## MAKE THE BEST OF YOUR TIME IN HS.



# NORTHEASTERN HIGH SCHOOL OHSAA FALL PARENT MEETING





## FALL CLEAN UP DAY 7/31/21 9:00AM - NOON

- Weed Eat around all Stadiums
- Fix Softball Siding/Drip Edge
- Paint Baseball Dugout, fix d
- TRATISTO Find Football/Socce for field painting.
- Clean School
- Put runner
- AND MANY
- Shows great PRIDE in our school and our facilities.



## BOOSTERS

**President: Greg Kelly** 

Vice President: Jennifer Wagner

**Treasure: Betsy Baneck** 

Secretary: Clarissa Locke



## **BOOSTERS**

#### **BOOSTERS DO A LOT**

- Provide Financial Assistance to the Teams and Athletic Department
  - Uniforms
  - Practice equipment
  - Fees for events
- Organizes Concessions
- Stadium Upgrades
  - Scoreboard
- New school assistance (equipment, etc...)
- How do you become a Booster Member?
  - Show up at a meeting
    - We meet on the 2<sup>nd</sup> Monday of each month in the commons
  - Attend 3 meetings within a year and you become a voting member



#### HELPING BOOSTERS HELPING YOUR TEAM

 Each team (Fall, Winter and Spring) has been assigned to work concessions and take tickets.

 You can help by Signing up with your coach to work the concessions and taking tickets.



## ATHLETIC TRAINER - MIRANDA MARTIN

- Information regarding our Athletic Training Services
  - Concussions
    - Concussion Clinic
  - Heart Issues
  - What to do in case of injuries
    - Getting cleared
  - Communication of injuries
  - Walk In clinic at Ohio Valley
  - Location of new Training Room



# BEFORE YOU CAN BEGIN PRACTICE YOU MUST:

- Register Online and complete the check boxes.
- Have a current physical

## BEFORE YOU CAN PLAY YOU MUST:

- Pay your participation and school fees
- Parent either attend this meeting or complete the OHSAA quiz



## PRINCIPAL - MR. JUSTICE

- Eligibility
- You are considered Absent and not allowed to play or practice if you are not at school by ONE hour after the start of the school day.
- Attendance the day after a game



## PARTICIPATION/SCHOOL- FEES

- Interscholastic HS Sports- \$75 per season
- HS Cheer and Band \$45 per season
- Interscholastic JH Sports \$45 per season
- JH Cheer \$25 per season
- Household Maximum out of pocket: \$300
- HS Student Maximum out of pocket: \$150
- JH Student Maximum out of pocket: \$90
- Fees are due prior to the first regular season contest
  - Golf fees are due by 8/13
    - These fees are for the 2021-22 School Year



## FACTS ABOUT ATHLETES AND COLLEGE

- Only 3% of HS athletes play sports in college
- Only 1% receive a full scholarship
- If you are a TOP 100 Athlete in the nation you'll get recruited
- However, we don't have very many of them so you have to sell yourself to get recruited – be proactive!!!
- What do college coaches look for:
  - Multi sport athletes Athletic Ability
  - Clean Social Media accounts
  - Talk with HS coach about work ethic, character and academics
  - Coachability
- "The world of college athletic recruiting is extremely competitive. There are thousands of players looking for a roster spot. You really need to know what college coaches are looking for to have a leg up on your competition." Fred Bastie from Playced.com



## COLLEGE RECRUITING CONTINUED...

- Research Colleges to see if you're a good fit there
  - Does the college have my degree, area of interest
  - What teams do the college play, what league
  - What Division are they D1, D2, D3, NAIA
    - Division 3 can only offer Academic Scholarships they can offer grants
  - Get a long list of colleges
    - Email the coaches they want to hear from you, not Mom and Dad
    - Be professional
    - Be yourself
  - NCAA Eligibility Center
    - https://web3.ncaa.org/ecwr3/
  - Good FREE Website for Recruiting Information
    - https://dynamitesports.com/



## JETS - PATH TO SUCCESS

- Good Students
  - Research shows a correlation between success and athletes performance in the classroom
- Athletes willing to outwork their competition
  - No Excuses
- Coaches pushing their Athletes to meet their maximum potential
- Coaches outworking opposing coaches
- Parent Support
  - This is crucial to the success of our programs



