## HUNTERDON PARKS HARBINGER SUMMER 2024 June, July, August





HUNTERDON COUNTY DIVISION OF PARKS & RECREATION

Mailing Address: P.O. Box 2900, Flemington, NJ 08822-2900 Office Location: 1020 State Highway 31, Lebanon, NJ Telephone (908) 782-1158 · Fax (908) 806-4057 Email: parks@co.hunterdon.nj.us https://www.co.hunterdon.nj.us/479/Parks-Recreation



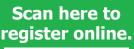
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## **Online Program Registration**

You can register for any of our Hunterdon County Parks and Recreation programs online. Visit our website <u>www.co.hunterdon.nj.us/479/Parks-Recreation</u> and click the photo for Online Program Registration.

Register in person by completing the program registration and medical record form on the last page of this Harbinger. Visit the Hunterdon County Arboretum at 1020 Rt 31, Lebanon, NJ





08833 Mon-Fri 8:00 AM to 4:30 PM or mail your completed form with check payment to Hunterdon County Parks and Recreation, P.O. Box 2900, Flemington, NJ 08822.

Program details including parking addresses and any other pertinent information such as items to bring will be printed on your receipt.

### **CANCELLATION POLICIES:**

You will be notified by phone if we cancel a program and you will receive a full refund. Programs are designed for all types of weather and participants should dress appropriately. Cancellations and requests for refunds made by participants must be in writing. Cancellations made less than one week prior to program will not receive a refund.

# Nature Camp at Echo Hill

Welcome to Camp Hunterdon Echo Hill Nature Camp. In partnership with the YMCA of Bucks and Hunterdon Counties we are excited to launch the 2024 Nature Camps.

SLITHER AND SPLASH June 24-June 28 Start the summer with an unforgettable journey where curious minds can uncover the secrets of slithering snakes, magnificent turtles, and enchanting amphibians. You will even have a chance to get up close and personal with these incredible creatures! Join us for a week of discovery, laughter and the magic of reptiles and amphibians.

**SURVIVING THE WILDERNESS** July 1-July 5 Embark on a wilderness adventure! This week will be packed with outdoor activities, survival skills, teamwork, and personal development. Join of wild exploration, where learning about local us for an unforgettable journey into the wild, where every moment is an opportunity for exploration, growth and building lasting connections with nature and fellow adventurers.

FEATHERED FRIENDS July 8-July 12 Fly into a week of bird explorations featuring our local feathered friends. From sparrows darting into the brush to hawks soaring in the air, we'll discover the features of the birds that fascinate us. Join us for a week filled with bird watching, discoveries and a whole lot of feathered fun!

BRANCHING OUT July 15-July 19 Let's grow together and learn about all things plants, sticks and trees. Discover the powers of flowers and trees, build survival shelters with sticks and leaves and explore how even a dead tree teems with life. Join us for a plant-powered adventure.

WILD & CRAFTY CREATIONS July 22-July 26 A week where campers can release their creativity in the beauty of the great outdoors! Through interactive and nature-infused craft projects and activities, this engaging camp fosters a love for both crafting and the environment in an interactive and exciting way.

### **BUG OUT** July 29-August 2

It's a buzzy, bug bonanza! This week campers focus on insects for a creepy-crawly adventure! Let your camper unleash their inner entomologist, exploring nature's tiny wonders, while making lifelong bug buddies. Don't let this opportunity crawl away!

MAMMAL MYSTERIES August 5-August 9 Explore the captivating world of Hunterdon's mammals. With lessons on bats, beavers, bears and coyotes, each day promises hands-on fun, discussions, and role-playing. Join us for a week mammals turns into an unforgettable adventure!

DRIP, DRIP, DRENCH August 12-August 16 Prepare to get wet this week and dive into why water is so important to our world! We will meet aquatic turtles up close, explore the insects and crayfish of the Prescott Creek and of course, cool off with a favorite camp game, Drip, Drip, Drench! Let's end summer with a splash!

Half day and full day options available!

Full information and registration for Nature Camp can be found at https:// www.ymcabhc.org/camp/flemington-echo-hillpark



## Summer Concert Series

Thursdays 7:00 PM to 9:00 PM Special Youth Concert Saturday, July 27, 10:00 AM to 12:00 PM



MUSIC UNDER THE STARS

Deer Path Park

All Ages - All children must be accompanied by an adult.

Join us this summer, bring your friends & family, maybe a picnic dinner, your blanket and lawn chair and enjoy the music and the sunset!

**Have fun, be safe, & be courteous of others.** Our concert series is family-oriented; be considerate of others so everyone may enjoy the music and the natural surroundings. If you smoke, make sure the smoke does not bother anyone else. Keep children in sight at all times for safety and so they do not disturb others. Remember some people are afraid of dogs; observe our leash law and keep pets under control at all times. Alcoholic beverages are not permitted!

**Rainy day concert information**: Weather conditions may dictate that we move the concert inside; the decision will be made the afternoon of the concert day. To find out this information, go to our county website: <u>www.co.hunterdon.nj.us</u>, social media, or call the park office after 4:30 PM, and listen to the recording (908) 782-PARK (7275). Indoor concerts will be held at Hunterdon Central High School, 84 Route 31, Flemington NJ, 08822.

