

# Summer Program Menu 2024

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Week 1 June 03- 07  
 Week 4 June 24 -28  
 Week 7 July 15-19

	Monday	Tuesday	Wednesday	Thursday	Friday
	June 03 June 24 July 15	June 04 June 25 July 16	June 05 June 26 July 17	June 06 June 27 July 18	June 07 June 28 July 19
<b>Snack:</b>	<b>Fritos G/F Corn chip (16) and Capri Sun Juice (21)</b>	<b>Fresh Veggies Broccoli = (5) /Baby Carrots= (5)/Snap Peas = (5) and G/F Ranch Dip (1) with Capri Sun Juice (21)</b>	<b>Cheese Stick (1) and Fresh Fruit Apple Slices = (8) Clementine = (9) Banana = (27)</b>	<b>Fresh Veggies (5) and G/F Ranch Dip (1) and Capri Sun Juice (21)</b>	<b>G/F Popcorn (13) and Capri Sun Juice (21)</b>
<b>Lunch</b>					
Milk, 8 oz. Skim Chocolate= (20) 1% White = (11)	1% White or Skim Chocolate	1% White or Skim Chocolate	1% White or Skim Chocolate	1% White or Skim Chocolate	1% White or Skim Chocolate
Meat/Meat Alternate, 2.0 oz.	G/F BBQ Rib Patty on a WG Hoagie Bun (CN Label) 1 ea.	Walking Taco G/F meat=(4) with G/F Tostito Scoops (19) (CN Label)	WG Popcorn Chicken Chunks (12) (CN Label) and Cheez-it Crackers (14)	WG Nardone Stuffed Crust Pizza Slice(29) 1 ea. (CN Label)	Chicken Patty (13) on a WG Bun (31) (CN Label) 1 each
Fruit 1/2 c.	Pineapple (19)	Pears (14)	Bananas (27)	Apple Slices (8)	Peaches (17)
Vegetable ¼ c	Baked Beans (14.5)	Whole Kernel Corn (9)	Carrot Coins (7)	Steamed Broccoli Florets (5)	Sweet Potato Waffle Fries (22)
Grain/Bread, 1 slice.	WG Hoagie Bun, 1 each (31) G/F sub = slice of G/F Bread (15)	WG Tostito Scoops (19) G/F Corn Chip	WG Breeding on Popcorn Chicken G/F sub = G/F Chicken Cheez-it cracker(14) G/F sub = slice of G/F Bread (15)	WG Pizza Crust G/F G/F Sub =Corn Tortilla Shell (30)/ Marinara (9.6) /cheese (1)	WG Hamburger Bun, 1 each and WG Chicken Breeding G/F sub = G/F Chicken Patty on G/F Bread (15 ea.)

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Week 2	June 10 -14
Week 5	July 01-03
Week 8	July 22-26

