

Middle School Breakfast Menu

June 2024



Menu is subject to change without notice.

 Contains pork

 Vegetarian

For details about ingredients and allergens, please visit LINQ Connect on our website.

Milk: 1% white and fat free chocolate served daily.

This institution is an equal opportunity provider.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| 1. Main Entrée 2. Cereal Sides: Fruit & 100% Fruit Juice <div style="text-align: right;">03</div> | 1. Main Entrée 2. Cereal Sides: Fruit & 100% Fruit Juice <div style="text-align: right;">04</div> | 1. Main Entrée 2. Cereal Sides: Fruit & 100% Fruit Juice <div style="text-align: right;">05</div> | 1. Main Entrée 2. Cereal Sides: Fruit & 100% Fruit Juice <div style="text-align: right;">06</div> | 1. Main Entrée 2. Cereal Sides: Fruit & 100% Fruit Juice <div style="text-align: right;">07</div> |
| 1. Grab & Go Options Sides: Fruit & 100% Fruit Juice <div style="text-align: right;">10</div> | First Day of Summer | | | |
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| <p>For a more detailed menu please visit the LINQ Connect Family Portal</p> <p>Visit RPS205.com/parents/meals</p> <ul style="list-style-type: none"> - Click the LINQ Connect Family Portal Button - Hover Over School Services - Select School Menus - Type in Rockford - Select Rockford School District (Rockford, Illinois) - Select a School from the drop down list | | | | |
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