In this edition of the Social Emotional Wellness Newsletter you will find a variety of resources for the mental health needs that you and your family may have during the summer. These resources are not, by any means, the only resources available.

The Crisis Intervention & Prevention Team addresses mental health concerns, assists in the mission of suicide prevention, and creates a positive school environment for all students. **Team available during school year hours only**

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Texas Child Health Access Through Telemedicine (TCHATT), creates legislatively funded telemedicine programs for identifying and assessing mental health needs and providing access to mental health services in schools. It provides telemedicine or telehealth programs to help school districts identify and assess the behavioral health needs of children and adolescents, and provide access to mental health services. TCHATT is available through a partnership between The University of North Texas Health Science Center (UNTHSC) and John Peter Smith (JPS).

Resource Highlight

Share your concern with school’s designated TCHATT liaison (HEBISD’s Crisis Team).

We obtain your consent to submit referral to TCHATT and submit the referral directly to them.

TCHATT representatives call a parent or guardian directly to acquire consents and schedule.

They provide 4 free virtual sessions plus assessment as well as case management for longterm services

** Team is out of office between June 13th–July 17th**
Charlie Health is a virtual mental healthcare provider designed to treat young people (11-34) with high acuity mental health conditions. They create a personalized treatment plan for each student that includes curated groups, individual therapy, and family therapy, all with a focus on flexible scheduling for easy, convenient access. If you want to learn more about Charlie Health, you can fill out their form.

Counseling
- ACH Family Services (FREE)
- Ellie Mental Health - NRH
- Empathy HQ
- ChristianWorks - Counseling
- Youth Advocate Program (Medicaid Only)
- Meyer Counseling
- Therapy Works Counseling (Spanish)
- Lena Pope
- Starfish Counseling

IOP/PHP
- Basepoint Academy (12-17yo)
- Mind Above Matter (12yo & Up)
- Branches Excel Fort Worth (6-17yo)
- Charlie Health (11yo-27yo) ONLINE ONLY
- Mesa Springs (8yo-17yo)
- Connections Wellness Group (7yo & Up)

Inpatient
- Cook Children’s Behavioral Health (Ages 3-17) (828) 885-3917
- Mesa Springs Hospital (Ages 12 - Adult) (817) 952-5571
- Texas Health - Springwood (Ages 13 - Adult) 682-549-7961
- JPS - Trinity Springs (Ages 13 - Adult) (817) 702-3636
- Millwood Hospital (Ages 5-17) (817) 859-7074