	Monday	Tuesday	Wednesday	Thursday	Friday
	June 10 July 01 July 22	June 11 July 02 July 23	June 12 July 03 July 24	June 13 July 04 (No Meals) July 25	June 14 July 05 (No Meals) July 26
<b>Snack</b> G/F and Carb Counts listed on first page	<b>Fritos and Capri Sun Juice</b>	<b>Veggies and Dip with Capri Sun Juice</b>	<b>Cheese Stick and Fresh Fruit</b>	<b>Veggies and Dip with Capri Sun Juice</b>	<b>Popcorn and Capri Sun Juice</b>
<b>Lunch</b>					
Milk, 8 oz. Skim Chocolate= (20) 1% White = (11)	1% White or Skim Chocolate	1% White or Skim Chocolate	1% White or Skim Chocolate	1% White or Skim Chocolate	1% White or Skim Chocolate
Meat/Meat Alternate, 2 oz.	WG Nardone's Stuffed Crust Pizza Slice (29) (CN Label) 1 ea.	WG Chicken Patty (13) on a WG Bun (31) (CN Label) 1 ea.	Cheeseburger (2) on a Bun (31) Cheese slice (1) on a WG Bun (CN Label) 1 ea.(31)	G/F BBQ Rib Patty on a WG Hoagie Bun (31) (CN Label) 1 ea.	WG Chicken Nuggets (11) WG Garlic Knot Breadstick (CN Label) 1 ea. (27)
Vegetable or Fruit, 1/2 c.	Tropical Fruit Salad (16)	Apple Slices (8)	Mandarin Oranges (14)	Peaches (17)	Pineapple (19)
Vegetable or Fruit, ¼ c.	Green Beans (7)	Oven Fries (16-18)	Baked Beans (14.5)	Carrot Coins (7)	Steamed Broccoli Florets (5)
Grain or Bread	WG Pizza Crust, 1 each G/F Sub =Corn Tortilla Shell (30)/ Marinara (9.6) /cheese (1)	WG Breading on Chicken Patty, WG Bun 1 ea. G/F sub = G/F Chicken Patty on G/F Bread (15 ea.)	WG Hamburger Bun, 1 each G/F sub = G/F Bread slice (15)	WG Hoagie Bun, 1 each (31) G/F sub = slice of G/F Bread (15 ea.)	WG Breading on Chicken Nuggets, 5 each, WG Garlic Knot Breadstick G/F sub = G/F Chicken Strips and a slice of G/F Bread (15 ea.)

## Summer Program Menu 2024

Week 3 June 17 -21  
 Week 6 July 08-12  
 Week 9 July 29-Aug 02

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	Monday	Tuesday	Wednesday	Thursday	Friday
	June 17 July 08 July 29	June 18 July 09 July 30	June 19 July 10 July 31	June 20 July 11 Aug 01	June 21 July 12 Aug 02
<b>Snack</b> G/F and Carb Counts listed on first page	<b>Cheese Stick and Fresh Fruit</b>	<b>Veggies and Dip with Capri Sun</b>	<b>Cheese Stick and Fresh Fruit</b>	<b>Veggies and Dip with Capri Sun</b>	<b>Popcorn and Capri Sun Juice</b>
<b>Lunch</b>					
Milk, 8 oz Skim Chocolate= (20) 1% White = (11)	1% White or Skim Chocolate	1% White or Skim Chocolate	1% White or Skim Chocolate	1% White or Skim Chocolate	1% White or Skim Chocolate
Meat/Meat Alternate, 2.0 oz.	G/F Cheeseburger (2) on a Bun (31) Cheese slice (1) on a WG Bun (CN Label) 1 ea.(31)	G/F BBQ Rib Patty on a WG Hoagie Bun (31) (CN Label) 1 ea.	Walking Taco G/F meat=(4) with G/F Tostito Scoops (19) (CN Label))	WG Nardone's Stuffed Crust Pizza Slice (29) (CN Label) 1 ea.	WG Chicken Nuggets (11) (CN Label) Cheez-it Crackers (14) 1 ea.
Vegetable or Fruit, 1/2 c.	Pears (14)	Slushy Cup (45)	Apple Slices (8)	Mandarin (14)Oranges	Applesauce Cup
Vegetable or Fruit, ¼ c.	Baked Beans (14.5)	Oven Fries (16-18)	Whole Kernel Corn (9)	Carrot Coins (7)	Steamed Broccoli Florets (5)
Grain/Bread	WG Bun (31), 1 each G/F sub = G/F Bread slice (15 ea.)	WG Hoagie Bun 1 ea. (31) . G/F sub = G/F Bread slice (15 ea.)	G/F WG Tostito Scoops (19), 1 each	WG Pizza Crust, 1 each G/F Sub =Corn Tortilla Shell (30)/ Marinara (9.6) /cheese (1)	G/F sub = G/F Chicken Strips Cheez-it Crackers (14) 1 ea. G/F sub =slice of G/F Bread (15 ea.)