

High School Lunch Menu

June 2024



Menu is subject to change without notice.

 Contains pork

 Vegetarian

For details about ingredients and allergens, please visit LINQ Connect on our website.

Milk: 1% white and fat free chocolate served daily.

This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1. Hot Main Entrée 2. Hot Vegetarian Entrée 3. Grab & Go Options Sides: Fruits & Vegetables 03	1. Hot Main Entrée 2. Hot Vegetarian Entrée 3. Grab & Go Options Sides: Fruits & Vegetables 04	1. Hot Main Entrée 2. Hot Vegetarian Entrée 3. Grab & Go Options Sides: Fruits & Vegetables 05	1. Hot Main Entrée 2. Hot Vegetarian Entrée 3. Grab & Go Options Sides: Fruits & Vegetables 06	1. Hot Main Entrée 2. Hot Vegetarian Entrée 3. Grab & Go Options Sides: Fruits & Vegetables 07
1. Hot Entrée 2. Cold Entrée Sides: Fruits & Vegetables 10	First Day of Summer			
<p>For a more detailed menu please visit the LINQ Connect Family Portal</p> <p>Visit RPS205.com/parents/meals</p> <ul style="list-style-type: none"> – Click the LINQ Connect Family Portal Button – Hover Over School Services – Select School Menus – Type in Rockford – Select Rockford School District (Rockford, Illinois) – Select a School from the drop down list 				