#### IMPORTANT DATES

Fall Sports Picture
 Dates

HS: August 12<sup>th</sup>

MS: August 12<sup>th</sup>

- Pay to ParticipateFees
- Due prior to the first regular season contest
- Golf will be Friday 8-13

- Fall Sports
  Awards Date:
- ▶ 11-9-21 7:00pm

- Fall Senior Night:
- 10-22-21 at Home Fairbanks FootballGame



## **SPORTSMANSHIP**

- Cheer for great plays no matter who makes them.
- Recognize that there are more players than just your child.
- Sportsmanship by spectators is expected. Actions by Northeastern Parents and fans reflect upon us all. We are proud to be JETS fans. Please demonstrate Good Sportsmanship at all times.



## STANDARDS OF CONDUCT

- Athletes shall conduct themselves in a manner that will create a positive reflection upon themselves, their teammates, their school, the student body and the Northeastern Local School District whether on or off the playing field
- It shall be a matter of pride with athletes to demonstrate good sportsmanship at all athletic contests



## COACHING

- Our coaches put in a great deal of time preparing our athletes for the upcoming season. We all should be thankful they are so dedicated.
- Coaches will make split second decisions based on prior knowledge and scouting. However, nobody is perfect that includes Coaches. Please take that into consideration if something doesn't go how you think it should.



## CHAIN OF COMMAND

- If you have a problem with a coach you'll need to follow the chain of command found in the Athletic Handbook
- NEVER should you approach a coach with a problem after a game – Give it 24 hours
- •NEVER come up to a coach before, during or after practice unless you've made an appointment with them to do so. Remember, they are working and you wouldn't want to be disturbed while you're working.



## ATHLETIC TICKETS

- Northeastern will offer several options for tickets this school year
- Option 1:
  - Online <u>Individual game</u> tickets
  - Online <u>Season</u> Ticket Pass
    - Fall, Winter/Spring
  - Online School Year Pass
- Option 2:
  - Credit/Debit card at the gate
- Option 3:
  - Cash



## ATHLETIC TICKETS

## ADMISSION COSTS

- Varsity Admission
  - **\$7.00**
- Non Varsity Admission
  - **\$5.00**

#### Season Passes

- Adults \$65.00
- Students \$25.00
- All Year Passes
  - Adult \$95.00
  - Student \$45.00
  - INCLUDES: Admission to most HS <u>and</u> JH Northeastern Home Events

**No Transaction Costs for Passes** 



#### DRUG TESTING

- High School Students who participate in athletics are subject to Drug Testing.
- Rosters are submitted to the Drug Testing company and they randomly select the athletes to be tested.
- Please refer to the Student Athletic Handbook for further information.





# THE OHIO HIGH SCHOOL ATHLETIC ASSOCIATION

Information for 2021-22 Meetings









## BASIC OHSAA RULES & REGULATIONS





#### • General OHSAA Eligibility Standards

 Eligibility rules exist to help maintain competitive balance in school sports and to promote the purpose of educationbased athletics.

- As a student-athlete, <u>YOU</u> are responsible for your compliance.
- Besides OHSAA regulations, your school also has the authority to establish additional academic standards and codes of conduct.





#### General OHSAA Eligibility Standards

- In order to maintain eligibility, you must be officially enrolled in an OHSAA member school, or participating in accordance with state law, and you must have a biological and/or adoptive parent who lives in Ohio.
- You may not be eligible if you are competing under a false name or have provided your school with an incorrect home address.
- You may not be eligible if you have been recruited to attend this school.





- All incoming <u>ninth graders</u> must have received passing grades in a minimum of four subjects in the immediately preceding grading period. All grades must be recorded in a student's academic record.
- To maintain eligibility, high school students must have received passing grades in a minimum of five onecredit courses, or the equivalent, in the immediately preceding grading period.





 All incoming seventh graders are eligible insofar as the scholarship bylaw regardless of previous academic achievement.

 To maintain eligibility, 7<sup>th</sup>-8<sup>th</sup> grade students must have received passing grades in a minimum of four classes in the immediately preceding grading period.





