

## PRE-SEASON TRAINING

### Girls' Hockey

#### Wednesday 28 - Friday 30th August

We will be holding a pre-season hockey camp at the end of the summer holidays. All pupils are welcome to attend these sessions regardless of ability and previous experience.

**Wednesday 28th August** 1:00pm - 3:00pm

**Thursday 29th August** 1:00pm - 3:00pm

**Friday 30th August** 10:00am - 12:00pm

*Please note there may be a game Saturday 31st August for 1st XI v OFs.*

Year 9 and 10 pupils should meet at the Cockett Astro (the pitch furthest from Follyfield House) and year 11, 12 and 13 pupils should meet at the Philipp's Astro (the pitch nearest to Follyfield House). Pupils do not have to wear Felsted sports kit, but can do so if they wish.

If your daughter would like to attend the pre-season camp please can I ask you to complete this google form so I can confirm numbers for each session.

[Sign up form - Preseason girls hockey](#)

We are also hoping to play a pre-season squad match, more details to follow. If you have any further questions regarding the arrangements, please do not hesitate to contact me.

**Jo Westwood, Director of Hockey [jorw@felsted.org](mailto:jorw@felsted.org)**

### Boys' Rugby

#### Rugby Pre-season training for U14's to 1stXV

In preparation for our next rugby season, I will be holding our annual Rugby Pre-Season Camp for all teams from the U14's to 1st XV at the end of the summer holiday. It will take place from **Monday 19th August to Friday 23rd August then restart after the Bank Holiday Weekend on Tuesday 26th August to Friday 30th August from 09:30 to 16:00 each day, I am hoping to end with a pre-season squad match or tournament for all teams on Saturday 31st August, details to follow.**

I will keep you up to date if things change but for now please can you save the dates and look out for further information about the camp.

Thank you in advance for your continued support of Felsted Rugby.

**Andrew Le Chevalier, Director of Rugby [alc@felsted.org](mailto:alc@felsted.org) / 07801 341075**