

COMMUNITY DAY CHARTER SCHOOL

<p>Breakfast Meal Pattern Requirements</p> <p>Milk: 8 oz. Fruit or Veg: 1c/8oz. Grain: 2oz.</p>
<p>Lunch Meal Pattern Requirements</p> <p>Milk: 8 oz. Fruit: 1c/8oz Veg: 1c/8oz. Grain: 2oz. Protein: 2oz.</p>
<p>Allergy meals will not contain whole eggs, dairy, and items listed below.</p>
<p>Food products do not contain Peanuts, Tree Nuts, Fish, and Shellfish.</p>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h1>MAY 2024</h1>		MAY 1	MAY 2	MAY 3
		<p>Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Chicken Fingers, Mixed Mediterranean Veg, WW Dinner Roll, Mandarin Oranges, Milk Snack: Green Apples, Milk</p>	<p>Breakfast: Muffin Tops, Oranges, Milk Lunch: Pastelón de Papas, WW Dinner Roll, Applesauce, Milk Snack: Animal Crackers, 100% Juice</p>	<p>Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk Snack: Fresh Pear, Milk</p>
MAY 6	MAY 7	MAY 8	MAY 9	MAY 10
<p>Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Chicken Patty Sandwich on a WW bun, Carrots, Peaches, Milk Snack: Whole Mandarin Orange, Milk</p>	<p>Breakfast: Muffin Tops, Apple Slices, Milk Lunch: WW Spaghetti & Meatballs, Broccoli, Pears, Milk Snack: Cheese Sticks, 100% Juice</p>	<p>Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Cheeseburgers, WW Bun, Crinkle Fries, Mandarin Oranges, Milk Snack: Banana, Milk</p>	<p>Breakfast: Pancakes, Oranges, Milk Lunch: Fajitas, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Applesauce, Milk Snack: Yogurt, 100% Juice</p>	<p>Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk Snack: Banana, Milk</p>
MAY 13	MAY 14	MAY 15	MAY 16	MAY 17
<p>Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: BBQ Chicken Drumsticks, Mixed Mediterranean Veg, WW Dinner Roll, Peaches, Milk Snack: Applesauce, Milk</p>	<p>Breakfast: Pancakes, Apple Slices, Milk Lunch: American Chop Suey, Broccoli, Pears, Milk Snack: Graham Crackers, 100% Juice</p>	<p>Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Turkey & Cheese Sandwich on WW bun, Corn & BB Salad, Mandarins, Milk Snack: Green Apples, Milk</p>	<p>Breakfast: Banana Bread, Oranges, Milk Lunch: Burrito, WG Rice, Pinto Beans, Lettuce, Tomato, Cheese, Applesauce, Milk Snack: Cheese Sticks, 100% Juice</p>	<p>Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk Snack: Fresh Pear, Milk</p>
MAY 20	MAY 21	MAY 22	MAY 23	MAY 24
<p>Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Chicken Patty Sandwich on a WW bun, Carrots, Peaches, Milk Snack: Whole Mandarin Orange, Milk</p>	<p>Breakfast: Muffin Tops, Apple Slices, Milk Lunch: Baked Ziti w/Chicken and Mozz Cheese, Broccoli, Pears, Milk Snack: Yogurt, 100% Juice</p>	<p>Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Sliced Ham & Cheese Sandwich on WW bread, Salad, Mandarin Oranges, Milk Snack: Fresh Pear, Milk</p>	<p>Breakfast: Banana Bread, Oranges, Milk Lunch: Pastelón de Papas, WW Dinner Roll, Applesauce, Milk Snack: Animal Crackers, 100% Juice</p>	<p>Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk Snack: Banana, Milk</p>
MAY 27	MAY 28	MAY 29	MAY 30	MAY 31
<h1>HOLIDAY</h1>	<p>Breakfast: Pancakes, Apple Slices, Milk Lunch: Baked Mac & Cheese, Broccoli, Carrots, Pears, Milk Snack: Graham Crackers, 100% Juice</p>	<p>Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Chicken Fingers, Mixed Mediterranean Veg, WW Dinner Roll, Mandarin Oranges, Milk Snack: Applesauce, Milk</p>	<p>Breakfast: Corn Muffins, Apple Slices, Milk Lunch: Arroz con Verduras, Habichuela Guisada y Pollo, Applesauce, Milk Snack: Yogurt, 100% Juice</p>	<p>Breakfast: Cereal, 100% Fruit Juice, Milk Lunch: Pizza, Green Beans, Pineapple (or substitute), Milk Snack: Fresh Pear, Milk</p>