### June 27, 2023 - Hunterdon Symphony ~ Forces of Nature

The dual musical themes of "Out to Sea" and "Thunder and Lghtning on Land" collide perfectly to create a program of works perfect for a summer evening in the park. Music by Beethoven, Mendelssohn, Rossini, Strauss, and more! Founded in 1980, the Hunterdon Symphony has for decades been the opening event of the Music Under the Stars Concert Series. What better way to enjoy live classical music than seated outside in your own favorite lawn chair, sprawled on a picnic blanket, or wandering the wide green periphery of beautiful Deer Path Park. <u>www.hunterdonmusicalarts.org</u>

### July 11, 2024 - Captain Jack

The Captain Jack Band is a Billy Joel Tribute band consisting of some of the tri-state area's top musicians. The band, in every performance, captures the "live concert" arrangements of these timeless hits which captivated tens of thousands to attend Billy Joel concerts. Every event is packed with all the energy, passion, and interaction of a Billy Joel Concert, represented by 3 decades of Billy's music in every Captain Jack show. <u>www.captainjacktributeband.com</u>



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### July 18, 2024 - Best of the Eagles

Best of the Eagles (BOTE) is the most exact interpretation of the music of the Eagles in America, bar none! Each member mirrors his counterpart in the Eagles instrumentally, and vocally. However, this is no simple copy band or impersonator act, but rather a group of excellent musicians who expertly and authentically re-create the songs, the music, the vocals, and the magical aura of one of America's greatest rock bands. The band has sold out so many venues throughout the East Coast and Mid-West including the 1700 Count Basie Theater in NJ, The Gateway and Ike's Hall at West Point in NY, The Academy Center for the Arts in VA, The Tibbits Opera House in MI, The Alhambra Theater in FL, and so many others. If you love the music of the Eagles, you will not want to miss BOTE. www.bestoftheeagles.com

### July 25, 2024 - Jake's Rockin' Country Band

Jake's Rockin' Country Band is sure to please country fans of all ages! They cover hits by current artists like Blake Shelton, Kenny Chesney, Luke Bryan, Jason Aldean, and Miranda Lambert, and old-school stars like Johnny Cash, Waylon Jennings, Willie Nelson, Dolly Parton, and Merle Haggard. The boys also play country and southern rock by the Eagles, The Doobie Brothers, Lynrd Skynrd, Creedence Clearwater Revival, the Grateful Dead, The Marshall Tucker Band, and the Allman Brothers. They can even put their unique touch on Zydeco, Cajun, Bluegrass, Elvis, Eric Clapton, the Beatles, and the Rolling Stones. https://esteemlivemusic.com/ live-music-bands/esteem-live-bands-orchestras/ iakes-rockin-country/

#### Saturday, July 27, 10:00 AM to 12:00 PM Beauty & The Beats

#### August 1, 2024 - The Hunterdon Choral Alliance

The Hunterdon Choral Alliance returns to "Music Under the Stars" with over 70 singers belting out pop hits from the radio and the stage! The Hunterdon Harmonizers continue to deliver their big sound in the traditional barbershop style. Vocal Synergy is pleased to share selections from their recent Carnegie Hall debut, where they recently performed with Deke Sharon, the musical producer of the "Pitch Perfect" movies as well as TV's acclaimed competition show, "The Sing-Off". The Alliance will also be joined by new vocal groups sure to have you humming and grooving along. <u>https://www.njchoralalliance.org/</u>

#### August 8, 2024 - The Nerds (The Ultimate Cover Band)

Often imitated but never duplicated, The Nerds have been redefining what it means to be a cover band since 1985. With the onslaught of cover bands playing alternative-grunge song lists, the Nerds stuck to their guns playing a little bit of everything that they like, R&B, blues, funk, dance, classic rock, hair band, punk, new wave, pop and Englebert Humperdinck. In the fall of 2000, they were asked to host MTV's Ultimate Cover Band Contest as the house band. They have shared a stage with Sheryl Crow, Hootie and the Blowfish, Earth Wind and Fire, Train, The Go-Gos, Maroon 5, Southside Johnny, and more. Over the years, Spaz, Biff, Stretch, and Mongo have graced stages from the Jersey Shore to Las Vegas, earning their reputation as "America's Party Band Fun-omenon" every step of the way. https://www.tedfass.com/artist/the-nerds/



It's all about the young and young at heart with Beauty & the Beats! Disney fanatics of all ages get ready to sing and dance with this Ultimate Fairytale Show! Picture an enchanted concert with favorites like; Under The Sea, We Don't Talk About Bruno, Let It Go, A Whole New World, Be Our Guest, Part Of Your World, Just Can't Wait to Be King and much more. This immersive experience begins with your hosts Princess Melody and The Dragon Prince as they take us on a journey across the Fairy Tale Universe. Along the way we meet Captain Greenbeard and the rest of the cast as they bring to life songs from your favorite stories.

# **Canoeing and Kayaking**

## **River Day Trips**

Time: 8:15 AM to about 3:30 PM Parking Location: Echo Hill

Ages: 8 through Adults | All children must be accompanied by an adult also registered for the program. Cost: \$45.00 per person | Registration closes Wednesday before the trip. Instructor: Patrick Eckard, Recreation Program Coordinator

Your leaders will fit you with a lifejacket and paddle, drive to the river, discuss maneuvering techniques and boating safety, and guide you down the river. We paddle for about two hours, stop for lunch, and paddle about two more hours, which depends in part on natural forces, such as wind and water levels. Our aim is to return to Echo Hill by 3:30 PM, give or take an hour.

