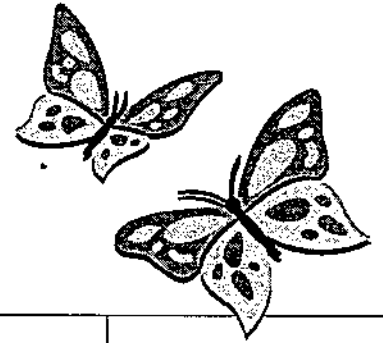


may
2024

Southgate

Community Schools
Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Banana Muffin(1) Go-Gurt (1) Raisins (1) Choice of Milk (1)	2 Nutrigrain Bar (2) Tiger Grahams(1) Fresh Banana (1) Choice of Milk (1)	3 Chef's Choice (1) Fruit OTD (1) 100% Fruit Juice (1) Choice of Milk (1)
6 Cereal Variety (1) Grahams (1) Applesauce (1) Choice of Milk (1)	7 Mini Bagel w/ Cream Cheese (2) Scooby Grahams (1) 100% Fruit Juice (1) Choice of Milk (1)	8 Blueberry Mini Loaf (1) Cheese Cubes (1) Sour Raisins (1) Choice of Milk (1)	9 WG Cinnamon Roll (2) Go-Gurt (1) Fresh Apple (1) Choice of Milk (1)	10 Chef's Choice (1) Fruit OTD (1) 100% Fruit Juice (1) Choice of Milk (1)
13 Cereal Variety (1) Grahams (1) Applesauce (1) Choice of Milk (1)	14 Apple Cinnamon Muffin (2) Go-Gurt (1) 100% Fruit Juice (1) Choice of Milk (1)	15 Mini Orange Loaf (1) Giant Goldfish Graham (1) Raisins (1) Choice of Milk (1)	16 Cocoa Puff Cereal Bar (2) Cheese Cubes (1) Clementine (1) Choice of Milk (1)	17 Chef's Choice (1) Fruit OTD (1) 100% Fruit Juice (1) Choice of Milk (1)
20 Cereal Variety (1) Grahams (1) Applesauce (1) Choice of Milk (1)	21 Banana Muffin (1) Cheese Stick (1) 100% Fruit Juice (1) Choice of Milk (1)	22 Yogurt Cup (1) Granola (1) Craisins (1) Choice of Milk (1)	23 Iced Cinnamon Granola Bar (1) Go-Gurt (1) Fresh Pear (1) Choice of Milk (1)	24 NO SCHOOL
27 NO SCHOOL- MEMORIAL DAY	28 Blueberry Muffin (1) Cheese Cubes (1) 100% Fruit Juice (1) Choice of Milk (1)	29 Banana Mini Loaf (1) Go-Gurt (1) Sour Raisins (1) Choice of Milk (1)	30 Chocolate Chip Oatmeal Bar (1) Dick & Jane Crackers (1) Fresh Banana (1) Choice of Milk (1)	31 Chef's Choice (1) Fruit OTD (1) 100% Fruit Juice (1) Choice of Milk (1)

NOTES:

-REMEMBER TO CHOOSE UP TO 3 ITEMS AND THAT ONE MUST BE A FRUIT!

(ITEM NUMBERS ARE IN BRACKETS)

-WE PROVIDE 1% WHITE MILK AND FAT FREE CHOCOLATE MILK EVERYDAY!

-FRUITS ARE PACKAGED IN 1/2 CUP PORTIONS. STUDENTS CAN TAKE UP TO ONE CUP.

