

FPS Wellness Policy Assessment Report

May 2024

Background

Federal regulations at 7 CFR 210.31 require local education agencies (LEAs) participating in the National School Lunch Program to complete an assessment of their local school wellness policy at least once every three years and make the results available to the public. This triennial assessment must measure the implementation of the local school wellness policy and include:

- The extent to which schools under the jurisdiction of the LEA are in compliance with the local school wellness policy;
- The extent to which the LEA’s local school wellness policy compares to model local school wellness policies; and
- A description of the progress made in attaining the goals of the local school wellness policy.

LEAs may use a variety of methods to assess compliance and determine progress of their goals and objectives. Action planning documents that contain timelines, goals, and key tasks may assist in assessing changes over time.

The FPS Wellness Council is made up of representatives from each district building along with input and participation welcomed from students, staff, community partners and interested stakeholders.

The SY 23.24 Wellness Council conducted an assessment of the district’s compliance with the Wellness Policy and then created an action plan for SY 24.25 to address deficiencies.

Action Plan 2024		
Action #1: Monitor the new curriculum for effectiveness in implementing nutrition and physical education standards that follow state standards.		
Plan	Who	Timeline
	council	School Year 2024-25
Action #2: Monitor the new curriculum for effectiveness in increasing consistent healthy messaging.		
Plan	Who	Timeline
	council	School Year 2024-25
Action #3: Opportunities for increased before and after school programs will be researched and assessed for implementation. (focus on elementary)		
Plan	Who	Timeline
	council	School Year 2024-25

Action Plan 2022 Assessment			
Action #1: Core curriculum for nutrition and physical education standards will be updated to follow state standards.			
Assessment Results	Fully Compliant	Partially Compliant	Noncompliant
	7	6	2
Conclusion	The majority of respondents indicate the new Health Curriculum planned for fall 2024 is either fully or partially compliant with meeting state standards.		
Action #2: Opportunities for increased marketing for healthy messaging will be researched and assessed for implementation. (visual aids, family messaging)			
Assessment Results	Fully Compliant	Partially Compliant	Noncompliant
	9	5	1
Conclusion	The majority of respondents indicate healthy messaging fully or partially meets expectations.		

Action #3: Opportunities for increased before and after school programs will be researched and assessed for implementation. (focus on elementary)			
Assessment Results	Fully Compliant	Partially Compliant	Noncompliant
	7	2	6
Conclusion	About half of the respondents indicated the need for increased before and after school programs.		

Nutrition Education Goals			
Goal #1: Students in grades K-12 receive nutrition education that teaches the skills necessary to adopt healthy eating habits.			
Assessment Results	Fully Compliant	Partially Compliant	Noncompliant
	7	6	2
Conclusion	The majority of respondents report full or partial compliance. The district is implementing a new Health Curriculum in 2024 which several respondents commented as promising.		
Goal #2: Students receive consistent messages promoting nutrition throughout school.			
Assessment Results	Fully Compliant	Partially Compliant	Noncompliant
	10	2	3
Conclusion	Most respondents reported full compliance along with a few references to the upcoming new Health Curriculum.		
Goal #3: District health education curriculum standards and guidelines include both nutrition and physical education.			
Assessment Results	Fully Compliant	Partially Compliant	Noncompliant
	7	5	4
Conclusion	The council determined that the district's curriculum for nutrition and physical education standards need revision to align with state regulations to provide a set of standards from which compliance can be assessed. The district is implementing a new Health Curriculum in 2024 which several respondents commented as promising.		

Physical Education Goals			
Goal #1: Students are given the opportunity for physical activity during the school day in addition to physical education (PE) classes (ie. daily recess, classroom activities, etc).			
Assessment Results	Fully Compliant	Partially Compliant	Noncompliant
	14	1	0
Conclusion	The council concluded that the district is overall in compliance.		
Goal #2: Students are given the opportunity for physical activity through a range of before and/or after school programs.			
Assessment Results	Fully Compliant	Partially Compliant	Noncompliant
	10	2	3
Conclusion	Most respondents reported full compliance. Suggestions for improvement included increased before and after school programming at all levels.		

Nutrition Goals			
Goal #1: Guidelines set for food and beverages in the foodservice program and in a la carte sales are followed.			
Assessment Results	Fully Compliant	Partially Compliant	Noncompliant
	14	1	0

Conclusion	The council concluded that the district is compliant.		
Goal #2: Guidelines set for food and beverages sold in vending machines, school stores and other school activities have been followed.			
Assessment Results	Fully Compliant	Partially Compliant	Noncompliant
	14	1	0
Conclusion	The council concluded that the district is compliant.		
Goal #3: Guidelines set for snacks in schools have been followed.			
Assessment Results	Fully Compliant	Partially Compliant	Noncompliant
	14	0	0
Conclusion	The council concluded that the district is compliant.		

School Activities Goal			
Goal #1: The school provides a clean and safe school environment.			
Assessment Results	Fully Compliant	Partially Compliant	Noncompliant
	11	3	1
Conclusion	Most respondents reported full compliance. Suggestions for improvement included a need to increased custodial staffing and secured entrances.		
Goal #2: Students have access to free drinking water throughout the school day.			
Assessment Results	Fully Compliant	Partially Compliant	Noncompliant
	15	0	0
Conclusion	The council concluded that the district is compliant.		
Goal #3: The school district encourages all students to participate in the school breakfast and lunch programs.			
Assessment Results	Fully Compliant	Partially Compliant	Noncompliant
	14	1	0
Conclusion	The council concluded that the district is compliant.		
Goal #4: The school district protects the identity of students who eat free and reduced price meals.			
Assessment Results	Fully Compliant	Partially Compliant	Noncompliant
	15	0	0
Conclusion	The council concluded that the district is compliant.		
Goal #5: The school ensures adequate time for students to eat lunch.			
Assessment Results	Fully Compliant	Partially Compliant	Noncompliant
	15	0	0
Conclusion	The council concluded that the district is compliant.		
Goal #6: Hand sanitizer or handwashing is provided before meals or snacks.			
Assessment Results	Fully Compliant	Partially Compliant	Noncompliant
	14	0	1
Conclusion	The council concluded that the district is compliant.		
Goal #7: Food and beverage marketing is limited to food items that comply with the Smart Snacks in Schools standards.			
Assessment Results	Fully Compliant	Partially Compliant	Noncompliant
	15	0	0
Conclusion	The council concluded that the district is compliant.		

23.24 Wellness Council Members

SCHOOL	FirstName	LastName
Elementary		
Bennett	Sara	Schafer
Centennial	Bobby	Olson
Clara Barton Hawthorne	Becky	Folden
Eagles	Jennifer	Jung
Ed Clapp	Jennifer	Schuldheisz
Horace Mann Roosevelt	Leandra	Ostrom
Jefferson	Kasie	Carlson
Kennedy	Karrie	Pederson
Lewis & Clark	Amber	Diemert
Lincoln	Johanna	Haerter
Lincoln	Kayla	Talarson
Longfellow	Amanda	Kaldor
Madison	Nathan	Sillerud
McKinley	Cheryl	Janssen
Washington	Nicole	Wills
Secondary		
Agassiz	Nick	Magee
Ben Franklin	Kirstin	Hanson
CBE	Brian	Marcus
Discovery	Joseph	Ford
Davies	Lenny	Ohlauser
North	Dan	Shultis
South	Todd	Bertsch