Dates: Saturday, June 22: South Branch of the Raritan River | **Naturalist Guided Paddle** Saturday, June 29: Delaware River, Kingwood to Bull's Island Saturday, July 13: South Branch of the Raritan River Saturday, August 3: South Branch of the Raritan River Saturday, August 10: Delaware River, Kingwood to Bull's Island PLEASE NOTE: Due to water levels or other circumstances, it may be necessary to pick an alternative river. Leaders may make this change at any time to provide a

## Sunset Paddle on Round Valley Reservoir

Date: Friday, July 26 Time: 6:00 PM to 8:30 PM Location: Round Valley Reservoir Boat Launch County Rd 629, Lebanon, NJ 08833 Ages: 8 through Adults | All children must be accompanied by an adult also registered for the program Cost: \$30 | Registration closes Wednesday before the trip. Instructor: Patrick Eckard, Recreation Program Coordinator

safe and fun experience.



Treat yourself to a guided evening sunset paddle. The group will meet at Round Valley Reservoir at the boat launch. A short safety talk will be included. Bring a flashlight and an extra jacket; it's cooler by the water when the sun goes down.

### Planning your boating trip:

**What to wear:** We suggest dressing in layers so you can adjust to changing temperatures. Durable old clothes are best; wool keeps you warm even if wet and polypropylene fleece dries quickly. Cotton is a bad material for cool, wet outdoor activities. Sneakers are recommended, please no sandals, boots, or heavy shoes. Wool socks are best for cold weather. A bathing suit may be worn in warm weather, often we stop for a swim.

**What to bring:** Lunch (in a waterproof container), lots of water to drink, rain jacket, hat, sunscreen, eyeglass strap, etc. In chilly weather, a complete change of clothing may be carried in your canoe (in a waterproof bag) or kept in the van for the trip's end.

**What not to bring:** No alcoholic beverages are permitted on our trips. No pets are allowed, except service animals. Any valuables that may be damaged or lost in the river should stay at home.

**Cancellations:** If we cancel the trip, you will be notified by phone and receive a full refund. Our trips run rain or shine with the exception of extreme weather.

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# **Nature Programs**

## **Naturalist Guided Paddling**

Saturday, June 22 8:15 AM

Join us as we explore and learn about the intricate ecosystems of the South Branch of the Raritan River. Experience a connection with nature with a skilled naturalist on a serene kayaking/canoeing expedition. Embrace the tranquility of nature with no engines, no disturbances, and no environmental harm. Find all the details of our padding programs on page 6.

## Webinars

Hunterdon County Parks and Recreation's nature webinars offer a window into the region's diverse and stunning natural landscapes. These webinars provide a unique opportunity to deepen your understanding of local flora and fauna, ecological conservation, and sustainable practices. Best of all, they are completely free, making them accessible to all nature enthusiasts, from beginners to experts, eager to explore and protect the beauty of Hunterdon County.

## **Woodpeckers of Hunterdon County**

Date: Wednesday, June 19 Time: 7:00 PM to 8:00 PM Ages: 8 through Adults Cost: Free but pre-registration required Instructor: Tom Sheppard, Chief Park Naturalist

Woodpeckers are one of the more interesting families of birds. We will explore their adaptations that make them great at pecking wood, how they use their tongue to catch

insects, how it's stored, and more. We will review all the species of the state and how one can identify them. Along with how one may attract them to your property, we will also cover the issues regarding having them in the area.



## **Nocturnal Insects**

Date: Monday, July 22 Time: 7:00 PM to 8:00 PM Ages: 8 through Adult Cost: Free but pre-registration required Instructor: Laura Bush,

Principal Park Naturalist



Nature after dark is fascinating! Katydids sing, cicadas emerge, and wolf spiders hunt. With this lecture, we will learn about insects that are active at night in the summer. We will hear calls and learn about how they make their sounds. Participants are encouraged to explore their neighborhood after dark following the program, or join us in the park for the Full Moon Walk in August! See page 13 for details.

## **Coexisting with Coyotes**

Date: Wednesday, August 28 Time: 7:00 PM to 8:00 PM Ages: 8 through Adults Cost: Free but pre-registration required Instructor: Tom Sheppard, Chief Park Naturalist

Coyotes have now been part of our County's population for several years. The number of coyotes in our community is still fluctuating, and they are definitely making their presence felt. Join us for a night as we discuss their comeback and the issues, concerns, and benefits that surround this species. Learn how we need to adapt to coexist with this creature.

## **Trips** Birding Van Trips

## **Sussex County Birds**

Date: Saturday, June 8 Time: 5:00 AM to 2:00 PM Parking Location: Hunterdon County Arboretum

Ages: Adults Cost: \$37 Instructor: Tom Sheppard, Chief Park Naturalist

Most participants on Sussex trips of years past consider this destination to be one of the best. With

potential birds like Scarlet Tanagers, Cerulean Warblers, Great Crested Flycatchers, and Northern Ravens, it is easy to see why. Sussex County is just great for northern nesting birds. We will be visiting portions of Stokes State Forest and High Point State Park. Moderate walking required. Please note the early start time, which will put us in the field at prime time for birding.