- Students taking College Credit Plus must comply with OHSAA scholarship standards.
- All students participating via state law that permits home educated, non-public, community and STEM school students to participate at public schools must also comply with OHSAA scholarship standards.
- Semester and yearly grades have no effect on OHSAA eligibility unless your school provides grades at the end of a semester or school year pursuant to Board of Education policy.





- To attempt to regain OHSAA eligibility, summer school grades, College Credit Plus and other educational options (e.g. work permitted after the conclusion of the grading period) shall not be used to bring a student into compliance with the OHSAA scholarship bylaws, nor can they be used to compensate for the lack of courses taken in the preceding grading period.
- If you drop a course or change your schedule, it is critically important that you contact your principal or athletic administrator to see if this affects your eligibility.
- The OHSAA has no minimum grade point (GPA) requirement, thus issues regarding eligibility when only the state-mandated GPA is of concern are strictly a local school district matter and not an OHSAA matter.



#### OHSAA Semester Standards

No high school student will be eligible if he or she has been enrolled in high school for more than eight semesters.

•No 7<sup>th</sup>-8<sup>th</sup> grade student will be eligible if he or she has been enrolled in 7<sup>th</sup>-8<sup>th</sup> grade for more than four semesters.





#### OHSAA Age Standards

 High school students will be ineligible whenever they turn 20 years old.

•Seventh- and eighth-grade students who turn 15 before August 1st are also ineligible for 7<sup>th</sup> and 8<sup>th</sup> grade sports but **MAY BE** eligible to participate in high school athletics.





#### OHSAA Non-School Team and Program & Out-of-Season Standards

You will be ineligible if you are a member of a school team competing on a non-school team in the same sport during your school team's season (example: club soccer team during school's soccer season).





#### OHSAA Non-School Team and Program & Out-of-Season Standards

- There are certain restrictions regarding tryouts, practices and competitions with non-school teams before, during and after the school season.
- There are also restrictions for instruction you can receive from school coaches outside of your season in an OHSAA team sport (baseball, basketball, field hockey, football, ice hockey, lacrosse, soccer, softball and volleyball) and some OHSAA individual sports (cross country, track & field and wrestling).
- There are no restrictions for instruction you can receive from school coaches outside of your season in many OHSAA individual sports (bowling, golf, gymnastics, swimming & diving and tennis).





#### OHSAA Amateur Standards

You could lose your amateur status and forfeit your eligibility if you compete for money or other monetary compensation <u>OR</u> capitalize on your athletic fame by receiving money, merchandise or services or by entering into an agreement with a professional team or agent.





#### OHSAA Transfer Standards

•Once eligibility has been established at a member high school, a transfer to a different high school may mean you will lose eligibility for interscholastic athletics for a period of time at your new school. For specifics on the period of ineligibility, visit www.ohsaa.org.

 This regulation has several exceptions, most of which require a ruling from the OHSAA Executive Director's Office.





#### OHSAA Transfer Standards

 Should you have transferred to this school, you must ensure all applicable paperwork has been submitted to the OHSAA
 AND the state office has granted approval for eligibility.

 Immediate eligibility will be granted only if one of the exceptions to the OHSAA transfer regulation has been met.





#### • General OHSAA Eligibility Standards

- There <u>ARE</u> exceptions to some OHSAA regulations. If you believe you qualify for an exception or you have questions pertaining to your eligibility or about any of the regulations, please consult with your school principal or athletic administrator.
- Ask your school principal or athletic administrator to discuss any unresolved issues with the administrators in the OHSAA office who handle eligibility issues.
- You can also review all OHSAA regulations on eligibility standards by going to the OHSAA website at www.ohsaa.org.





## YOUR HEALTH & SAFETY







#### Your Health & Safety

- Before the season's first practice (or prior to your first participation should you join the team after the season has started), you must have had a physical examination within the past year <u>AND</u> an examination clearance form must be on file at the school.
- Physical examinations are valid for 13 months from the date of the exam. Exams taking place from May 1 to June 1 are valid for one year plus through the end of the next school year's spring season.





- It is **EXTREMELY** important for everyone involved in school sports to recognize the potential dangers associated with concussions and review their responsibilities in protecting student-athletes.
- Concussions are <u>NOT</u> just a problem in football ... concussions can happen in just about any sport!
- A concussion is a traumatic brain injury that interferes with normal function of the brain. "Dings" and "bell ringers" are <u>SERIOUS</u> brain injuries and you do <u>NOT</u> have to have loss of consciousness for it to be considered serious. Young athletes are at increased risk for serious problems.





