



GROWTH MINDSET

books for children & adults

by Big Life Journal

Ages 4-8 (continued)

- 46. How to Catch a Star by O. Jeffers
- 47. A Splash of Red: The Life and Art of Hoarce Pippin by J. Bryant
- 48. Emmanuel's Dream: The True Story of Emmanuel Ofose Yeboah by L. Thompson
- 49. The Thing Lou Couldn't Do by A. Spires
- 50. Iggy Peck, Architect by A. Beaty
- 51. Ada Twist, Scientist by A. Beaty
- 52. What Should Danny Do? by A. Levy & G. Levy
- 53. I Won't Quit by D. McGill
- 54. I Can't Do That, YET: Growth Mindset by E. Cordova
- 55. What Do You Do with a Chance? K. Yomada
- 56. The 7 Habits of Happy Kids by S. Covey
- 57. I Think, I Am! Teaching Kids the Power of Affirmations by L. Hay and K. Tracy
- 58. You! S. Magsamen
- 59. I Am Peace: A Book of Mindfulness by S. Verde

Ages 9-12

- 60. The Key to Extraordinary by N. Lloyd
- 61. Marvelous Mattie by E.A. McCully
- 62. Ronia, The Robber's Daughter by A. Lindgren
- 63. Pippi Longstocking by A. Lindgren
- 64. Mrs. Piggle Wiggle by B. MacDonald
- 65. Anne of Green Gables by L.M. Montgomery

- 66. Wonder by R.J. Palacio
- 67. Strong is the New Pretty by K. Parker

Ages 12+

- 68. If I Stay by G. Forman
- 69. James and the Giant Peach by R. Dahl
- 70. Series of Unfortunate Events by L. Snicket
- 71. Wizard of Oz by B. Bracken
- 72. Maniac Magee by J. Spinelli
- 73. The GRIT Guide for Teens by C. Baruch-O'Brien
- 74. Stone Fox by J.R. Gardiner
- 75. Hatchet by G. Paulsen
- 76. Kira-Kira by C. Kadohata

ADULTS

- 77. Mindset by C. Dweck
- 78. GRIT by A. Duckworth
- 79. How Children Succeed by P. Tough
- 80. Mindsets for Parents by M.C. Ricci
- 81. The Growth Mindset Coach by A. Brock
- 82. Grit for Kids by L. Daniels
- 83. The Yes Brain: How to Cultivate Courage, Curiosity, and Resilience in Your Child by D. Siegel
- 84. Year of Yes by S. Rhimes
- 85. Mathematical Mindsets by J. Boaler

GROWTH MINDSET MOVIES

Do you like movies? Choose the movies you want to watch from the "75 Growth Mindset Movies" list included in this kit. Grab some popcorn! Watch the characters practice their resilience and problem-solving while overcoming their obstacles. When the movie is over have an interesting **discussion** about it with your family or friends. Use the questions below for guidance.



Here are some topics you can discuss together!



WHAT DID YOU LEARN FROM THIS MOVIE?

DID THE CHARACTERS HAVE A FIXED OR GROWTH MINDSET? WHY?

WHY DO YOU THINK THE CHARACTERS MADE THE CHOICES THEY DID?

CAN YOU IMAGINE A DIFFERENT ENDING?



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movies & videos for children

by Big Life Journal

Animated Films

- 1. Zootopia (2016), PG
- 2. Sing (2016), PG
- 3. Leap! (2016) or Ballerina, PG
- 4. Moana (2016), PG
- 5. The Good Dinosaur (2015), PG
- 6. Meet the Robinsons (2007), G
- 7. Inside Out (2015), PG
- 8. Trolls (2016), PG
- 9. Frozen (2013), PG
- 10. Brave (2012), PG
- 11. Storks (2016), PG
- 12. UP (2009), PG
- 13. Finding Dory (2016), PG
- 14. Finding Nemo (2003), G
- 15. Chicken Run (2000), G
- 16. Stick Man (2016), G
- 17. Rock Dog (2017), PG
- 18. Kung Fu Panda (2008), PG
- 19. Coco (2017), PG
- 20. Cars 3 (2017), PG
- 21. Kiki's Delivery Service (1989), G
- 22. Secret World of Arriety (2010), G
- 23. Wall-E (2008), G
- 24. Ferdinand (2017), PG
- 25. Turbo (2013), PG

Featured Films

- 26. Hotel for Dogs (2018), PG
- 27. Dolphin Tale (2011), PG
- 28. Queen of Katwe (2016), PG
- 29. Cool Runnings (1993), PG
- 30. The Neverending Story (1984), PG
- 31. Hidden Figures (2016), PG
- 32. The Martian (2015), PG-13
- 33. Walt Before Mickey (2015), PG
- 34. Wild Hearts Can't Be Broken (1991), G
- 35. Fly Away Home (1996), PG
- 36. Rudy (1993), PG
- 37. Pay It Forward (2000), PG-13
- 38. The Blind Side (2009), PG-13
- 39. The Lord of the Rings (2001), PG-13
- 40. The Karate Kid (1984), PG
- 41. October Sky (1999), PG
- 42. Wonder (2017), PG
- 43. Greatest Showman (2017), PG
- 44. Because of Winn-Dixie (2005), PG
- 45. Charlotte's Web (2006), G
- 46. The Wizard of Oz (1939), Not Rated
- 47. The Little Prince (2016), PG
- 48. The Adventures of Sharkboy and Lavagirl (2005), PG
- 49. Anne of Green Gables (1986), Not Rated
- 50. The Secret Garden (1993), G



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Featured Films (continued)

- | | |
|---|--|
| <input type="checkbox"/> 51. Matilda (1996), PG | <input type="checkbox"/> 71. Pathway Transformation Initiative - Growth Mindset by Fullerton College |
| <input type="checkbox"/> 52. A Wrinkle in Time (2018), PG | <input type="checkbox"/> 72. Growth Mindset Video on YouTube by infobundl |
| <input type="checkbox"/> 53. School of Rock (2003), PG-13 | <input type="checkbox"/> 73. Learning and the Brain by Learning and the Adolescent Mind |
| <input type="checkbox"/> 54. Ramona and Beezus (2010), G | <input type="checkbox"/> 74. Sesame Street: Janelle Monae - Power of Yet |
| <input type="checkbox"/> 55. Akeelah and the Bee (2006), PG | <input type="checkbox"/> 75. C.J. Luckey - The Power of Yet |

Short Animated Films

- 56. Piper (2016), G
- 57. Soar (2014), G
- 58. The Boy Who Learned to Fly (2017), G
- 59. Let Me In (2008)
- 60. For The Birds (2001)
- 61. KIWI! (2006)
- 62. The Gift (2016)
- 63. Jinxy Jenkins & Lucky Lou Short Film (2014)
- 64. Elmo Doesn't Give Up (2017)

Videos

- 65. Famous Failures by Motivating Success
- 66. Understanding Talent by sportscotland
- 67. Fixed vs. Growth Mindset: The Natural Talent Myth! by Make Up Your Mind
- 68. You Can Learn Anything by Khan Academy
- 69. How Many Times Should You Try Before Success? by fundersandfounders
- 70. Grit: The Key to Your Success by Florida Virtual School