## **Breeding Birds of Hunterdon County**

Date: Saturday, July 6 Time: 6:00 AM to Noon Parking Location: Hunterdon County Arboretum Ages: Adults Cost: \$26 Instructor: Tom Sheppard, Chief Park Naturalist

Hunterdon has a rich variety of nesting birds. Prior to this trip, we will scout some of the best

spots in the County, such as Hoffman Park, Spruce Run Reservoir, and Voorhees State Park. However, the route of the trip may change up to the last moment depending on reports and findings. We hope to see Bobolinks, a variety of warblers, and more. Two miles of hiking may be required.

### Liberty State Park & the Meadowlands

Date: Saturday, August 17 Time: 7:00 AM to 4:30 PM Parking Location: Hunterdon County Arboretum Ages: Adults Cost: \$41 Instructor: Tom Sheppard, Chief Park Naturalist

Join us on a trip to look for birds along the shores and marshes of Northeastern NJ. Our first stop will be at Liberty State Park as we search the edges of the bay and salt marsh of the park. Then we will visit De Korte State Park within the Meadowlands Region of the state. We will take walks around both locations that will probably total more than 2 miles by the end of the day, so please dress accordingly.









## **Recreational Van Trips**

### Willlowwood & Bamboo Brook Parks

Date: Wednesday, June 5 Time: 9:30 AM to 3:30 PM Parking Location: Hunterdon County Arboretum Ages: Adult Cost: \$26 Instructor: Liz Braidwood-Fulmer, Recreation Program Coordinator & Tom Sheppard, Chief Park Naturalist

This van trip includes a walk among the flowers and unique plants at two Morris County parks: Willowwood Arboretum and Bamboo Brook Outdoor Education Center. You could adventure on your own or with the group. Willowwood encompasses 130 acres of rolling farmland and has about 2,100 kinds of native and exotic plants, many of them rare. In addition to the formal gardens near the residence and undisturbed forest, historic collections include oak, maple, willow, magnolia, lilac, cherry, fir, pine, a superb specimen of a Dawn Redwood, Metasequoia, that stands more than 98' tall, masses of ferns, and handsome stands of field and forest wildflowers. Bamboo Brook is located on 670 acres and was once known as Merchiston Farm and was the home of William and Martha Brookes Hutcheson from 1911 to 1959. Ms. Hutcheson was one of America's first female landscape architects and attended Massachusetts Institute of Technology's School of Architecture and Planning. Her interests included what would become the field of Horticultural Therapy, the use of native plants, and the role of garden clubs in the advancement of civic horticulture. Her design of this garden was completed in the late 1920s, shortly after the publication of her book, The Spirit of the Garden, in 1923. Portions of the designed landscape of this garden, including the Coffee Terrace, Circular Pool, and the Upper and Lower Waters have been restored to their circa 1945 appearance with careful attention to the plants used. The gardens are on the National and State Register of Historic Places. Please bring your own lunch and drink, wear sturdy walking shoes, and dress for the weather.

We will cover about 3 miles of walking throughout the day. This trip is rain or shine; a light rain will not cancel the trip.





### **Group Requested Lectures**

Is your group interested in learning more about a specific topic? Contact us about requesting a lecture about one of our topics including, bats, birds, mammals, Jurassic and Ice Age eras, wildflowers, travel, and so much more. Programs can be held at a county park, at your public meeting place, or virtually.

For more information about what programs we offer, or to request more information about scheduling a program visit our website: <u>www.co.hunterdon.nj.us/506/</u> <u>Group-Education-Programs</u>



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# **Nature Programs**

## Youth Nature Series Baby Walks

Fridays, 9:30 AM to 10:30 AM Ages: 0 to 23 months with adult Cost: Free but pre-registration required Instructor: Laura Tarlowski, Superintendent of Recreation

Get outside with your baby and explore your local trails! We will do some nature education geared toward the adults and enjoy the company of other parents and caregivers in the area. We will walk at the pace of the adults; we ask that babies be carried or in a stroller.

**June 14:** Landsdown Trail Parking Lot 1 Fine gravel trail appropriate for strollers and carriers

**July 12:** Teetertown Preserve Coarse gravel trail with one hill appropriate for carriers and robust strollers only

**August 9:** SBR Sunnyside Grass and dirt trails appropriate for carriers only

## **Baby Playdates at the Park**

Fridays, 9:30 AM to 10:00 AM Ages: 0 to 23 months with adult Cost: Free but pre-registration required Instructor: Laura Tarlowski, Superintendent of Recreation



Be prepared to sit on the

grass and experience nature! Join a park staff to explore sensory activities, read nature books, and play games. Bring a blanket to sit or lay on if desired and dress for the weather.

June 21: Hunterdon County Arboretum July 26: Deer Path Park August 16: Hoffman Park

## Tot Walks

Location: Echo Hill Park Ages: 2 to 3 years with adult Cost: \$10/session Instructor: Laura Bush, Principal Park Naturalist

Discover nature at your local park! Leave the strollers behind as we read a story and take a walk to learn about the nature around us and do a craft on each theme. Please dress for the weather.

### Turtles

(A) Wed, August 28 at 9:30 AM to 10:30 AM

(B) Thurs, August 29 at 9:30 AM to 10:30 AM





Scan here to register for any program online.

