

Physical Education Exemption Procedure

The Commissioner's Regulations governing Physical Education (Chapter 11, subchapter G, part 135.4) Regulations state:

- “(c) for pupils in grades **10 through 12 only**, a comparable time each semester in extra class programs for those pupils who have demonstrated acceptable levels of physical fitness, physical skills, and knowledge of physical education activities; or
- (d) for pupils in grades **10 through 12 only**, a comparable time each semester in out-of-school activities approved by the physical education staff and the school administration; or
- (e) as provided in an equivalent program approved by the Commissioner of Education.”

GNPS BOE policy #4329 regarding SPECIAL INSTRUCTIONAL ARRANGEMENTS states:

“The Board of Education sets forth the following parameters with regard to accommodations in instruction and school day in the unusual instance of a student whose unique athletic... talent is so developed as to involve the student in an activity such as training for a world-class athletic competition...in a generally recognized national or international venue. Eligibility for such arrangement will be at the sole discretion of the Superintendent of Schools.”

“Should the Superintendent determine that a student is eligible for accommodations under this policy, the school principal is authorized to recommend modifications in schedules and requirements, provided they are consistent with all applicable laws, rules, policies, and regulations.”

It has been determined by agreement of the Physical Education staff and administration that students in **grades 11 and 12** may be exempted from Physical Education in return for satisfactory participation in the **district's varsity athletic program** under the following conditions:

1. The student has a period 1 to 9 academic schedule with lunch as the only free period. Exemption from P.E. would provide study opportunities.
2. The student must have satisfactorily completed their previous P.E. course or be in good standing with the staff during their current course, whichever is most applicable.
3. The exemption will only apply during the period of varsity athletic participation. The student must provide the signature of the GN Varsity coach for whom they are an athlete. At the season's end or, if the student leaves the team for any reason, he/she must report to the PE Chair for re-assignment to a P.E. class.
4. The student must satisfactorily complete all components of the department approved physical fitness test. Students may repeat components of the test until a satisfactory result is obtained. These results will apply throughout the course of the school year.
5. The PE Chair will be responsible for monitoring the successful varsity team membership of exempted students and for assigning PE credit to the student's transcript at the end of each marking period covered by the exemption.

It has been determined by agreement of the Physical Education staff and administration that students in **grades 10 to 12** may be exempted from Physical Education in return for satisfactory participation in the **out-of-school programs** under the following conditions:

1. The student must apply directly to the PE Chair who will consider the following in regards to their out-of-school athletic activity:
 - a. The quality of the student's participation in the program (such as national/international rankings, levels of competition, travel requirements related to competition, etc.)
 - b. The frequency, duration and intensity of the student's involvement in the out-of-school program.

In the instance that the PE Chair judges that the student's out-of-school activity is not of a sufficient quality or quantity he/she will consult with the Building Principal and District Athletic Director for further consideration of the request.

2. The student must have satisfactorily completed their previous P.E. course or be in good standing with the staff during their current course, whichever is most applicable.
3. The student must provide contact information for the out-of-school program coach/supervisor.
4. The student must satisfactorily complete all components of the department approved physical fitness test. Students may repeat components of the test until a satisfactory result is obtained. These results will apply throughout the course of the school year.
5. The exemption will only apply during the period of out-of-school participation. At the activities' end or, if the student leaves the activity for any reason, he/she must report to the PE Chair for re-assignment to a P.E. class.
6. The PE Chair will be responsible for monitoring the student's continued successful participation in the activity and for assigning PE credit to the student's transcript at the end of each marking period covered by the exemption.

REQUEST FOR EXEMPTION FROM PHYSICAL EDUCATION

Varsity Athletics

I _____ am requesting consideration for exemption from Physical Education based on my participation in **GN Varsity Athletics** and understand all the responsibilities required in return for the privilege:

1. Parent acknowledgement of request:

Parent Signature

2. Attached is a copy of my current student schedule. I have assignments periods 1 to 9 with lunch as the only free period.

Guidance Counselor Signature

3. I am a member of the following Varsity Team:

Name of Team

Coach's signature

4. I have satisfactorily finished the most recent marking period, or am in good standing with my current Physical Education teacher:

Name of Last/Current PE Teacher

Teacher's signature

5. The student has successfully completed all components of the Physical Education department fitness test under the supervision of the department chair or designated teacher. Yes___ Initials of testing teacher_____

APPLYING STUDENTS MUST CONTINUE TO ATTEND AND PARTICIPATE IN CLASS UNTIL NOTIFIED BY THE PE CHAIR OTHERWISE.

STUDENTS MUST REPORT TO PE CHAIR FOR CLASS ASSIGNMENT AT END OF VARSITY SEASON. PREDICTED RETURN TO CLASS DATE___/___/___

REQUEST FOR EXEMPTION FROM PHYSICAL EDUCATION

Out-of-School Activity

I _____ am requesting consideration for exemption from Physical Education based on my participation in an **out-of-school activity** and understand all the responsibilities required in return for the privilege:

1. Parent acknowledgement of request:

Parent Signature

2. Attached is a copy of my current student schedule. I have assignments periods 1 to 9 with lunch as the only free period.

Guidance Counselor Signature

3. I finished the most recent marking period in good standing with my Physical Education teacher:

Name of Last PE Teacher

Teacher's signature

4. The student has successfully completed all components of the Physical Education department fitness test under the supervision of the department chair or designated teacher.

Yes___ Initials of testing teacher_____

5. Information regarding the out-of-school activity (#5 to 8 TO BE FILLED OUT BY PROGRAM HEAD)

- Name of Program _____
- Program Head (print)_____
- Phone: () _____ - _____
- e-mail: _____@_____
- website:_____
- mailing address:_____

▪ _____

6. This program meets _____X per week for _____minutes per session

7. Attached supporting documents and statements that establish the level of participation in the program (rankings of a national or international nature, recent competition results, performance compared to recognized standards).

8. I understand that this student seeks to receive graduation credit in return for athletic activity conducted under my supervision. I am willing to confirm the student's continued presence and participation in my program by e-mail, phone, or mail to:

Name of PE Chair: _____

PE Chair E-mail: _____ @ _____

PE Chair Phone: _____

PE Chair Mailing Address: _____

_____ on the following dates for the _____ school year:

Mid-term Q1: Oct.	End Term Q1: Nov.	Mid-term Q2: Dec.	End Term Q2: Jan.
Mid-term Q3: Mar.	End Term Q3: Apr.	Mid-term Q4: May	End Term Q4: June

Signature of Program Head _____

*****APPLYING STUDENTS MUST CONTINUE TO ATTEND AND PARTICIPATE IN CLASS UNTIL NOTIFIED BY THE PE CHAIR OTHERWISE.*****

*****STUDENTS MUST REPORT TO PE CHAIR FOR CLASS ASSIGNMENT AT END OF, OR WITHDRAWL FROM, THE OUT-OF-SCHOOL ACTIVITY.*****