

Low Blood Sugar

Below 70 mg/dl if you are older than age 7 or below 100 mg/dl if you are younger than 7.

Causes

- Too little food, skipped meals, too much insulin or diabetes pills, excess exercise.

Symptoms



LOW BLOOD SUGAR



SHAKING



FAST HEARTBEAT



SWEATING



ANXIOUS



DIZZINESS



HUNGER



IMPAIRED VISION



**WEAKNESS,
FATIGUE**



HEADACHE



IRRITABLE

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High Blood Sugar — Above 200 mg/dl.

Causes

- Too much food, not enough insulin or diabetes pills, infection, stress

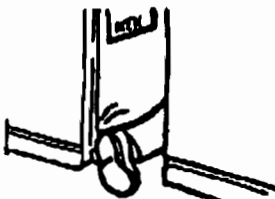
Symptoms



HIGH BLOOD SUGAR



EXTREME THIRST



FREQUENT URINATION



DRY SKIN



HUNGER



BLURRED VISION



DROWSINESS



NAUSEA

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