## **Homeschool Nature Series**

Wednesdays Ages: 7 to 17 years with adult Cost: \$8/session Instructor: Tom Sheppard, Chief Park Naturalist

Join our Homeschool Nature Program for a monthly dose of outdoor education and exploration! In each session, your child will immerse themselves in a new and exciting nature topic, fostering curiosity and a deeper connection to the natural world. Ignite their love for learning with our engaging, hands-on experiences, perfect for homeschoolers seeking dynamic and educational adventures.

## **PreK Nature Club Week**

Dates: Monday through Thursday, August 5 to 8 Time: 9:00 AM to 11:00 AM Location: Hoffman Park Ages: 3 to 6 with adult Cost: \$100 per child Instructor: Debra Reed, Park Naturalist

PreK Nature Club Week offers a half-day excursion for your budding nature lover. Participants will look into the world of local flora and fauna with guided hikes, handson observations, creative crafts, and engaging games. It's an enlightening and enjoyable opportunity to nurture your child's passion for the great outdoors. Dress for the weather as we plan to be outside even in light rain. Please bring a snack and refillable water bottle.



## **State Kestrel Study Observance**

Wednesday, June 26, 1:00 PM to 2:00 PM Location: Deer Path Park

Students will get to observe a State Naturalist as they survey a Kestrel Box on the County park land. The State Naturalist will be determining clutch size and success rate depending on what stage the mother is at for the breeding cycle.



After the naturalist collects their data, it will be explained to the group and questions can be asked. Students will have to walk from the parking area to the study site in the field. No unregistered siblings can be permitted for this class.

## State Bat Survey Observance

Wednesday, July 17, 8:00 PM to 9:30 PM Location: Hoffman Park Guest Presenter: MacKenzie Hall, State Biologist

Bats are secretive creatures who prefer to go unnoticed, so they can be challenging to observe and study. A biologist from NJ Fish and Wildlife's Endangered and Nongame Species Program will talk about some bat-focused projects happening in the area and demonstrate how an

acoustic detector is set up for passive monitoring. We will then watch bats flying and foraging overhead at dusk while a hand-held bat detector translates their



ultrasonic vocalizations into sounds we can hear.

## **Bluebird House Study**

Wednesday, August 14, 1:00 PM to 2:00 PM Location: Arboretum

Join us to walk the Arboretum and Echo Hill properties and survey the bluebird houses. Students will learn how to determine which species nested in the boxes and if they had more than one clutch of eggs. They will record their findings with the naturalist who will use it for part of an in-house report on the success rate of the boxes with the County Parks.

## **Nature Programs**

## **Family Nature Programs**

## Animal Show with Eyes of the Wild

Date: Thursday, June 27 Time: 5:30 PM to 6:30 PM Location: Deer Path Park Soccer Lot Pavilion Ages: All Ages | All children must be accompanied by an adult that is also registered for the program.

Cost: Free but pre-registration required Instructor: Laura Bush, Principal Park Naturalist

Meet a variety of mammals, birds, reptiles, and insects from around the world with Eyes of the Wild. Learn interesting facts about each one as we find out how they live, how they came to Eyes of the Wild, and how we can protect animals. This program is sponsored by Hunterdon County Clean Communities. After the animal show, bring a picnic dinner, enjoy the

playground, and stay for the concert if desired! For more information about the Music Under the Stars concert series, see page 4.



## Ice Age New Jersey

Date: Thursday, July 25 Time: 7:00 PM to 8:00 PM Location: Echo Hill Ages: 7 through Adult | All children must be accompanied by an adult that is also registered for the program.

Cost: Free but pre-registration required Instructor: Tom Sheppard, Chief Park Naturalist

From Jurassic Jersey in the last Harbinger, we now jump to the next era of curiosity in our planet's ancient life – The Ice Age. What do we know about it? What kind of life was walking about New Jersey? Join us as we discuss this frozen period in New Jersey's history.

## **Habitat Workshops**

## **Build a Nuthatch Box Workshop**

Date: Thursday, June 13 Time: 7:00 PM to 8:30 PM Location: Echo Hill Main Lodge Ages: 8 through Adult

All children must be accompanied by an adult Cost: \$15 per box (limit one box per family)

With their nasal "ank ank" and being the only bird able to walk down a tree, nuthatches are one of the most enjoyable backyard birds. During this program, we will learn a little bit about our nuthatches and the breeding behavior. We will



then assemble boxes together. Wood will be pre-cut and screws are provided. Please bring your own #2 Phillips screwdrivers.

## **Group Requested Programs**

Your youth or adult group can request a variety of nature, craft, or skill-based programs to be brought to you at a public meeting



location or held on-site in a county park. We can cover topics from baskets to CPR, amphibians to wildflowers. Our staff can provide your group with an informative fun event. For more information about what programs we offer, or to request more information about scheduling a program, visit our website:

www.co.hunterdon.nj.us/506/Group-Education-Programs

## **Family Nature Walks and Hikes**

## **Kids Hike for Fun**

Date: Wednesday, July 17 Time: 6:30 PM to 7:30 PM Location: Hoffman Park

Ages: 5 through Adult | All children must be accompanied by an adult that is also registered

for the program. Cost: Free but preregistration required Instructor: Debra Reed, Park Naturalist

Summer adventures for young nature enthusiasts await! Unleash the power of hiking by joining us to discover and wander in the woods.



### Full Moon Walk

Date: Monday, August 19 Time: 7:00 PM to 8:30 PM

Location: Hoffman Park, Main Entrance Ages: 8 through Adult | All children must be accompanied by an adult that is also registered for the program.

