

9-12 HS Lunch

High School Lunch Menu Spring 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Week 1</i>	May 13	May 14	May 15	May 16	May 17
Entree (Choose 1) Vegetables (Choose 1-2) Fruit (Choose 1) Milk (Choose 1)	<ul style="list-style-type: none"> ● Philly Cheesesteak ● Green Beans ● Coleslaw ● Orange ● 100% Juice ● Assorted Milk 	<ul style="list-style-type: none"> ● RPS Burger ● Crinkle Cut Fries ● Pickle, Tomato & Lettuce Cup ● Red Apple ● Chilled Peaches ● Assorted Milk 	<ul style="list-style-type: none"> ● Chicken Drumstick w/Rice & Roll ● Steamed Broccoli ● Sweet Potatoes ● Orange ● 100% Juice ● Assorted Milk 	<ul style="list-style-type: none"> ● Corn Dog ● Baked Beans ● Seasoned Carrots ● Chilled Peaches ● Apple Slices ● Assorted Milk 	<ul style="list-style-type: none"> ● Big Daddy's Pizza ● Garden Salad ● Seasoned Corn ● Applesauce Cup ● 100% Juice ● Assorted Milk
<i>Week 2</i>	May 20	May 21	May 22	May 23	May 24
Entree (Choose 1) Vegetables (Choose 1-2) Fruit (Choose 1) Milk (Choose 1)	<ul style="list-style-type: none"> ● Spicy Chicken Sandwich ● Lettuce, Tomato, Pickle Spear ● Broccoli + Cheese Sauce ● Orange ● 100% Juice ● Assorted Milk 	<ul style="list-style-type: none"> ● Turkey Taco w/ Tortilla Chips ● Black Beans ● Salsa Cup ● Chilled Peaches ● Green Apple ● Assorted Milk 	<ul style="list-style-type: none"> ● Breakfast for Lunch: Chicken & Waffles ● Baby Carrots ● Hashbrown Patty ● Red Apple ● 100% Juice ● Assorted Milk 	<ul style="list-style-type: none"> ● Popcorn Chicken w/ Roll ● Mixed Vegetables ● Coleslaw ● Apple Slices ● Orange ● Assorted Milk 	<ul style="list-style-type: none"> ● Big Daddy's Pizza ● Garden Salad ● Seasoned Corn ● Chilled Peaches ● 100% Juice ● Assorted Milk
<i>Week 3</i>	May 27	May 28	May 29	May 30	May 31
Entree (Choose 1) Vegetables (Choose 1-2) Fruit (Choose 1) Milk (Choose 1)	<ul style="list-style-type: none"> ● <i>Memorial Day</i> ● <i>RPS Closed</i> 	<ul style="list-style-type: none"> ● Manager's Choice 	<ul style="list-style-type: none"> ● Manager's Choice 	<ul style="list-style-type: none"> ● Manager's Choice 	<ul style="list-style-type: none"> ● Manager's Choice

Additional Daily Entree Options

- Chicken Sandwich or Pizza
- Granola & Yogurt Parfait
- Hummus & Veggie Box w/ Tostitos
- Entree Salad w/ Dinner Roll or Cheez-it (2)

(Manager may offer 1-3 add'l options daily. Varies by school, see your cafe manager for details)

Nutrition Bites

- May is National Salad Month
- 5/13 International Hummus Day
- 5/13 - 19 Food Allergy Awareness Week
- 5/20 World Bee Day
- Eat More Fruits & Vegetables Day

Lunch includes:
Choice of 1 Entree,
1-2 Vegetables, 1-2
Fruits, and 1 Milk

Menu subject to change due
to item availability

Vegetarian Options
Available Upon Request