<table>
<thead>
<tr>
<th></th>
<th>Counter</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>菜台</td>
<td>星期一</td>
<td>星期二</td>
<td>星期三</td>
<td>星期四</td>
<td>星期五</td>
</tr>
<tr>
<td>week 41</td>
<td>10-Jun</td>
<td>11-Jun</td>
<td>12-Jun</td>
<td>13-Jun</td>
<td>14-Jun</td>
<td></td>
</tr>
<tr>
<td><strong>ES Western Set Meal</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Soup for 2 Sets</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>ES Asian Set Meal</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**PIZZA DAY**

**BURGER DAY**

**Milk/Yogurt/ Juice/Soy Milk**

- 牛奶/酸奶/果汁/豆奶
## ES Daily Main Nutritional Data

<table>
<thead>
<tr>
<th>Day</th>
<th>Menu &amp; Nutrient Element</th>
<th>Energy (Kcal)</th>
<th>Protein (g)</th>
<th>Fat (g)</th>
<th>Carb (g)</th>
<th>Fiber (g)</th>
<th>Sodium (mg)</th>
</tr>
</thead>
<tbody>
<tr>
<td>MON</td>
<td>ES Western Set Nutritional Data 西餐</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>ES Asian Set Nutritional Data 中餐</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>TUE</td>
<td>ES Western Set Nutritional Data 西餐</td>
<td>552.6</td>
<td>31.8</td>
<td>23</td>
<td>54.6</td>
<td>2.8</td>
<td>530</td>
</tr>
<tr>
<td></td>
<td>ES Asian Set Nutritional Data 中餐</td>
<td>520.3</td>
<td>30.6</td>
<td>18.3</td>
<td>58.3</td>
<td>1.8</td>
<td>385</td>
</tr>
<tr>
<td>WED</td>
<td>ES Western Set Nutritional Data 西餐</td>
<td>560.5</td>
<td>26.8</td>
<td>24.9</td>
<td>57.3</td>
<td>0.9</td>
<td>372.8</td>
</tr>
<tr>
<td></td>
<td>ES Asian Set Nutritional Data 中餐</td>
<td>524.7</td>
<td>25.1</td>
<td>24.7</td>
<td>50.5</td>
<td>2.3</td>
<td>267</td>
</tr>
<tr>
<td>THU</td>
<td>ES Western Set Nutritional Data 西餐</td>
<td>508</td>
<td>31</td>
<td>25.2</td>
<td>39.3</td>
<td>4.2</td>
<td>520</td>
</tr>
<tr>
<td></td>
<td>ES Asian Set Nutritional Data 中餐</td>
<td>503.3</td>
<td>27.3</td>
<td>18.5</td>
<td>56.9</td>
<td>3.2</td>
<td>283</td>
</tr>
<tr>
<td>FRI</td>
<td>ES Western Set Nutritional Data 西餐</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>ES Asian Set Nutritional Data 中餐</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>