- In Ohio, any athlete who exhibits signs, symptoms, or behaviors consistent with a concussion . . . such as loss of consciousness, headache, dizziness, confusion or balance problems . . . shall be <u>IMMEDIATELY</u> removed from the contest or practice and shall not return to play that same day.
- Thereafter, the student shall not return to practice or competition until cleared with <u>WRITTEN AUTHORIZATION</u> from a physician or health care provider approved by the local board in accordance with state law.





- Each school is required to review its concussion management protocol with participants and their parents.
- In addition, participants and parents must review and sign the Ohio Department of Health's "Concussion Information Sheet" prior to participation and are highly encouraged to review a short presentation on concussions available at no cost (<u>www.nfhslearn.com</u>).





• While return-to-play policies are very important, parents must also work with school administrators and teachers in developing concussion management guidelines for student-athletes who have been concussed and are returning to the classroom (i.e. Return to Learn).





#### Sudden Cardiac Arrest

- Sudden Cardiac Arrest (SCA) is the most common cause of death among student-athletes, and dizziness, loss of breath and a racing heart are often symptoms that are overlooked. In many cases, recognizing the signs of cardiac trouble means student-athletes can continue their athletic participation.
- Participants and parents are required to view the Ohio Department of Health's sudden cardiac arrest video that may be shown at your school.
- In addition, participants and parents must review and sign the Ohio Department of Health's "Sudden Cardiac Arrest Information Sheet" prior to participation.





#### Additional Health & Safety Guidelines

- The OHSAA does not permit the use of any form of alcohol, tobacco or illegal drugs.
- Besides the health risks involved, use of any of these items will result in students being disqualified from contests and violators likely facing additional school and legal penalties.





#### • Additional Health & Safety Guidelines

- Another prominent issue is the use of performance enhancing supplements.
- The increased availability of these items allows students easy access to a wide variety of products aggressively marketed to include promises — endorsed by faulty research claims — of extraordinary weight loss, explosive power or tremendous strength gains.
- It is important for parents to educate themselves about what substances their child may be using and about the potential risks involved with uneducated supplement use.





#### Additional Health & Safety Guidelines

- Beyond performance enhancing supplements, there are additional issues related to illicit drugs, such as anabolic steroids and some prescription drugs used with the goal of aiding performance.
- Use of these drugs will result in disqualification from all interscholastic athletics.
- The OHSAA website (www.OHSAA.org) provides a wealth of information to assist parents, coaches, students and anyone interested in learning more about sports medicine and healthy lifestyles.





# SPORTING BEHAVIOR







#### Respect The Game

• The OHSAA's vision for positive sporting behavior is built on expectations. It calls on the school community — administrators, contest officials, coaches, students, parents and fans — to strive for positive sporting behavior in everything they do by teaching the values of ethics, integrity, equity, fairness and respect.

• As a student-athlete, you must always remember to Respect The Game!





#### Respect The Game

- That means you are expected to accept the responsibility and privilege of representing your school and community while participating in school sports. You are expected to:
  - Treat opponents, coaches and officials with respect.
    - Ensure that your actions do not incite fans or other participants or attempt to embarrass,
       ridicule or demean others.



## QUESTIONS?



## OH — ONE MORE THING

- The OHSAA requires you to attend this meeting if your athlete plays a sport.
- You need to attend EVERY individual sport meeting as the coaches go over rules and expectations for their sport. These meetings will begin at 7:45 each season or maybe a touch later.

#### **HOWEVER**

 You only need to attend ONE OHSAA meeting a year, However you need to attend all of the individual sport meetings each season.



## INDIVIDUAL TEAM MEETINGS

- HS Football-North Gym
- Girls Soccer-Rm 36
- Boys Soccer-Band Room
- XC-Ms Ranard's Room
- Boys Golf Mr. Sykes Room
- Girls Golf Mr.Buchholtz
- HS Volleyball IMC
- HS Cheer Commons

- JH Football South Gym
- XC Ms Ranard's Room
- JH Volleyball IMC
- JH Cheer Commons



# THANKS FOR ATTENDING — HAVE A GREAT FALL SEASON!!!

