CELEBRATING LWHS 23-24 ATHLETICS

Champions Find a Way!

TEAMS & COACHES

14 SPORTS!
Badminton • Baseball • Basketball • Cross Country • Field Hockey
Flag Football • Lacrosse • Soccer • Softball • Swimming • Tennis
Track and Field • Volleyball • Water Polo

40 TEAMS!
Frosh (2)
Junior Varsity (16)
Varsity (22)

65 COACHES!
Female (20)
Male (45)

STUDENT INVOLVEMENT
81% OF LWHS STUDENTS PARTICIPATE IN ATHLETICS
48% IN MORE THAN ONE SPORT

23-24 HIGHLIGHTS

PERSONAL GROWTH MONDAYS
A new character development initiative for both students and coaches. Themes:
• Athletes First, Winning Second
• Striving for Growth: it’s about getting better
• Person > Athlete: the person is greater than the athlete

TEAM HIGHLIGHTS
Cross Country, BCL West Girls Champions
Badminton, BCL West League Champions
Boys Tennis, BCL West Finalist
Boys Baseball, BCL West Finalist
Boys Soccer, NCS Semi-Finalist