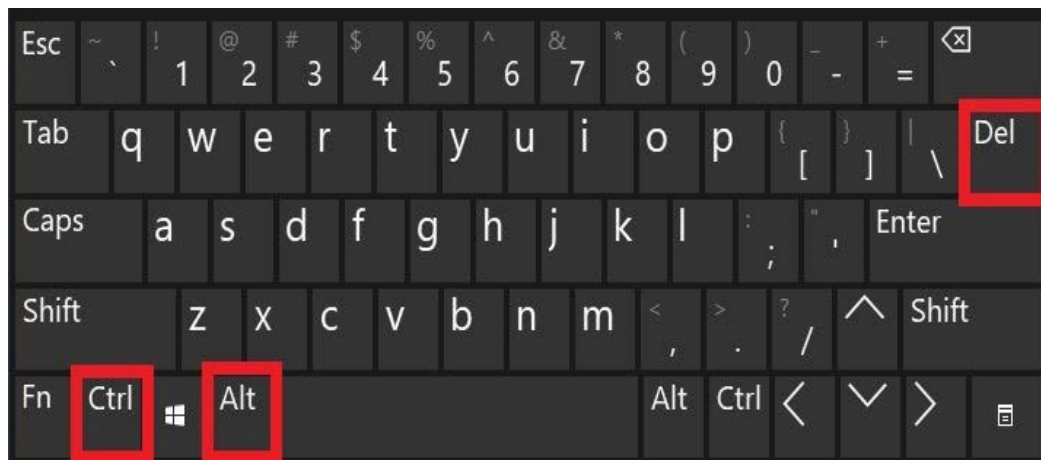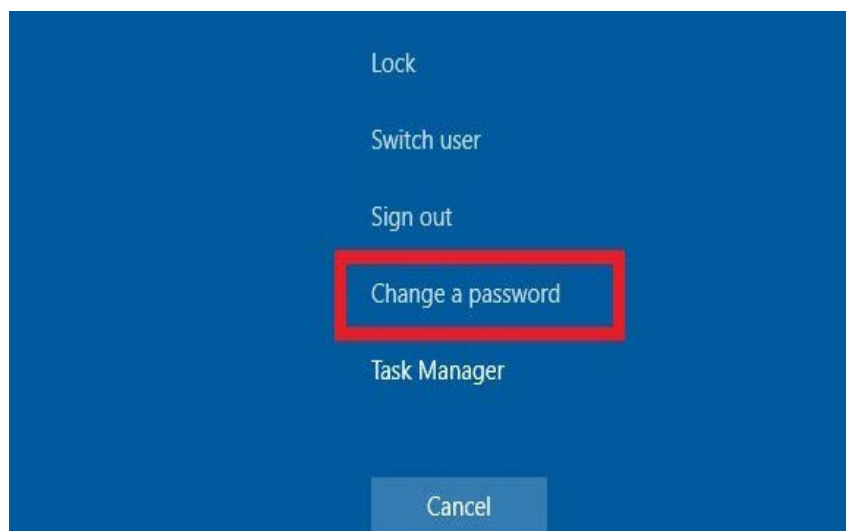# Changing your District / Email Password
Must be performed on a computer in District

1. Press the CTRL, ALT and DEL keys on your keyboard.

2. Select the Change a password option.

3. Enter your current password in the Old Password field.

4. Enter your new password in both the New Password and Confirm Password fields and then press the Enter ⏎ key on your keyboard.

If you still require assistance, please open a help Desk Ticket
http://helprequest.centralislip.k12.ny.us/helprequest