Cost: \$8 per person Instructor: Laura Bush, Principal Park Naturalist

Come explore the park after dark and see the moonlight reflecting off our pond! Under the light of a full moon, we will listen for summer insects and learn about the adaptations of nocturnal animals. We will also learn about the phases of the moon. Meet at 26 Baptist Church Road, Hampton (Union Township). We will walk about 1.75 miles.

## STORYWALK® at the Hunterdon County Arboretum

This is an invitation to experience our StoryWalk®. Enjoy nature and get some fresh air while reading the storybook *The Tiny Seed*, by Eric Carle. StoryWalk® is a fun journey reading the pages of our favorite books while walking along the Wizard Trail in the Gardens at the Hunterdon County Arboretum. The StoryWalk® is open, for your enjoyment, from dawn to dusk.

Our StoryWalk® was created by a partnership between Hunterdon County Parks & Recreation and the Hunterdon County Library. Funding is provided by the Friends of the Hunterdon County Library and Hunterdon County Parks & Recreation.

StoryWalk® is a registered service mark owned by Anne Ferguson.



## Basketry

Basketry, with its deep historical roots in cultures worldwide, offers an enriching and timeless experience for individuals of all backgrounds. Through hands-on learning, participants can appreciate the therapeutic and creative aspects of basketry, connecting with tradition while fostering a sense of accomplishment and personal fulfillment.



## **Twizzler Basket**

Date: Friday, June 28

Time: 9:00 AM to 3:30 PM, 30-minute lunch break

Location: Assembly Room Building 1, 314 State Route 12, Flemington, NJ, 08822

Ages: Adults

Cost: \$38

Instructor: Liz Braidwood-Fulmer, Recreation Program Coordinator Skill Level: beginner to advanced

Beginners make a basic rectangular flat reed

basket measuring 10" x 4" x 5" high. More advanced students will weave a crisscross pattern. Bring a bag lunch and drink for a 30minute lunch break.

## **Fruity Basket**

Date: Saturday, August 3 Time: 9:00 AM to 3:30 PM, 30-minute lunch break Location: Assembly Room Building 1, 314 State Route 12, Flemington, NJ, 08822 Ages: Adults Cost: \$44 Instructor: Liz Braidwood-Fulmer, Recreation Program Coordinator Skill Level: beginner to advanced

Starting with a 6" round slotted wooden base, create a round basket using flat reed spokes and round and flat reed weavers. Bring a bag lunch and drink for a 30-minute lunch break.

## **Pie Carrier Basket**

Date: Tuesday, August 27 Time: 9:00 AM to 4:30 PM, 30-minute lunch break Location: Assembly Room Building 1, 314 State Route 12, Flemington, NJ, 08822 Ages: Adults Cost: \$45 Instructor: Liz Braidwood-Fulmer, Recreation Program Coordinator Skill Level: advanced

Tote your next pie to a gathering using a pie carrier basket that was made by your hands. This ribbed construction basket measures 12" wide x 10" high. Bring a bag lunch and drink for a 30-minute lunch break.





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# Fitness Programs

Exercising outdoors has been shown to improve mental well-being and reduce stress levels. Studies have found that just five minutes of exercise in a green space, such as a park, can have a positive impact on mood and self-esteem. So, not only does outdoor exercise benefit your physical health, but it also provides a boost to your mental health too.

## **Motivated Monday Workouts**

Mondays, 9:00 AM to 10:00 AM Ages: Adults Cost: \$8 Instructor: Laura Tarlowski, Superintendent of Recreation

Join us at various county parks for a dynamic and energizing fitness experience. Our expert instructor will guide you through a series of intervals, combining cardio and strength exercises to maximize your workout in the beautiful outdoor settings of different parks. Get ready to sweat, challenge yourself, and elevate your fitness routine.

June 3: Echo Hill Park June 17: Hoffman Park July 1: Teetertown Preserve July 15: Deer Path Park July 29: South County Park August 12: Hunterdon County Arboretum August 26: Hoffman Park



## Let's Try Trail Running

Thursdays, 5:30 PM to 6:30 PM Ages: 14 through Adult | All children must be accompanied by an adult that is also registered for the program.

Cost: Free but pre-registration is required Instructor: Laura Tarlowski, Superintendent of Recreation

Experience the joy of trail running with "Let's Try Trail Running," a program catering to both beginners and seasoned runners alike! The first session of June and August will with start with an informative session on trail running essentials from our certified running coach, perfect for beginners and a great refresher for seasoned runners. Following the discussion, join our supportive group for an invigorating trail run. Other weeks will jump straight into the group runs, exploring scenic trails and embracing the outdoors. Whether you're new to trails or a seasoned runner seeking a change of scenery or some camaraderie, lace up your shoes, and let the adventure begin. All paces are welcome, but you should be comfortable jogging continuously for at least 30 minutes.

June 13: Intro to Trail Running: Deer Path Park June 20: Group Run: Echo Hill Park June 27: Group Run: Sourland Mountain July 11: Group Run: Teetertown Preserve July 25: Group Run: Point Mountain Central August 1: Intro to Trail Running: Hoffman Park August 8: Group Run: Miquin Woods August 15: Group Run: Round Mountain August 29: Group Run: Uplands Reserve

View our online catalog for more detailed descriptions of each run.



