



UCSF Children's Hospital
at UCSF Medical Center
PEDIATRIC DIABETES PROGRAM
 513 Parnassus Avenue, S-672
 San Francisco, CA 94143
 (415) 353-7337

Check Blood Glucose (BG)

- At designated times per school plan /504 plan
- If child complains of signs/symptoms of hypoglycemia/hyperglycemia
- If signs/symptoms of hypoglycemia/hyperglycemia are observed

Name: _____
 DOB: _____
 School: _____
 School Fax: _____



- Unable to swallow
- Combative
- Unconscious

Complete below in this order:

1. Give Glucagon by intramuscular injection 0.3mg 0.5mg
2. Turn child on their side
3. Send someone else to call 911 and the guardian
4. After paramedics arrive and are caring for the child, call UCSF @ 415-353-7337 and leave a message for the child's MD regarding the event

- Able to swallow
- Cooperative

- Give **15 grams** of fast-acting carbs (ex: 4 oz of juice, 3-4 glucose tablets)
- Recheck BG in **15 minutes**

BG < 100

- Unable to swallow
- Combative
- Unconscious

- Give **15 grams** of fast-acting carbs
- Recheck BG in **15 minutes**

- Able to swallow
- Cooperative

BG ≥ 100

- Child may return to class, activity, etc.
- Notify guardian of low blood sugar & treatment

If BG is not **≥100** after 2 treatments of 15 grams fast-acting carbs, treat with another 15 grams of fast-acting carbs, send someone to call MD @ 415-353-7337 for instructions (tell the operator that you need to speak with the on call diabetes doctor immediately). Then call guardian.

BG ≥ _____

If child is using an insulin pump, follow separate decision tree for "Treating High BG When Using an Insulin Pump"

Check for Ketones

- Ketones are:
- Negative
 - Trace
 - Small

- Ketones are:
- Moderate
 - Large

- Give insulin **if** indicated per school plan/504 plan
- Encourage water
- Discourage carbs
- NO exercise with trace/small ketones. OK if ketones are negative
- Allow bathroom access as needed
- OK for student to stay in school if not feeling ill
- If feeling ill, call guardian to pick up child
- Notify guardian of high blood

1. Give insulin **if** indicated per school plan/504 plan
 2. Contact guardian to pick up child
 3. Call diabetes MD @ 415-353-7337 for additional orders (tell the operator that you need to speak with the on-call diabetes doctor immediately)
- Encourage water
 - Discourage carbs
 - NO exercise

Signs & Symptoms of a Low Blood Sugar (Hypoglycemia)

Can include: shakiness; nervousness; sweating; irritability, sadness, or anger; impatience; chills and cold sweat; fast heartbeat; light-headedness or dizziness; hunger; drowsiness; slurred speech; stubbornness or combativeness; lack of coordination; blurred vision; nausea; tingling or numbness of lips or tongue; headache; strange behavior; confusion; personality change; passing out; _____ ; _____

Signs & Symptoms of a High Blood Sugar (Hyperglycemia)

Can include: nausea; vomiting; stomach pain; fruity-smelling breath; lack of appetite; frequent urination; extreme thirst; weakness; blurry vision; warm, flushed skin; drowsiness; breathing problems; unconsciousness; _____ ; _____

Emergency Contact Info

Name: _____
 Phone #1 _____
 Phone #2 _____
 Phone #3 _____
 Alternate contact person: _____
 Phone Number: _____