

RECOMMENDED FIRST AID EQUIPMENT AND SUPPLIES

1. Current National American Red Cross First Aid Manual or equivalent First Aid Chart
2. Cot and/or mattress with waterproof cover
3. Blankets, sheets/pillows/pillow cases (disposable covers are suitable)
4. Wash cloths, hand towels, small portable basin
5. Covered waste receptacle with disposable liners
6. Bandage scissors (blunt-end), tweezers
7. Disposable thermometer or thermometer with disposable covers.
8. Sink with running water.
9. Portable stretcher
10. Expendable supplies (refer to <http://www.redcross.org/disaster/masters/supply.html>):
 - Ace bandages (1" and 2" widths)
 - Antimicrobial wipes
 - Baking soda and/or meat tenderizer
 - Bandages: (All sterile) extra-large, knuckle, 1" strip, 3/4" strip, finger tip, mini-spot
 - Bleach
 - Blood pressure cuff: Adult, child, extra large
 - Calamine lotion
 - Cold packs: Small zip-lock storage bag, filled with ice or frozen damp sponge
 - Cotton balls
 - CPR barriers: one per site
 - Cups, disposable
 - Eye pads
 - Gauze pads (sterile): 2x2, 4x4; Non-adherent pads 2x3, 3x4 (non-sterile): cling conforming rolls 1-2"; Gauze rolls 3-4"
 - Gloves (non-sterile, latex free, S. M. L)
 - Magnifying glass
 - Paper rolls for the bed(s)
 - Paper towels
 - Penlight
 - Safety pins
 - Sanitary pads
 - Splints: Arm, leg
 - Stethoscope(s)
 - Sharps container
 - Tape: Transpore (1/2" and 1")
 - Tissues
 - Tongue depressors
 - Triangular bandage: (sling)
 - Treatment Log
 - Zip-Loc baggies