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# Walks and Hikes

## Adult Walks and Hikes

## Clip, Pick, and Stroll

Date: Tuesdays Time: 9:30 AM to 11:00 AM Ages: Adult Cost: Free but pre-registration required Instructor: Liz Braidwood-Fulmer, Recreation Program Coordinator

Help to beautify our county park trails and help control invasive plants. The group will "clip," prune back the plant growth and "pick," pick up the litter while taking a stroll with like-minded folks.

June 25: Charlestown Preserve July 30: Point Mountain Central (80 Point Mountain Road) August 13: South Branch Reservation Sunnyside

## Senior Strolls

Date: Wednesdays Time: 9:30 AM to 11:00 AM Ages: Adult Cost: Free but pre-registration is required Instructor: Liz Braidwood-Fulmer, Recreation Program Coordinator

Join our Senior Strolls, specially designed for those aged 55 and above, and experience the sheer delight of walking together. Our walks not only promote a healthier and more active lifestyle but also offer the chance to form meaningful connections with peers, making each walk an enjoyable and socially enriching experience.

June 26: Uplands Reserve/Bernadette Morales Nature Preserve (103 Capner Street, Flemington) July 10: Miquin Woods Preserve (326 Newport Road, Glen Gardner)

August 28: Echo Hill Park (42 Lilac Drive)



### Walks for Fun

Date: Tuesdays Time: 4:30 PM to 6:30 PM Ages: Adult Cost: Free but pre-registration required Instructor: Liz Braidwood-Fulmer, Recreation Program Coordinator

Discover the joy of walking together. Our program not only makes staying active easy, but it also creates lasting connections with likeminded individuals, ensuring that every step you take is not only beneficial for your health but also a memorable and enjoyable experience.

June 4: Landsdown Trail (across from 108 Lower Landsdown Road) July 2: Sunnyside (47 Kiceniuk Road,

Annandale) **August 6**: Stanton Station (30 Stanton Station Road, Flemington)



## Hunterdon County Park Areas

Did you know that there are more than 140 miles of trails in the Hunterdon County Park System?

Our trails are open year-round.

- 1. Hunterdon County Arboretum
- 2. Charlestown Reserve
- 3. Clover Hill Park
- 4. Cold Brook Reserve
- 5. Columbia Trail
- 6. Court Street Park
- 7. Crystal Springs Preserve
- 8. Cushetunk Mountain Preserve
- Deer Path Park
   9a. Round Mountain Section
- 10. Echo Hill Park
- 11. Heron Glen Golf Course
- 12. Hilltop Reserve
- 13. Hoffman Park
- 14. Landsdown Meadows & Trail
- 15. Laport Reserve
- 16. Miquin Woods Preserve
- 17. Musconetcong Gorge Preserve
- 18. Musconetcong Mountain Preserve
- 19. Point Mountain Reservation
- 20. Rockaway Creek Preserve
- 21. Schick Reserve
- 22. Sourland Mountain Preserve
- 23. South Branch Reservation
- 24. South County Park
- 25. Teetertown Preserve
- 26. Tower Hill—Jugtown Complex
- 27. Turkey Top Preserve
- 28. Union Furnace Preserve
- 29. Uplands Reserve
- 30. Wescott Preserve

**Trail Maps are available.** Most park areas with hiking or nature trails have a brochure available. Contact the Park Office or check the website for the brochure and map.

12

29

Route 12

Route 78 - 2

Route 12

30

## Hunterdon County Division of Parks and Recreation

Office Hours: Monday to Friday, 8:00 AM to 4:30 PM

Location: 1020 Route 31, Lebanon, NJ 08833

Phone: (908) 782-1158

**Website:** <u>www.co.hunterdon.nj.us/479/Parks-</u> Recreation

Like "Hunterdon County Parks" on Facebook. Follow us on Instagram @hunterdonparksandrec

#### **Mission Statement**

The Hunterdon County Division of Parks and Recreation is dedicated to preserving open space and natural resources, providing safe parks and facilities, and offering educational and recreational opportunities, all contributing to an enhanced quality of life for present and future generations.

#### **Modification Statement**

The Hunterdon County Division of Parks and Recreation welcomes all individuals to participate and enjoy our parks, facilities, and recreational programs. Reasonable modifications, individual adaptations, and support will be provided for persons of all abilities, to encourage everyone to benefit equally from their choice of leisure activities.

Individuals requesting modifications shall describe what they need to use the service. Whenever feasible, please make the request in advance, before the modification is needed to access the service. Each request will be assessed individually.

#### **Reservable Facilities**

**Arboretum:** Two Gazebos **Deer Path Park:** Two Pavilions, Gazebo, & Softball Field

Court Street Park: Gazebo/Bandstand Echo Hill Park: Main Lodge & Group Campsite Teetertown Preserve: Group & Public Campsites To reserve a facility, contact the park office. For information on each park, visit our website.





Scan here to learn more about the reservable facilities.

