

## Mental Health Resources and Behavioral Health Supports

If you or someone close to you is experiencing an emotional crisis, family crisis, are a danger to others, or having suicidal thoughts, here are some options:

- Call 911
- Call your doctor
- Call Crisis Intervention
  - Lehigh County Crisis Intervention (24-hour): 610-782-3127
- Visit your local hospital emergency department



**Pennsylvania Department of Human Services** has created a *Statewide Support & Referral Helpline* staffed by skilled and compassionate caseworkers who will be available 24/7 to counsel Pennsylvanians struggling with anxiety and other challenging emotions due to the COVID-19 emergency and refer them to community-based resources that can further help to meet individual needs. The number to call is **1-855-284-2494**. For TTY, dial 724-631-5600.



[National Alliance of Mental Illness \(NAMI\) of the Lehigh Valley](#)

[National Alliance on Mental Health \(NAMI\)-Help for Children and Adolescents](#)

[National Alliance on Mental Health \(NAMI\)- Support Groups](#)



# Nulton Diagnostic & Treatment Center

The Northwestern Lehigh School District is proud to partner with [Nulton Diagnostic and Treatment Center](#) located in Slatington to provide School-Based Mental Health services to our students.

School-Based Mental Health Outpatient services help elementary, middle, and high school students with emotional and/or behavioral issues by providing opportunities to meet and work with therapists in the school setting where it is convenient and comfortable. Nulton therapists work directly with building Student Assistance Program (SAP) Teams, school counselors, and staff to provide support to our students on a daily basis.

[Nulton Diagnostics and Treatment Center](#) can provide the following [Child & Adolescent Psychiatry Programs](#): One to One Counseling; Family-based Mental Health Services; Partial Hospitalization Program; Brief Treatment Model; and Telemedicine

Referrals for [Nulton Diagnostics and Treatment Center](#) can be submitted by contacting your child's school counselor or contacting Nulton Diagnostics and Treatment Center directly.

Slatington Office:

643 Main Street, Slatington, PA 18080 | Phone: 610-224-9311 | Fax: 610-224-9305



## [Kidspace Walk-In Appointments](#)





[The Child Mind Institute](#)

[Topics A-Z](#)  
[For Families](#)  
[For Educators](#)



MAGELLAN BEHAVIORAL HEALTH OF PA

[Behavioral Health Services](#)  
[Recovery and Resiliency](#)



Consulting  
Provided By:



[SAP High School](#)

[SAP Middle School](#)

[NW Elementary](#) & [Weisenberg](#)

The Center for Humanistic Change 610-443-1595

## Lehigh County Children's Mental Health Resources:



[LEHIGH COUNTY CHILDREN & ADOLESCENT MENTAL HEALTH](#)

### Other resources to support students at home:

- [Virtual Toolbox For Mental Health In Schools](#)
- [Prioritizing Self-Care While Working From Home](#)
- [What Parents Can Do When Their Child Is Anxious](#)
- [At-Home Wellness Guide COVID19](#)