

# K-12 Breakfast



*K - 12 School  
Breakfast Menu  
Spring 2024*

Breakfast includes:  
Choice of 1 Entree,  
1-2 Fruits, and 1 Milk

Menu subject to change  
due to item availability

Vegetarian options are  
available upon request

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Week 1</i>	May 13	May 14	May 15	May 16	May 17
<b>Entree</b> <b>Fruit</b> (Choose 1-2) <b>Milk</b> (Choose 1)	<ul style="list-style-type: none"> <li>Waffle w/ Turkey Bacon</li> <li>Orange</li> <li>Diced Pears</li> <li>Assorted Milk</li> </ul>	<ul style="list-style-type: none"> <li>Turkey Sausage Biscuit</li> <li>Chilled Peaches</li> <li>Applesauce Cup</li> <li>Assorted Milk</li> </ul>	<ul style="list-style-type: none"> <li>Country Steak Biscuit</li> <li>Apple</li> <li>100% Fruit Juice</li> <li>Assorted Milk</li> </ul>	<ul style="list-style-type: none"> <li>Egg &amp; Cheese Biscuit</li> <li>Applesauce Cup</li> <li>Orange</li> <li>Assorted Milk</li> </ul>	<ul style="list-style-type: none"> <li>Banana Bread</li> <li>Apples slices</li> <li>100% Fruit Juice</li> <li>Assorted Milk</li> </ul>
<i>Week 2</i>	May 20	May 21	May 22	May 23	May 24
<b>Entree</b> <b>Fruit</b> (Choose 1-2) <b>Milk</b> (Choose 1)	<ul style="list-style-type: none"> <li>Cereal Bowl w/ Cheese Stick</li> <li>Chilled Peaches</li> <li>Apple</li> <li>Assorted Milk</li> </ul>	<ul style="list-style-type: none"> <li>Turkey Sausage Breakfast Pizza</li> <li>Orange</li> <li>Applesauce Cup</li> <li>Assorted Milk</li> </ul>	<ul style="list-style-type: none"> <li>Crispy Chicken Biscuit</li> <li>Applesauce Cup</li> <li>100% Fruit Juice</li> <li>Assorted Milk</li> </ul>	<ul style="list-style-type: none"> <li>Donut</li> <li>Chilled Peaches</li> <li>Apple</li> <li>Assorted Milk</li> </ul>	<ul style="list-style-type: none"> <li>Yogurt Parfait w/Blueberry Crisps</li> <li>Apple Slices</li> <li>100% Juice</li> <li>Assorted Milk</li> </ul>
<i>Week 3</i>	May 27	May 28	May 29	May 30	May 31
<b>Entree</b> <b>Fruit</b> (Choose 1-2) <b>Milk</b> (Choose 1)	<ul style="list-style-type: none"> <li><i>Memorial Day</i></li> <li><i>RPS Closed</i></li> </ul>	<ul style="list-style-type: none"> <li>Manager's Choice</li> </ul>	<ul style="list-style-type: none"> <li>Manager's Choice</li> </ul>	<ul style="list-style-type: none"> <li>Manager's Choice</li> </ul>	<ul style="list-style-type: none"> <li>Manager's Choice</li> </ul>

*Additional Daily Entree Options*

- Assorted Cereal, Poptart or Muffin, with choice of:
- Yogurt, Cheese Stick or Hard Boiled Egg
- Berry or Peach Smoothie w/ 1-Grain Item at Select High Schools

(Managers may offer an assortment of 2-3 additional items daily. Varies by school, see your cafe manager for details)

*Nutrition Bites*

- May is National Salad Month!
- 5/13 International Hummus Day
- 5/13 - 19 Food Allergy Awareness Week
- 5/20 World Bee Day
- 5/21 Eat More Fruits & Vegetables Day