



## Orenda Charter School Middle School Physical Education Exemption Policy and Application

Description: The State of Texas provides opportunities for middle school students enrolled in grades 6-8 to be exempt from on-campus PE during the school day if the student is participating in an extra-curricular activity sponsored by the school, a private league, or club that meets the requirements listed below (19 TAC Chapter 103).

### **Middle School Physical Education Exemption Requirement**

- The program must be organized and monitored by school personnel OR by appropriately trained instructors in a private league or club physical activity that is certified by the charter school board and approved by the Superintendent or his/her designee.
- The program must be high quality, well-supervised and include a minimum 135 minutes per week or 225 minutes over two weeks of moderate to vigorous structured physical activity.
- The activity must be based on grade appropriate movement, physical activity and health, and social development strands of the Texas Essential Knowledge and Skills for Physical Education.
- Students must provide proof of participation in the activity for the minimum number of minutes at the end of each nine-week grading period.
- Students who discontinues the program during the semester or fails to provide the school with documentation of participation in the extra-curricular PE activity will be enrolled in the regular PE class for that semester.
- An application will NOT be considered for participation in a sport for which Orenda Charter School fields a UIL team and/or offers the sport through the Orenda Charter School Physical Education or Athletic Department unless the student did not make the Orenda Charter School team.
- The location of the program must be within reasonable driving distance from the campus.
- Students are not permitted to miss any part of the school day to participate in the program except as permitted below.
- Students who participate in a minimum of fifteen (15) hours per week of highly intensive, supervised professional training which can include competitions are eligible to be dismissed from school for no more than one scheduled period provided the student is in good academic standing, the school day is longer than 240 minutes, and the request is approved by the principal. For campuses with block scheduling, students can only be dismissed from one period either A OR B day, not one period each day. Students may not miss any class other than physical education period.



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**TO BE COMPLETED BY PARENT/GUARDIAN AND STUDENT**

**Parent Permission:** Please initial each statement, fill in the required information, sign and date.

\_\_\_\_ I have carefully read the requirements for the Middle School Physical Education Exemption Program and I agree to comply with those regulations.

**For Private League or Club Activities Only:**

\_\_\_\_ I hereby release Orenda Charter School, its employees, agents, and its Board of Trustees, from all claims or liability in any way attributable to this program, including all travel to, from, and during the program.

\_\_\_\_ I also understand that all liability in case of accident or hospitalization is the responsibility of the parent/guardian or of the private league or club. Orenda Education is not responsible for accidental or hospitalization insurance.

\_\_\_\_ I understand that Orenda Charter School has no control over the daily activities of the program, quality of the program or qualification of the instructor in the program.

My son/daughter (print name) \_\_\_\_\_

enrolled at (campus name) \_\_\_\_\_

has my permission to participate in the Off-Campus PE Program:

in (School Year\*) \_\_\_\_\_ Grade Level \_\_\_\_\_

for (Approved Sport/Activity) \_\_\_\_\_

at (Location) \_\_\_\_\_.

Parent Name \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date (MM/DD/YYYY) \_\_\_\_\_

\*Applications are only approved for the current or following school year and must be approved prior to completing off-campus PE. Applications are not approved for prior school years.

|                                  |            |
|----------------------------------|------------|
| <i>Office Use Only</i>           |            |
| ____ Approved                    | Date _____ |
| Campus Principal _____           |            |
| Superintendent or designee _____ |            |



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**TO BE COMPLETED BY THE FACILITY INSTRUCTOR**

The student must participate, under professional supervision, in a minimum of 135 minutes per week or 225 minutes over two weeks of moderate to vigorous structured physical activity at one approved agency. The record concerning weekly participation and attendance must be completed and submitted to the Principal (Kingsland School, Nolan Creek School, and New Horizons School) or Director of Student Services (Gateway College Preparatory School only) by the end of each nine week grading period published on the approved school calendar. The following schedule must be completed and signed by the instructor before the application will be considered.

|           | Beginning Time | Ending Time | Activity |
|-----------|----------------|-------------|----------|
| Monday    |                |             |          |
| Tuesday   |                |             |          |
| Wednesday |                |             |          |
| Thursday  |                |             |          |
| Friday    |                |             |          |
| Saturday  |                |             |          |
| Sunday    |                |             |          |

As a qualified professional instructor, your signature verifies the above schedule and your agreement that this activity is based on grade appropriate movement, physical activity and health, and social development strands of the Texas Essential Knowledge and Skills for Physical Education. You also agree to submit participation and attendance documentation to the school by the end of each published nine week grading period.

Instructor's Printed Name \_\_\_\_\_

\*\*Instructor's Signature \_\_\_\_\_

Date (MM/DD/YYYY) \_\_\_\_\_

**\*\*In order for the application to be approved, the instructor must submit a professional resume attached to this application.**