

# The 7 Habits of Successful Families

Habit 1: You're Proactive—you say, "I can do it."

Habit 2: You Begin With the End in Mind—you identify your values and have a Family Mission Statement.

Habit 3: You Put First Things First—you do what's best for you and your family first.

Habit 4: You Think Win-Win—you think everyone can win in your relationships.

Habit 5: You Seek First to Understand, Then to Be Understood—you listen first and talk second.

Habit 6: You Synergize—you celebrate differences and work together as a team.

Habit 7: You Sharpen the Saw—you make the time to care for yourself and your family.