

Northwell Behavioral Health Center

2023-2024 Community Education Series

Topic:

Back to School: Setting Up for a Successful School Year

Date/Time:

Thursday, September 21st, 2023, 12:30pm

Registration:

[Click here](#) to register for this session

Topic:

Mental Health Services & Community Supports: “How can parents get started with finding help for children”

Date/Time:

Thursday, October 19th, 2023, 12:30pm

Registration:

[Click here](#) to register for this session

Topic:

Social Connections & Loneliness: Strategies for parents for building connection and belonging

Date/Time:

Thursday, November 16th, 2023, 12:30pm

Registration:

[Click here](#) to register for this session

Topic:

Family Stress First Aid: “How can family support each other and manage stress?”

Date/Time:

Thursday, December 21st, 2023, 12:30pm

Registration:

[Click here](#) to register for this session

Topic:

Emotional Intensity, Anger & Calming Strategies: “How you can help your child manage anger/outbursts”

Date/Time:

Thursday, January 18th, 2024, 12:30pm

Registration:

[Click here](#) to register for this session

Topic:

Competition & Burnout: “How can parents help with academic stress, competition and burnout”

Date/Time:

Thursday, February 15th, 2024, 12:30pm

Registration:

[Click here](#) to register for this session

Topic:

Risk Behaviors in Teens: “Everyone Does It”

Date/Time:

Thursday, March 21st, 2024, 12:30pm

Registration:

[Click here](#) to register for this session

Topic:

Sibling Relationships

Date/Time:

Thursday, April 18th, 2024, 12:30pm

Registration:

[Click here](#) to register for this session

Topic:

Raising Confident, Emotionally Healthy Kids: “Raising confident and Resilient Kids”

Date/Time:

Thursday, May 16th, 2024, 12:30pm

Registration:

[Click here](#) to register for this session

Questions? Please email:

CCMCCCommunityOutreach@northwell.edu

FAQs:**Is registration required for this program?**

Yes. Registration is required for this webinar.

When will I receive the webinar information for this program? The webinar information will be sent to you after you register. Please do not share this

information with others.