

# Powerlifting Records

Updated: 5/18/20

Girls Records				
Weight Class	Event	Name	Lbs	Year
100 lb Class	Bench	Shyla Burke	90	2017
	Deadlift	Shyla Burke	220	2017
	Squat			
115 lb class	Bench			
	Deadlift	Megan Rucker	225	2011
	Squat			
130 lb class	Bench	Rosalia Dalton	125	2018
	Deadlift	Rosalia Dalton	250	2018
	Squat			
135 lb class	Bench			
	Deadlift	Lacy Perks	270	2020
	Squat			
140 lb class	Bench	Valerie Roach	105	2015
	Deadlift	Valerie Roach	275	2015
	Squat			
145 lb class	Bench	Rosalia Dalton	125	2019
	Deadlift	Valerie Roach	275	2016
	Squat			
175 lb class	Bench	Jenna Wasserman	165	2005
	Deadlift	Angie Distl	310	2016
	Squat			
185 lb class	Bench	Erica Summerfield	135	2011
	Deadlift			
	Squat			
Unlimited	Bench	Erica Jones	130	2014
	Deadlift	Erica Jones	400	2014
	Squat	Erica Jones	455	2014

Boys Records				
Weight Class	Event	Name	Lbs	Year
110 lb class	Bench			
	Deadlift	Cameron James	210	2017
	Squat			
120 lb class	Bench	Josh Hague	160	2015
	Deadlift	Josh Hague	295	2015
	Squat			
125 lb class	Bench	Josh Hague	210	2018
	Deadlift	Josh Hague	295	2018
	Squat			
130 lb class	Bench	Josh Hague	215	2017
	Deadlift	Josh Hague	415	2017
	Squat			
155lb class	Bench			
	Deadlift	Ty Adams	370	2017

	<b>Squat</b>			
<b>185 lb class</b>	<b>Bench</b>	Zach Currier	260	2017
	<b>Deadlift</b>			
	<b>Squat</b>			
<b>205 lb class</b>	<b>Bench</b>			
	<b>Deadlift</b>	Austin Walds	470	2014
	<b>Squat</b>			
<b>210 lb class</b>	<b>Bench</b>			
	<b>Deadlift</b>	Logan Vermillion	475	2018
	<b>Squat</b>			
<b>225 lb class</b>	<b>Bench</b>	Logan Vermillion	275	2017
	<b>Deadlift</b>			
	<b>Squat</b>			
<b>250 lb class</b>	<b>Bench</b>	Armando Nunez	325	2013
	<b>Deadlift</b>	Armando Nunez	555	2013
	<b>Squat</b>			
<b>275 lb class</b>	<b>Bench</b>	Jake Riggle	230	2017
	<b>Deadlift</b>	Jake Riggle	365	2017
	<b>Squat</b>			

If you believe you have a record that should be posted, please provide proof to the Athletic Director