

**6-8 MS Lunch**

# Middle School Lunch Menu Spring 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Week 1</i>	May 13	May 14	May 15	May 16	May 17
<b>Entree</b> (Choose 1) <b>Vegetables</b> (Choose 1-2) <b>Fruit</b> (Choose 1) <b>Milk</b> (Choose 1)	<ul style="list-style-type: none"> <li>● Philly Cheesesteak</li> <li>● Baby Carrots</li> <li>● Green Beans</li> <li>● Applesauce Cup</li> <li>● 100% Fruit Juice</li> <li>● Assorted Milk</li> </ul>	<ul style="list-style-type: none"> <li>● RPS Burger</li> <li>● Crinkle Cut Fries</li> <li>● Pickle, Tomato &amp; Lettuce Cup</li> <li>● Green Apple</li> <li>● Chilled Peaches</li> <li>● Assorted Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Chicken Drumstick w/ Dinner Roll</li> <li>● Steamed Broccoli</li> <li>● Sweet Potatoes</li> <li>● Applesauce Cup</li> <li>● 100% Fruit Juice</li> <li>● Assorted Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Corn Dog</li> <li>● Baked Beans</li> <li>● Seasoned Carrots</li> <li>● Chilled Peaches</li> <li>● Apple Slices</li> <li>● Assorted Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Big Daddy's Pizza</li> <li>● Garden Salad</li> <li>● Seasoned Corn</li> <li>● Applesauce Cup</li> <li>● Orange</li> <li>● Assorted Milk</li> </ul>
<i>Week 2</i>	May 20	May 21	May 22	May 23	May 24
<b>Entree</b> (Choose 1) <b>Vegetables</b> (Choose 1-2) <b>Fruit</b> (Choose 1) <b>Milk</b> (Choose 1)	<ul style="list-style-type: none"> <li>● Spicy Chicken Sandwich</li> <li>● Lettuce, Tomato, Pickle Spear</li> <li>● Broccoli w/Cheese</li> <li>● 100% Fruit Juice</li> <li>● Red Apple</li> <li>● Assorted Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Turkey Taco w/ Tortilla Chips</li> <li>● Black Beans</li> <li>● Salsa Cup</li> <li>● Green Apple</li> <li>● Chilled Peaches</li> <li>● Assorted Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Breakfast for Lunch: Chicken &amp; Waffles</li> <li>● Mixed Vegetables</li> <li>● Hashbrown Patty</li> <li>● Applesauce Cup</li> <li>● 100% Fruit Juice</li> <li>● Assorted Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Chicken Nuggets w/ Roll</li> <li>● Broccoli</li> <li>● Coleslaw</li> <li>● Applesauce Cup</li> <li>● Orange</li> <li>● Assorted Milk</li> </ul>	<ul style="list-style-type: none"> <li>● Big Daddy's Pizza</li> <li>● Garden Salad</li> <li>● Seasoned Corn</li> <li>● Apple Slices</li> <li>● Chilled Peaches</li> <li>● Assorted Milk</li> </ul>
<i>Week 3</i>	May 27	May 28	May 29	May 30	May 31
<b>Entree</b> (Choose 1) <b>Vegetables</b> (Choose 1-2) <b>Fruit</b> (Choose 1) <b>Milk</b> (Choose 1)	<ul style="list-style-type: none"> <li>● <i>Memorial Day</i></li> <li>● <i>RPS Closed</i></li> </ul>	<ul style="list-style-type: none"> <li>● Manager's Choice</li> </ul>	<ul style="list-style-type: none"> <li>● Manager's Choice</li> </ul>	<ul style="list-style-type: none"> <li>● Manager's Choice</li> </ul>	<ul style="list-style-type: none"> <li>● Manager's Choice</li> </ul>

### Additional Daily Entree Options

- Chicken Sandwich, Hamburger, or Pizza
- Granola & Yogurt Parfait
- Hummus & Veggie Box
- Entree Salad w/ Dinner Roll or Cheez-it (2)

(Manager may offer 1-3 additional options daily. Varies by school, see your cafe manager for details)

### Nutrition Bites

- May is National Salad Month
- 5/13 International Hummus Day
- 5/13 - 19 Food Allergy Awareness Week
- 5/20 World Bee Day
- Eat More Fruits & Vegetables Day

Lunch includes:  
Choice of 1 Entree,  
1-2 Vegetables, 1 Fruit,  
and 1 Milk

Menu subject to change due  
to item availability

Vegetarian Options  
Available Upon Request