 Assorted Subs  
 Macaroni Salad  
 Carrot Sticks

### Wednesday

**4**  
**We are glad you  
 are back!!**

**11**  
 Oven Roasted Chicken  
 Tater Tots  
 Yellow Beans

**18**  
 Hot Dog  
 Shredded Pork Sandwich  
 Yellow Corn

**25**  
 Popcorn Chicken  
 French Fries  
 Stewed Tomatoes  
 Dinner Roll

### Thursday

**5**  
 Subs Your Way  
 Coleslaw, Cucumber Slices  
 Chips

**12**  
 Homemade Pizza  
 Garden Salad

**19**  
 Meatball Sub  
 Macaroni & Cheese  
 Peas

**26**  
 Assorted Pizza Choices  
 Tossed Salad

### Friday

**6**  
 BBQ Rib on bun  
 French Fries  
 Green Beans

**13**  
 Sloppy Joseph  
 Grilled Ham & Cheese Sand  
 Sweet Peas

**20**  
 Chicken Fajita w/ toppings  
 Green Beans

**27**  
 Breaded Chicken Tender  
 Wraps  
 w/ lettuce & tomatoes  
 Corn



**REMEMBER A NEW FREE/REDUCED APPLICATION MUST BE FILED ASAP!!**

It's in the newsletter, on-line or at each register in school. You can also request one to be sent home....  
 Call 315-845-6800 M/s. VanAernam or email at [vanAernam@westcanada.org](mailto:vanAernam@westcanada.org)  
 New this year: all APPROVED REDUCED STUDENTS will eat for free...paid by state funding.

# WEST CANADA VALLEY CENTRAL SCHOOL

## 2019-2020 Academic Calendar

September 2019						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					
Students: 18 Staff: 20						

October 2019						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		
Students: 21 Staff: 22						

November 2019						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
Students: 17 Staff: 17						

December 2019						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				
Students: 15 Staff: 15						

January 2020						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	
Students: 21 Staff: 21						

February 2020						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
Students: 15 Staff: 15						

March 2020						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				
Students: 22 Staff: 22						

April 2020						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		
Students: 15 Staff: 15						

May 2020						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
Students: 18 Staff: 18						

June 2020						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				
Students: 19 Staff: 20						

Sept 2	Labor Day	Jan. 20	Martin Luther King Day
Sept 3-4	Supt. Conf. Days	Jan. 24	Regents Day: No School For MS/HS students Elem Dismissal 11:30 AM
Sept. 5	Classes Begin	Feb. 17-21	Mid-Winter Recess
Oct. 14	Columbus Day	March 20	Early Release Day Elem 11:30 HS 10:30
Oct. 25	Supt. Conf., Day	April 3-13	Spring Recess
Nov 1	Evacuation Drill Dismissal 10:30 HS/11:30 Elem	May 22-26	Memorial Day
Nov. 11	Veterans' Day (Observed)	June 26	Supt. Conf. Day
Nov. 25-26	Parent/Teacher Conf. (Elem Only) 11:30 Dismissal	June 27	Commencement
Nov. 27-29	Thanksgiving Recess	<b>Total Student Days 181</b>	
Dec. 23-Jan.1	Winter Recess	<b>Total Teacher Days 185</b>	

	School Not in Session
	Supt. Conf. /Early Release Days
	3-8 ELA/Math Assessments
	Emergency Evacuation Drill
	4 & 8 NYS Science (Written)
	Regents Examinations
	Parent/teacher Conf. Elem

**West Canada Valley  
Central School District  
5477 State Route 28  
P.O. Box 360  
Newport, NY 13416**



Non-Profit  
Organization  
U.S. Postage  
**PAID**  
Newport, NY  
Permit #5

**District Office**

Mr. DJ Shepardson  
Superintendent  
315-845-6800

Fax: 315-845-8652

**Business Office**

Kelley Crossett  
Business Manager

**Elementary School**

Mrs. Correne Holmes  
Principal

**Jr/Sr High School**

Mr. Jeremy Kozak  
Principal

\*\*\*\* ECRWSS \*\* B001

**Occupant**

**Middleville, NY 13406**

**Calendar**

**Sept 3 & 4** Superintendent's  
Conference Day

**Sept 5** First Day of School

**Oct 14** Columbus Day

**Oct 25** Superintendent's  
Conference Day

**Nov 1** Evacuation Drill Early  
Dismissal

**Nov 11** Veterans' Day  
Observed

**Nov 25 & 26** Elementary  
Parent/Teacher Conferences

**Nov 27-29** Thanksgiving  
Recess

Don't forget to check the West  
Canada Valley website for the  
most up to date information  
about sporting events,  
upcoming meetings, or current  
happenings at the school!

**Visit us at**  
**[www.westcanada.org](http://www.westcanada.org)**

