



## Jefferson Center Collaborative Care Clinic

### Are you looking for care that helps you get better faster?

Jefferson Center can support you on your mental health journey and put you in the driver's seat. We call them Collaborative Care Clinics and put you in control and on the road to resiliency. The clinics are designed to meet your needs on your time.

### How so?

- Your team of expert providers will provide flexible treatment options designed just for you.
- Your wait time between visits at our in-person and virtual clinics are reduced.
- You acquire skills and tools for long-term resiliency.
- You don't need to make an appointment! Simply visit the clinic during our identified hours for quick access.
- You tell us your needs for the day/week at each visit and get connected to the right support and resources.

### Clinics Now Open! Family & Kids | Mountain

#### Who is on my care team?

Your care team includes therapists, care coordinators (case managers), peer support specialists, prescribers, and nurses.



**Therapist:** helps you learn and gain skills and tools that will help you to feel better

**Care Coordinator:** helps you connect to resources that impact your mental health through Jefferson Center and other community resources

**Peer Specialist:** helps you connect to someone who has lived experience dealing with mental health issues

**Prescriber:** helps you with medication management and biomedical needs related to mental health

**Nurse:** assists you and the prescriber with medication management

#### Am I a good candidate?

Call Jefferson Center today to see if you qualify and would be a good candidate for our Collaborative Care Clinic.

The care team can be reached during business hours by email, calling the Jefferson Center main number

**Jefferson Center Main Number  
303-425-0300**