## **Visitor Services Staff**



Back row, left to right: Tom Sheppard: tsheppard@co.hunterdon.nj.us Patrick Eckard: peckard@co.hunterdon.nj.us

#### Front row, left to right:

Debra Reed: dreed@co.hunterdon.nj.us Laura Bush: lkroon@co.hunterdon.nj.us Liz Fulmer: lfulmer@co.hunterdon.nj.us

## **Affiliated Organizations**

Arc of Hunterdon County archunterdon.org

Hunterdon Flutterwheels Square Dance Club hunterdonflutterwheels.nnjsda.org

## Hunterdon Hiking Club

hunterdonhikingclub.org

### NJ Beekeepers Association nwnjba.com



Heron Glen has quickly positioned itself as one of New Jersey's finest public golf facilities. From junior camps to leagues, we offer programs for every golfer out there. For your family outing or an afternoon spent with friends, we invite you to see why so many refer to Heron Glen as the course they call home. Our facility offers a beautiful 18-hole golf course, pro shop, driving range, and putting green. For more information, please visit our website at <u>www.heronglen.com</u> or call at (908) 806-6804. 110 US Highway 202/ Route 31, Ringoes, NJ 08551

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#### HUNTERDON COUNTY DIVISION OF PARKS & RECREATION



**Combined Program Registration and Medical Record** 

A medical record is valid for one year and can be used for subsequent programs in the following year. If your medical history has changed, please submit a new medical record.

Today's Date						
Participant's Name	Participant's Date of Birth					
Parent/Guardian (for minor)	Parent/Guardian Date of Birth					
Phone (h)	(w)		(c)			
Address						
Street	To			State	Zip	
E-mail	□ Check here to be added to our E-mail List.					
Program Name		Program Date	Location	Time	Fee	
				Total Fees Enclo	sed \$	

Make check payable to "Hunterdon County Parks." Fees are listed in the Hunterdon Parks Harbinger and on the website and are used to offset the cost of the program.

IMPORTANT POLICIES: (Participant or parent/guardian, please read and provide authorized signature.)

 Cancellation requests must be in writing. No refunds will be issued for cancellations made less than one week prior to the program.

 Payment is due at the time of registration. Please mail it to the PO Box listed above or drop it off at the office location. Cash, check, or credit is accepted.

3. I have read and understand these policies and consent to myself or my child participating in the above referenced program(s).

(Signature of Participant or Parent/Guardian for minor)

Date: \_\_\_\_\_

#### EMERGENCY CONTACT(S) - AT LEAST ONE CONTACT WHO IS NOT A PARENT/GUARDIAN

Name	Relationship	Phone
Name	Relationship	Phone

Please complete the back side of this form.

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HUNTERDON COUNTY DIVISION OF PARKS & RECREATION



Combined Program Registration and Medical Record

Physician(s) Name and Number	
List all known allergies	
Describe allergic reaction(s) and how it is managed	
Medical issues	
Current medications	
	(Parks staff do not administer non-emergency medication)
Health Insurance Provider	Policy number
Please describe any other relevant conditions or inform	ation that we should know

#### RELEASE OF ALL LIABILITY AND ASSIGNMENT OF CLAIMS

As consideration for being allowed to participate in the event(s) described below I agree:

- I hereby assume all of the risks of participating, viewing and/or volunteering in this event. I realize that liability may
  arise from negligence or carelessness on the part of the persons or entities organizing or conducting this event and
  hereby release them of all possible liability. I certify I am at least 18 years old, or this is signed by my legal guardian
  or Parent. I promise not to sue and agree to pay all court costs and all attorney fees that result from my action, civil or
  otherwise.
- 2. I certify that I am physically fit with no known physical or mental impairment and have prepared for participation in the event(s). I acknowledge that this Accident Waiver and Release of Liability form will be used by the event holders, sponsors, and organizers of the event(s), in which I may participate and that it will govern my actions and responsibilities at said events. I certify that I am not under the influence of any narcotic, alcohol or other drug that may impair my understanding or judgment and that I will not at any time during the event(s) participate while under the influence of any narcotic, alcohol or drug. I certify that I have fully adequate insurance to cover all medical claims, and any other equipment and any damage or liability I may ultimately be found responsible for, during all travel to the point of my entry into this event.
- 3. In consideration of my being permitted to participate in this event, I hereby take action for myself, my executors, administrators, heirs, next of kin, successors, and assigns as follows: (A) Waive, Release and Discharge from any and all liability for my death, disability, personal injury, property damage, property theft or actions of any kind which may hereafter accrue to me during the event or during my traveling to and from this event, THE FOLLOWING ENTITIES OR PERSONS: County of Hunterdon, and their respective boards and commissions, officers, agents, officials, employees, volunteers, contractors and representatives, the employees, organizers, sponsors, representatives, agents, volunteers and (B) indemnify and Hold Harmless the entities or persons mentioned in this paragraph from any and all liabilities or claims made by other individuals or entities as a result of any of my actions during this event. Accordingly, I do hereby release and discharge the above from all claims, demands, and causes of action of every kind whatsoever for any death, damages and /or injuries which may result from my participation in this event. This shall be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law.
- I hereby consent to receive medical treatment, which may be deemed advisable in the event of injury, accident and or illnesses during the event(s). I agree to pay for any and all costs related to medical response, treatment and transport on my behalf.
- 5. Photo Release: I authorize and acknowledge that I or my child may be photographed and/or videotaped for educational and publicity purposes (Website, Facebook, Instagram, Brochures, etc). Photos and videos will not include names or personal information about any individual unless permission is granted. Initial: \_\_\_\_\_

#### I hereby certify that I have read both pages of this Waiver, Release and Assignment of Claims in its entirety. My signature below indicates that I fully understand it and agree to its contents.

Full Signature:	If a minor Parents signature	
(Signature indicates agreement to terms and conditions)	_	
Printed name:	Date:	

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