EASTERN CARVER
COUNTY SCHOOLS

Digital Citizenship: Responsible Use of Technology

We are responsible users of technology.

Acceptable Use Policy

As stated in our student handbook, students in Eastern Carver County Schools (ECCS) agree to follow our Acceptable Use Policy (AUP) when using technology. The AUP tells us about proper technology and internet use, as well as guidance on digital citizenship. Our AUP helps our students use Chromebooks and the internet responsibly.

Students, teachers, and parents can work together to make sure we are following the guidelines of the Acceptable Use Policy.

[Click here](#) for the full Acceptable Use Policy

Do Not
*Post anything hurtful
*Cyberbully or disrupt learning
*Be distracted or distract others
*Take pictures/video of others without permission
*Share private information

Be Aware
*Think about how others will feel
*What you do is not private
*Used for learning purposes
*Access is a privilege not a right and can be taken away

Do
*Report anything inappropriate to your teacher or parent
*Use only teacher directed sites and resources
*Use technology to help your learning

BEFORE YOU

THINK!

T Is it **TRUE**?
H Is it **HELPFUL**?
I Is it **INSPIRING**?
N Is it **NECESSARY**?
K Is it **KIND**?

EASTERN CARVER COUNTY SCHOOLS
#ECCSCONNECTIONS

Think Before You Post

As part of our digital citizenship curriculum, we encourage our students to always 'Think Before You Post' using these questions:

Is it TRUE? Is it HELPFUL? Is it INSPIRING? Is it NECESSARY? Is it KIND?

Reviewing these questions before posting helps make good decisions while using social media and other technology tools.

Parents Tips for balancing media lives

One of the best things parents can do at home is to help their kids balance their media lives. With so many devices, kids can easily access shows, games, and information and it is easy to overdo it. Families can be mindful of media and tech by following a few simple practices:

1. Establish clear family rules and model the behavior you want to see.
2. Create screen-free times and zones.
3. Try parental controls (K-5) / Explore built-in digital well-being tools (6-12).
4. Watch and play together (K-5) / Understand how tech companies make money (6-12).
5. Help kids identify healthy behaviors.

Visit [ECCS Digital Citizenship](#) to learn more about digital citizenship in ECCS.