

Northwestern Lehigh School District
GRADE 8 - HEALTH
School Board Approval Date: April 20, 2022

Objective	Standard Alignment &/or Anchor	Level of Mastery	Suggested Activity and Assessment	Materials
Career Education Trimester 1/2/3	10.2.9. A	R/A/I	• Student Interest Inventory • Student Strength and Improvement Inventory • Discussion on how Interests/Strengths can assist in Student Career Choices • Career Education Assignment Discussion/Teacher Observation • Viewing of Northwestern Career Corner Interviews • Written Reflection Assessment of Career Corner Interviews • Virtual Reality Demonstration of Life of a Surgeon and Physical Therapist • LCTI and High School Classes Discussion • Jeopardy Review Game • Career Test	• Student Chromebook • Virtual Reality Goggles • NW Career Corner Videos • Jeopardy Game Template • Google Form Test
Consumer Health Trimester 1/2/3	10.1.9. C 10.1.9. E 10.2.9. A 10.2.9. C	R/A/I	• Discussion "What is Consumer Health?" • Decision for Health Textbook Reading/Assignment • Brainstorming Activity and Discussion "List unhealthy and healthy consumer choices." • Media Misconceptions Assignment Discussion and Teacher Observation • Research Reliable Sources for Health Information Assignment • Discussion, Review, and Written Assessment	• Student Chromebook • Decisions for Health Text • Google Documents • Google Form Test
Drug Education Trimester 1/2/3	10.1.9. A 10.1.9. B 10.1.9. D 10.2.9. B	R/A/I	• Discussion "Why do people use drugs?" and "How do drugs effect a persons life?" • 11 Warning Signs of Addiction Assignment, Discussion, and Assessment	• Student Chromebook • Drug Scavenger Hunt Cards • Drug Scavenger Hunt Answer Document • Decisions for Health

Please note: The activities, assessments, materials and time frame are meant to be used as a guide for educators, and are not meant to be all-inclusive

Northwestern Lehigh School District
GRADE 8 - HEALTH
School Board Approval Date: April 20, 2022

			• Drug Ed. Scavenger Hunt Assignment(Definitions, Drug Categories, Short/Long Term Effects) • Opiod Epidemic Discussion • Edpuzzle Video/Questions "Heroin by Drugfreeworld.com" • Video " Marin's Story" and Discussion • Video " Breaking Point: Heroin in America" • Student Video Written Reflection and Discussion • Introduction to Partner Drug Project Requirements and Grading Rubric • Student Presentations • Kahoot Drug Review Game • Review Questions and Discussion of Student Projects • Officer Presentation/DUI Laws/Underage Drug Use • Classroom Discussion • Drug Jeopardy Review Game • Drug Education Exam	• Textbook • Drug Partner Project Cards • Edpuzzle Website • Drug Project Rubric • Video " Marin's Story" • Video: Breaking Point/ Heroin in America" • Kahoot Website • Jeopardy Google Slides • Google Form Drug Test
Eating Disorders and Nutrition Trimester 1/2/3	10.1.9.C 10.1.6.C 10.4.6.C 10.2.6.B	R/A/I/	• Teacher Guided Introduction Discussion/Nutrition and Eating Disorders/Body Image • Independent Textbook Reading and Lesson Review Questions Graded Assignment • Graded Sudent Created Unhealthy Diet Plan vs. Healthy Diet Plan. • Caloric Intake and Energy Output Assignment • Teacher Guided Discussion/Heart Rate and Calories Burned • Teacher Guided Discussion/"How proper nutrition supports the body systems?" • Nutrition Exam	• Decisions for Health Blue Textbook • Heart Rate Monitors • Google Doc Templates • Teacher Created Informational Google Slides

Please note: The activities, assessments, materials and time frame are meant to be used as a guide for educators, and are not meant to be all-inclusive

Northwestern Lehigh School District
GRADE 8 - HEALTH
School Board Approval Date: April 20, 2022

STD/HIV Disease Prevention and Abstinence Education Trimester 1/2/3	10.1.9. A 10.1.9. B	R/A/I	• Classroom Discussion "What is an STD?" • STD Book Assignment Reading and Questions: Types of STD's and Health Consequences • Discussion/Teacher Observation • Abstinence Discussion/Teacher Observation • Edpuzzle Video/Questions "Abstinence and Consequences" • Student Writing Assessment "How does practicing Abstinence benefit your life physically, socially, and mentally?"	• Decisions for Health Textbook • Google Document Questions • Edpuzzle Website
Human Reproduction Trimester 1/2/3	10.1.9. A 10.1.9. B 10.1.9. E	R/A/I	• Female & Male Reproductive Systems Parts/Functions Assignment • Discussion/Teacher Observation • Edpuzzle Video/Questions "Female Reproductive System Part 1" • Edpuzzle Video/Questions "Male Reproductive System Part 2" • Augmented Reality Reproductive System Parts/Fertilization Process • Virtual Reality Fertilization and Trimester Development of Baby • Discussion/Teacher Observation • Kahoot Review Game • Human Reproduction Assessment	• Google Document Questions • Decisions for Health Textbook • Reproductive Diagrams • AR Equipment • VR Goggles • Edpuzzle Website • Kahoot Website • Reproductive Diagram Test • Google Form Test
Sexual Harassment, Dating, and Building Healthy Relationships Trimester 1/2/3	10.1.9. A 10.1.9. C 10.2.9. D 10.3.9. C	R/A/I	• Sexual Assault, Abuse, & Harassment Identification Assignment • Discussion/Teacher Observation • Dating/Building Healthy Relationships: Teacher Google Slide Presentation • Classroom Discussion/Teacher Observation • Communication/Active Listening Student Role Playing • Classroom Discussion/Teacher Observation • Jeopardy Game Review • Test/Assessment	• Google Document • Google Slides • Role Play Cards • Google Form Test

Please note: The activities, assessments, materials and time frame are meant to be used as a guide for educators, and are not meant to be all-inclusive

Northwestern Lehigh School District
GRADE 8 - HEALTH
School Board Approval Date: April 20, 2022

--	--	--	--	--

LEVEL OF MASTERY DESCRIPTIONS

- Recognition (R) Students will be able to recall concepts.
- Application (A) Students will be able to apply ideas/skills to a curricular concept.
- Inference (I) Students will be able to evaluate and synthesize materials or concepts.