

**RESCUED HEARTS RANCH** is a registered non-profit whose mission is to empower youth by providing hands-on experiences through community care-farming.



### THE CARE-FARMING APPROACH

Care-farming is a science-based approach that promotes mental and physical health by combining the care of animals and the natural world with the care of people. Our 3 restorative areas of support focus on:

- Farming, animals & earth connections
- Contemplative practices
- Physical well-being

### BENEFITS

- Development of social skills
- Increased self-esteem
- Healthy coping skills
- Learned vocational skills

### Our Commitment

We are committed to improving the lives of children through the connection with animals, nature and farm-based activities to help them achieve their fullest potential, also known as care-farming.

### OUR 3 CORE VALUES

**Empathy**  
**Responsibility**  
**Respect**

**DONATE**

Our program is only made possible through the help of our donors. A list of needs for operations can be found on our website. Thank you for your consideration & support.

### EXPERIENCES & PROGRAMS

JR CARE FARMERS & RESCUED HEART RANGERS:

5 week sessions

2 hours Sunday & Thursdays

Beginning July 11th - August 8th

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Douglas County School District  
TE 4/6/24

Serving families from the Tahoe Area, Carson Valley & Northern Nevada

EIN: 87-4804145



Contact us at: @RescuedHRanch



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www.rescuedheartsranch.org



# Rescued Hearts Ranch Summer Sessions Information



Attention all adventure seekers, nature lovers and horse enthusiasts! Are you passionate about horses? Excited to learn about their care, their grooming, & building connections? Our sessions offer a unique opportunity to bond with these horses while gaining essential personal learning experiences directly from our team of volunteers & horses!

Get ready to embark on the ultimate 5 week journey of fun, learning, and life-changing experiences



But wait, there's more! Learn about Empathy, Respect and Responsibility during our 5 week experience right along side our incredible team of volunteers & horses. Dive into interactive workshops, hands-on activities, and engaging lessons that will broaden your horizons and ignite your curiosity.

Plus, immerse yourself in the world of care-farming, where you will discover connections between agriculture, sustainability, & well-being. Get your hands dirty and witness firsthand, the magic of nurturing the land.



With our 5-week sessions approaching and spots are limited, your experience awaits, and we can't wait to suit your interests. Whether you are a seasoned horse expert or brand new to the outdoors, there is something for everyone here!

## **Spots are limited!**

Sessions begin July 11<sup>th</sup> from 10:00– 12:00 thru August 8<sup>th</sup> for ages 5-9 and July 14<sup>th</sup> from 1:00 – 3:00 thru August 11<sup>th</sup> for ages 10-14.

## **\$250 per participant**

All participants will receive a hat, a shirt, supplies for each session, an invaluable education and a memory of a lifetime!

So what are you waiting for? Get ready for the adventure of a lifetime! Rescued Hearts Ranch excitement awaits, and unforgettable memories are just around the corner. See you there!

Visit: [RescuedHeartsRanch.org](https://RescuedHeartsRanch.org)  
or email us at  
[info@rescuedheartsranch.org](mailto:info@rescuedheartsranch.org)  
to signup today!



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